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FALL | SEPTEMBER 2018

ACUMEN

Ada Canyon Medical Education Consortium's Monthly Newsletter



Back to (CME) School!

GRAND ROUNDS ARE BACK IN SESSION FOR THE NEW ACADEMIC YEAR

ACMEC is pleased to kick off the 2018-2019 academic year on September 5th with a talk on **How to Manage More Common Genetic Hyperlipidemias** presented by Dr. Johannes Veldhuis, endocrinologist at St. Luke's.

On September 12th, Dr. Maggie Vuturo, urologist at St. Luke's, will present **Recurrent UTIs**. In this talk, Dr. Vuturo will discuss the latest research, screening and treatment recommendations for recurrent UTIs.

Dr. Russell Griffiths, pediatric plastic surgeon with St. Luke's, will kick off Children's Hospital Grand Rounds on September 19th with an **Update of Craniofacial Surgery and Pediatric**

Plastic Surgery in Idaho. In this talk, Dr. Griffiths will discuss the evolution in this specialty over his 20 years in Idaho, including management of cleft lip and cleft palate, differential diagnosis of infant head shape abnormalities, and state of the art techniques for reconstructing external ear deformities.

To close out the month, Dr. Neil Argyle, associate chief of staff of education at the Boise VA Medical Center, will present an **Update in Outpatient Medicine** on September 26th.

As a reminder, Grand Rounds are scheduled from 8:00 a.m. to 9:00 a.m. in the Anderson Center at St. Luke's Boise Medical Center. See you there!

UPCOMING GRAND ROUNDS

September 19
Update of Craniofacial Surgery and Pediatric Plastic Surgery in Idaho
Russell Griffiths, MD
Pediatric Plastic Surgeon, St. Luke's

Join us for an overview of the 20-year evolution of pediatric craniofacial and plastic surgery in Idaho, and the latest developments for current practice.

September 26
Update in Outpatient Medicine
Neil Argyle, MD, MPH
Associate Chief of Staff of Education, Boise VA Medical Center

Join us for a discussion on the latest research related to outpatient medicine.

For more Upcoming Grand Rounds, go to www.acmec.org.

PH: 208.331.1478 | FAX: 208.331.1924 | WWW.ACMEC.ORG | E-MAIL: ACMEC@ACMEC.ORG

What's Ahead October 2018

ST. LUKE'S BOISE MEDICAL CENTER

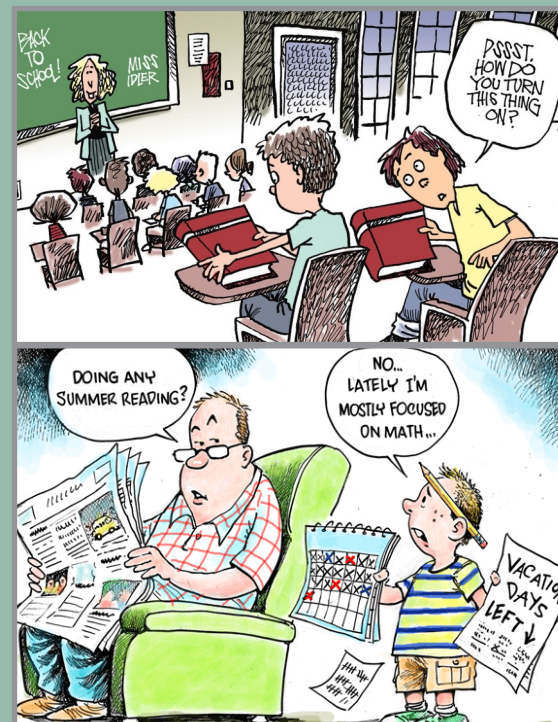
3 Pediatric Consent: The Child's Right to Make Decisions
Rev. Alex Chamberlain

10 Balance Disorders
James Crawford, MD

17 ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
Early Childhood Development and Behavior
Robert Miller, MD | Seattle Children's Hospital

24 Navigating Idaho's Opioid Epidemic: A Holistic Approach
Steven Pote, PhD

31 Concussion Management
Frank Batcha, Jr., MD



Now Scheduling: 2018 - 2019 Grand Rounds

LOOKING FOR MEMBER SUGGESTIONS FOR SPEAKERS & TOPICS

Scheduling for Spring 2019 Grand Rounds will begin in late September, and we would love to hear from members on the topics and speakers you would like to have included.

Suggestions can be sent via email to acmec@acmec.org with **Grand Rounds Suggestions** in the subject line. Thanks in advance for your insight!

