

June 2015 News

ACMS HIGH SCHOOL PHYSICALS

Come join us for the Ada County Medical Society Foundation's High School Physical program, which has been running for 35+ years and allows for a very complete pre-participation physical required by West Ada County and Boise school districts. This event takes place on Thursday, June 4th from 12 p.m. – 8 p.m. at the Caven--Williams Sports Facility at Boise State. The \$20 fee (waivable for kids on free lunch program) goes back to the high schools to put towards their athletic training programs, with last year's donation total being more than \$10,000.

The screening uses physicians in various stations (heart/lung, abdomen, orthopedic, back/spine, final checkout) so that the students are thoroughly screened, in many cases by specialists within that station. The screening has helped connect students and their families with no medical home to health care resources, provide physicals for kids who otherwise might not be able to participate because of costs, and flagged students with heart murmurs, depression, eating disorders, and other issues for appropriate physician referral. It has also built a valuable relationship bridge between the athletic trainers at these schools and the medical community. Immunization screening and injections are also provided on-site by Central District Health.

You do not need to be an ACMS member to volunteer. Food will be served for volunteers all day long and parking is free next to the stadium. Participating medical providers are eligible for a \$100 drawing for (one entry for each one hour shift filled).

If you are interested in learning more about the event or in signing up to volunteer, go to <http://www.adamedicalsociety.org/high-school-physicals.html>.

UPCOMING GRAND ROUNDS

On June 10th, Dr. Keith Ayoob, Associate Clinical Professor of Pediatrics and Director of the Nutrition Clinic, Children's Evaluation and Rehabilitation Center at the Albert Einstein College of Medicine, will present **Childhood Obesity: Preventing Generation XXL**. Dr. Ayoob is a pediatric nutritionist and registered dietician who works on obesity, heart health, and family dynamics, and provides motivational counseling for parents and caregivers. Dr. Ayoob helped develop the Overall Nutrition Quality Index, a nutrition-scoring system and consumer tool now known as NuVal, which is present in over 800 supermarkets around the country. Special thanks to the Idaho Dairy Council for their support for this talk.

On June 12th, Dr. Tom Chauncey, Director of the Marrow Transplant Unit at the VA Puget Sound Health Care System and Associate Professor of Medical Oncology at the University of Washington School of Medicine, will present **Diagnosis and Management of Multiple Myeloma and Related Disorders**. As part of his talk, Dr. Chauncey will discuss how he uses serum free light chain analysis in his practice and present some interesting case studies.

SAINT ALPHONSUS GRAND ROUNDS LOCATIONS FOR JUNE

Please be advised that the room location of Friday morning Grand Rounds at Saint Alphonsus for the month of June will vary, and are as follows:

- **June 6** North McCleary (regular Grand Rounds room)
- **June 12** Management Conference Room (follow signs down the main conference hallway)
- **June 19** Management Conference Room (follow signs down the main conference hallway)

- **June 26** **McCleary Front** (main McCleary room, around the corner from regular Grand Rounds room)

All rooms are on the first floor of the Saint Alphonsus Regional Medical Center.

SUMMER BREAK

As a reminder, Grand Rounds on Wednesday mornings at St. Luke's, Thursday mornings at the VA Medical Center, and Friday mornings at Saint Alphonsus will be on summer break during the months of July and August. Grand Rounds will resume on September 2nd, 3rd and 4th, respectively. Have a great summer!

UPCOMING CONFERENCES

July 17 – 19, 2015: IMA Annual Meeting

For information, go to: www.idmed.org

August 23 – 28, 2015: ISERF Shoulder Surgery Update

For information and to register, go to: www.idahoshoulder.org

August 28 – 29, 2015: International Conference on Advances of Hematology and Oncology

For information and to register, go to: <http://oncology.binayfoundation.org>

ACMS SOCIETY NEWS

www.adamedicalsociety.org

New Members

Joseph Berglund, MD
Jason Bronner, MD
Tina Bronner, MD

Steven Daines, MD
Amos Haley, NP
Jeffrey Scott, DO

Richard Trump, PA-C
Mark Weinrobe, MD

Activities

Activities are for ACMS members only.

June 4, 2015: Annual High School Physicals Event
BSU Caven-Williams Sports Complex

June 24, 2015: New Residents Welcome

September 22, 2015: Go Wild at Zoo Boise

Questions? Please email director@adamedicalsociety.org or call 208-336-2930.

REGULARLY SCHEDULED CONFERENCES

St. Luke's Boise Medical Center

Breast Tumor Board

Tuesday, 7:00 a.m.

General Tumor Board

Tuesday, 12 noon

G.I. Tumor Board

2nd Thursday, 7:00 a.m.

Pediatric Tumor Board

2nd & 4th Wednesday, 12 noon

Thoracic Tumor Board

1st & 3rd Thursday, 7:00 a.m.

For tumor board information, contact Barbara Kisseb: kisseeb@slhs.org

Children's Pediatric Professional Education

2nd & 4th Thursday, 8:00 a.m., Anderson Center

For more information, contact Karla Dickson: dicksoka@slhs.org

Pancreas Care Conference

1st, 3rd & 4th Thursday, 7:00 a.m.

For information, contact Linda Kauffman: kauffmli@slhs.org

Pediatric Neuro-Oncology Conference

2nd & 4th Thursday, 12:00 p.m.

