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FALL | SEPTEMBER 2019

ACUMEN

Ada Canyon Medical Education Consortium's Monthly Newsletter



Back to (CME) School!

GRAND ROUNDS ARE BACK IN SESSION FOR THE NEW ACADEMIC YEAR

ACMEC is pleased to kick off the 2019-2020 academic year on September 4th with a talk on the **Guidelines for Prevention and Treatment of Diabetes** presented by Dr. Joanna Mitri and Ms. Cara Schrager, both with the Joslin Diabetes Center. Special thanks to Dairy West for their sponsorship of this talk.

On September 11th, Dr. Michael Sapiro, clinical psychologist, will present **The Awakened Heart of Awareness: Cultivating the Skills of Transformational Psychology**. In this talk, Dr. Sapiro will share his "A.C.O.R.N.S" approach for guiding patients through a process of self-awareness, foundational for creating long-term, sustainable health behaviors.

Dr. Neetu Talreja, allergist and immunologist at The Allergy Group, will kick off Children's Hospital Grand Rounds on September 18th with **Oral Immunotherapy: The**

Future of Food Allergy. In this talk, Dr. Talreja will discuss the prevalence and evaluation of patients with a suspected food allergy, and the role of food desensitization in the management of food allergies.

To close out the month, Dr. Michael McRae, third year resident at the Family Medicine Residency of Idaho, will kick off our annual resident talks a little earlier than usual. He will present a talk on **Lifestyle Interventions in Type II Diabetes** on September 25th.

As a reminder, Grand Rounds are scheduled from 8:00 a.m. to 9:00 a.m. in the Anderson Center at St. Luke's Boise Medical Center.

If you are unable to join us in person, you can view the session online synchronously via WebEx. Please go to www.acmec.org/calendar for instructions on how to connect.

Hope you can join us!

UPCOMING GRAND ROUNDS

September 11
The Awakened Heart of Awareness: Cultivating the Skills of Transformational Psychology
Michael Sapiro, PsyD
Clinical Psychologist

In this presentation, Dr. Sapiro will share his "A.C.O.R.N.S" approach for guiding patients through a process of self-awareness into thriving and well-being.

September 18
Oral Immunotherapy: The Future of Food Allergy
Neetu Talreja, MD
Allergist and Immunologist, The Allergy Group

This session will help providers understand the prevalence and evaluation of patients with a suspected food allergy, and the role of food desensitization in the management of food allergies.

For more Upcoming Grand Rounds, go to www.acmec.org.

PH: 208.331.1478 | FAX: 208.331.1924 | WWW.ACMEC.ORG | E-MAIL: ACMEC@ACMEC.ORG

What's Ahead October 2019

ST. LUKE'S BOISE MEDICAL CENTER

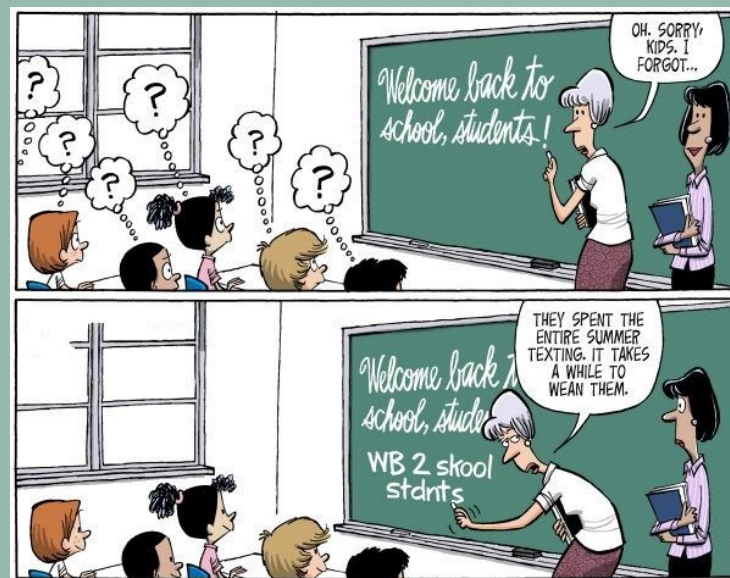
2 Application of Principles of CBT-I for Management of Insomnia in Primary Care
Kyle Davis, PhD

9 Update in Outpatient Medicine
Neil Argyle, MD, MPH

16 ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
Pediatric Rheumatology
Clayton Sontheimer, MD

23 Neuropsychological Evaluations for Dementia: Whom to Refer & When
J. Audie Black, PhD, ABN

30 How Innovation Takes Hold: The Structure of Medical Revolutions
William G. Weppner, MD MPH



Upcoming Conferences

- September 12 - 13, 2019** St. Luke's Children's Pediatric Emergency Conference
For information and registration, go to <https://web.cvent.com/event/756af5de-6485-4f10-89fe-892b994f2ad7/summary>.
- September 21 - 22, 2019** St. Luke's 11th Annual Specialty Medicine Conference for the Primary Care Provider
For information and registration, go to www.stlukesonline.org/communities-and-locations/classes-and-events/11th-annual-specialty-medicine-conference.
- September 25, 2019** Idaho Immunization Summit 2019
For information and registration, go to www.idahoimmune.org/events-2.
- October 5, 2019** Idaho WWAMI Faculty Development Workshop: Educating in the Clinical Environment,
For information and registration, go to www.uwmedicine.org/education/wwami/wwami-conferences/faculty-development-workshop.

Ada County Medical Society News

NEW MEMBERS

- Jordan Aney, MD
- David Asfour, DO
- Theresa Balcerak, NP
- Carson Barnes, MD
- Emily Barnes, MD
- Caroline Beyer, MD
- Patrick Bloecher, MD
- Alicia Borst, PA-C
- Seth Branahl, MD
- Mark Briggs, PA-C
- Bryan Brimhall, MD
- Hannah Carr, MS
- Rekha Chandran, MD
- Jared Chin, DO
- Hannah Christensen, MD
- Andrea Christopher, MD
- Stephanie Ciesla, NP
- Lucy Collins, NP
- Michelle Cullinan, NP
- Olga Derman, MD
- Lyndsey DeSoto, PA-C
- Katharine Dunlevy, PA-C
- Melanie Evans, NP
- Carlee Fountaine, MD
- Ciciley Fox, MD
- Christian Gelok, NP
- Donald Gold III, PA-C
- Raymond Grams II, DO
- Matthew Haga, PA-C
- Spencer Harris, MD
- Matthew Harrison, MD
- Ryan Hirschi, MD
- Jenifer Hughes, NP
- Emily Jack, MD
- Ann Jennings, MD
- Jason Johnston, MD
- Victoria Kent, DO

- Lyndsy Kinghorn, NP
- Jamie Knapp, PA-C
- Joel Lans, MD
- Jarah Leman, NP
- Shannon Malabuyo, PA-C
- Christopher Mallory, MD
- Aftin Martens, PA-C
- Mario Martinez, NP
- Kim McGrath, MS
- Nari McVay, DO
- Samantha Millspaugh, PA-C
- Dylan Mogk, MD
- Abdullahi Mohamed, MD
- Katherine Mondada, PA-C
- Christian Morch, PA-C
- Nicholas Newman, PA-C
- Amanda Pasek, PA-C
- Joseph Pendleton, MD
- Logan Perkins, DO
- Benjamin Pisciotta, NP
- William Poulson, NP
- Erin Renfrew, MD
- Andrew Ryan, PA-C
- Judith Santini, MD
- Michelle Shaub, DO
- Brian Snow, DO
- Clayton Sontheimer, MD
- Eunice Stallman, MD
- Jaimon Stucki, MD
- Victoria Talbutt, MD
- Maximilian Taylor, DO
- Phyllis Tezeno-Burris, PA-C
- Ryan Thompson, DO
- Gabriel ValleEger, MD
- Alexander Vloka, MD
- Tyson Warner, PA-C

Review of the ACCME Annual Report on State of CME

By Mayra Ruiz

Director, Ada Canyon Medical Education Consortium

The Accreditation Council for Continuing Medical Education (ACCME) released its 2018 Annual Report this summer. The report includes statistical information collected from accredited continuing medical education (CME) providers, including ACMEC, to showcase the scope of the accreditation system and help highlight current industry trends.

In 2018, there were close to 1,750 accredited CME providers who offered close to 180,000 educational activities, comprising more than 1.2 million hours of instruction. These CME activities created more than 36 million interactions with learners, including physicians and other healthcare professionals. For its part, ACMEC accredited 85 activities, which included conferences, Grand Rounds, tumor boards, and other regularly scheduled meetings. Total physician participation in these activities was approximately 8,661 while the total participation of other healthcare professionals was around 13,684. All together, these activities and attendance accounted for approximately 1,311 *AMA PRA Category 1*TM CME hours of instruction and more than 50,000 credits for providers throughout Idaho and its contiguous states.

ACCME noted that while the number of accredited providers has become more consolidated over the years, the data collected for the annual report represents the highest numbers accredited organizations have reported to them in more than 10 years: the number of activities, hours of instruction, and interactions with learners have increased. More specifically,

since 2017 the number of educational events has increased 10%, the hours of instruction increased by 5%, and the number of learner interactions increased by 27%.