For information, contact Lisa Barsohn: barsohnl@slhs.org

Boise Valley Monthly Sports Medicine Conference

2nd Thursday, 7:15 a.m., Anderson Center, Ada 3
September - May

For information, contact Tom Koto: tkoto@slhs.org

St. Luke's Magic Valley Medical Center

Combined Pediatric Topic Review & Family Medicine Lecture Series

2nd Thursday, 8:00 a.m.

For information, contact Stacy Miller: stacym@slhs.org

Saint Alphonsus Regional Medical Center

Tumor Board

Tuesday, 12 noon

For more information, contact Heather Jones: heatjone@sarmc.org

Breast Care Panel

Tuesday, 7:00 a.m.

For more information, contact Jayne Freeman: jaynfree@sarmc.org

Stroke Case Review

3rd Wednesday, 7:00 a.m.

For more information, contact Nichole Whitener: nichwhit@sarmc.org

Saint Alphonsus Medical Center – Nampa

Tumor Board

Tuesday, 12 noon

Breast Care Panel

Tuesday, 7:00 a.m.

For more information, contact Patty Davis: patricia.davis@trinity-health.org

West Valley Medical Center

Tumor Board

Monday, 12:30 p.m.

Reading Roundup

By Mayra Ruiz

Director, Ada Canyon Medical Education Consortium

Below is a quick look at some recent and complimentary articles that will hopefully provide some food for thought.

CAREER DEVELOPMENT

The Skills Doctors and Nurses Need to Be Effective Executives

Harvard Business Review

<https://hbr.org/2015/04/the-skills-doctors-need-to-be-effective-executives>

In this article, Sachin H. Jain, MD, CMO of the CareMore Health System, and a lecturer in health care policy at Harvard Medical School, notes the increasing demand for physicians and nurses in healthcare leadership roles. He contends that success in these roles will require skills different than those developed during their clinical training. Dr. Jain posits that skills critical to success include operations management and execution, people leadership, and setting and defining strategy. Dr. Jain closes by saying that, “As they transition to careers in the business of health care, clinicians must hold on to the heart and practice of medicine as they continuously develop the core executive skills required to effectively lead and shape their organizations. Health care will be markedly better for it.”

Personal Best

The New Yorker

<http://www.newyorker.com/magazine/2011/10/03/personal-best>

In this article by Dr. Atul Gawande, surgeon at Brigham and Women’s Hospital in Boston, and a professor in the department of health policy and management at Harvard School of Public Health and in the department of surgery at Harvard Medical School, physicians are asked to consider coaching as a tool for professional improvement and medical progress. While the concept of coaching may be hard for physicians to embrace, Dr. Gawande writes that for doctors, “Expertise is thought to be not a static condition but one that doctors build and sustain for themselves.” Therefore, elite performers such as doctors, “...must engage in ‘deliberate practice’ – sustained, mindful efforts to develop the full range of abilities that success requires.” While, in theory, physicians can do this for themselves, there is an added benefit to getting external input from an effective coach. Dr. Gawande concludes that, “Coaching done well may be the most effective intervention designed for human performance.”

IMPROVING PATIENT CARE

The Tangle of Coordinated Health Care

The New York Times

http://www.nytimes.com/2015/04/14/health/the-tangle-of-coordinated-health-care.html?ref=health&_r=1

This article takes a look at the growing care coordination efforts, working to help patients manage their health and avoid preventable hospital visits, but faced with a system challenged by inability to maintain coordination among all the care providers. The author, Paula Span, writes that the Affordable Care Act and other attempts to achieve the Triple Aim have created incentives and penalties that should encourage coordinated care. However, patients and care-givers may feel overwhelmed by these efforts. “Everybody’s trying to help...But is everyone doing it in the most efficient and effective way for the consumer and the family? Or are we just confusing the issue?” Several experts the author spoke with “described these issues as growing pains, the inevitable disorder that accompanies substantial change in a complex system. It will get better...”

Efforts to Instill Empathy Among Doctors Are Paying Dividends

Kaiser Health News

<http://kaiserhealthnews.org/news/efforts-to-instill-empathy-among-doctors-is-paying-dividends/>

In this article, Sandra G. Boodman discusses the implications of teaching clinical empathy to physicians. The author writes that, “Increasingly, empathy is considered essential to establishing trust, the foundation of a good doctor-patient relationship.” Citing various studies that have linked empathy to greater patient satisfaction, better outcomes, decreased physician burnout and a lower risk of malpractice suits and errors, the article highlights programs like Oncotalk and Empathetics, currently in place to teach clinical empathy. Although many would assume empathy adds time to a patient visit, the article notes the contrary as it can help doctors zero in on the real source of a patient’s concern, reducing repeat visits. The author also notes that studies show that empathy is positively correlated with patient satisfaction, which is now being used to calculate Medicare reimbursement and in some physician compensation decisions. Furthermore, quoting a physician referring to the positive feedback empathic doctors receive from their patients, the author concludes, “Empathy training is naturally self-rewarding...It gives [doctors] the love back.”

July 2015

NO CONFERENCES – SUMMER BREAK

August 2015

NO CONFERENCES – SUMMER BREAK

Wednesday, 8:00 a.m.: St. Luke's RMC | Friday, 8:00 a.m.: Saint Alphonsus RMC