Notably, 2018 marked the first time that “other learner” interactions surpassed physician interactions. (Other learners are non-physician healthcare professionals such as nurses, physician assistants, and pharmacists.) Interactions with other learners have been increasing steadily over the years. ACCME notes that the significant increase in 2018 (61%) was likely due to more comprehensive data collection from jointly accredited providers. Additionally, while the number of non-physician participants has grown, the number of physician participants declined slightly. These trends are in line with what ACMEC has experienced over the same timeframe.

The report also includes analysis exploring participation by CME activity type. In 2018, accredited CME providers offered a diverse range of activities, from national conferences to online education and individualized learning projects. Since 2005, the activity type that has shown the greatest increase in the number of physician interactions is internet enduring materials, accounting for 35% of all physician interactions in 2018. While a majority of the activities ACMEC accredits are live courses and regularly scheduled series, we continue to see an increase in requests for approval of online, self-paced learning modules.

In terms of funding, the report shows that CME is a \$2.8 billion industry, with 26% of this

coming from commercial support, and 18% from advertising and exhibits, marking a 6% increase from 2017. In 2018, the average CME provider income was close to \$1.6 million. By comparison, 100% of ACMEC’s \$300,000 annual budget comes from other sources including consortium member allocations, CME application fees, and annual medical staff dues.

While total commercial support from industry still came in around \$740 million in 2018, a majority of CME activities (92%) produced by accredited providers did not receive commercial support. Keeping in line with a majority of our colleagues, ACMEC does not receive commercial support from industry to finance its operations or support speaker participation.

The final area of emphasis in the report focuses on outcomes of CME activities. Accreditation criteria requires providers to determine desired outcomes, design activities to support them, and assess participants for changes in competence (teaching participants strategies for translating new knowledge into action), performance (changing and improving what participants actually do in practice) and changes in patient outcomes. The data showed that accredited CME providers, including ACMEC, are successfully achieving ACCME’s expectations in this area.

We hope this review of the ACCME 2018 Annual Report and ACMEC’s activities provides some helpful insight and information.

To view the full report, go to:
http://www.accme.org/sites/default/files/2019-07/818_20190716_2018_Data_Report.pdf.

Miscellaneous Medical Corner

UPDATE: ACMEC GRAND ROUNDS WEBEX VIEWING SAME MEETING NUMBER, NEW PASSWORD

As a reminder, ACMEC uses the WebEx platform to broadcast weekly Grand Rounds online in real time for those of you unable to join us in person. We will continue using the same meeting number for the 2019-2020 academic year, but have updated the password. While your login process should stay the same, online participants will need to discontinue the use of the old password and connect using the information below.

TO VIEW GRAND ROUNDS REMOTELY VIA WEBEX STARTING SEPT. 4TH:

- Go to www.webex.com.
- Select **Join** (top right corner of screen).
- Enter **Meeting Number 627635685** (no spaces), along with your name and email address.
- When prompted, enter the **Password ACMEC2019** to log in.
- Connect to **Audio** through your computer and be sure your speakers are turned on.
- If you are using a mobile device, you may want to download the WebEx App.

Contact acmec@acmec.org with any questions.

“See” you at Grand Rounds!

September 2019

GRAND ROUNDS SCHEDULE

ST. LUKE'S BOISE MEDICAL CENTER
Anderson Center
Wednesdays, 8:00 - 9:00 a.m.

4 Guidelines for Prevention and Treatment of Diabetes
Joanna Mitri, MD and Cara Schragger MPH, RD, CDE
Joslin Diabetes Center
** Sponsored by Dairy West*

11 The Awakened Heart of Awareness: Cultivating the Skills of Transformational Psychology
Michael Sapir, PsyD

18 ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
Oral Immunotherapy: The Future of Food Allergy
Neetu Talreja, MD

25 FMRI Resident Talk: Lifestyle Interventions in Type II Diabetes
Michael McRae, DO

BOISE VA MEDICAL CENTER
AW Horsley Learning Center
Thursdays, 8:00 - 9:00 a.m.

5 High-Reliability Organizations
Chen Wu, MD

12 Non-Tuberculous Mycobacterium
James Cook, MD

19 Gout and ILD
Desmond Anim-Appiah, MD

26 Specialty Care Delivery
David Au, MD

SAVE THE DATE
Upcoming Grand Rounds

November

13 Non-Opioid Pain Treatment Options a Physician Can Prescribe and Perform In-Office
Matt Booth, PT, DPT

December

18 ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
Evaluation and Management of Gastroesophageal Reflux
Erin Lane, MD

** Visit www.acmec.org/calendar for schedule updates*