Upcoming Conferences

- September 6 - 7, 2018** St. Luke's Children's Pediatric Emergency Conference
For information and registration, go to www.regonline.com/2018PedsEDconference.
- September 22 - 23, 2018** St. Luke's 10th Annual Specialty Medicine Conference for the Primary Care Provider
For information and registration, go to www.stlukesonline.org/communities-and-locations/classes-and-events/10th-annual-specialty-medicine-conference.
- October 5 - 6, 2018** Idaho Society of Clinical Oncology: A Focus on Breast Cancer
For information and registration, go to www.idsc.org/events-2018-fall-meeting.
- October 11, 2018** Idaho Immunization Summit 2018
For information and registration, go to www.idahoimmune.org/events-2.
- October 19 - 20, 2018** Idaho Child Abuse Medical Provider Conference 2018
For information and registration, please email Dr. Matt Cox with St. Luke's CARES at coxmdm@slhs.org.

Ada County Medical Society News

UPCOMING ACTIVITIES

FOR ACMS MEMBERS ONLY

Physicians Vitality Series:

ACMS launched a three-part dinner series focused on unpacking Stanford Medicine's WellMD Model of Professional Fulfillment. Each evening features a nationally known author and speaker to dive into one of these pillars of physician career satisfaction.

UPCOMING SESSION

Colin West, MD, PhD

September 27th | 6:30 p.m. | Boise

Purchase your tickets online for \$30 each at www.adamedicalsociety.org/physician-vitality-series

Annual Meeting & New Members Dinner

October 26th | Expo Idaho | Time TBD

Members and newly licensed physicians are invited to attend the ACMS Annual Meeting for a Western BBQ. We also be recognizing our Physician of the Year and electing our new slate of directors before closing the night with dancing and music from the Todd Palmer, MD Band.

RSVP's for all events are required. Information available at www.adamedicalsociety.org.

September 2018

GRAND ROUNDS SCHEDULE

NEW MEMBERS

- Nichole Aker, DO
- Bryce Anderson, MS
- Reuben Baker, MD
- Maggie Brown, MS
- Michael Claussen, MD
- Laddie Crisp III, MD
- Matthew Davis, MD
- Edward Duckworth, MD
- Julie Duncan, MD
- Peter Engdall, MD
- Joey Florence, MD
- Christina Gamboa, MD
- Nathan Gillis, DO
- Travis Griffiths, MD
- Macey Horch, MS
- Kade Klippenstein, MD
- Jill Konrad, NP
- Elsa Kracke, MD
- Anthony Markuson, MD
- Spencer Miller, MD
- Ryann Milne-Price, MD
- Shane Musgrove, PA-C
- Mary Quandt, MD
- Andrew Relph, DO
- Ellen Richardson, MD
- J. Tyler Starr, MD
- Jonathan Subaitani, PA-C
- Luke Sugden, MD
- Ana Velic, MD
- Karmen Wielunski, DO

Questions?
Email director@adamedicalsociety.org
or call 208.336.2930.

It Takes A Village...

By Deb Roman, DO

Director of Physician Wellness and Chair of CME. Idaho Osteopathic Physicians Association

The strength of a community united by a shared vision should not be underestimated. When individuals and organizations come together in this way, the potential for transformation is great.

The medical community in Boise is an inspiring example.

Several years ago, when national research highlighted a significant and increasing decline in physician health, well-being and enthusiasm for professional work, the boards of two of our local medical societies, Ada County Medical Society (ACMS) and Idaho Osteopathic Physicians Association (IOPA), made strong commitments to actively address this serious issue.

This year, as a collaborative effort, ACMS is presenting the Physician Vitality Dinner Series and IOPA is hosting the **Rediscovering Meaning in Our Work** two-day conference for physicians.

The conference, scheduled for September 28th and 29th at the contemporary JUMP Conference Center in Boise, is sponsored by Saint Alphonsus Regional Medical Center, Ada County Medical Society, Primary Health Medical Group and Assured Direct Care.

Current research emphasizes that healthcare system demands and restraints are key contributors to declining physician well-being, so forums with physicians and local, senior

system executives have been included in the conference program.

We will explore ways to collaborate and transform our healthcare system so physicians are able to provide high quality, compassionate patient care with vitality and enthusiasm. More than simply outlining the issues, we will explore actionable approaches that can be implemented in our community.

Our speakers include clinicians and researchers who are recognized internationally for their work:

Dr. Colin West, Professor of Medicine, Medical Education, and Biostatistics, Mayo Clinic, will share his work with Dr. Tait Shanafelt and Dr. Lotte Dyrbye documenting the drivers and consequences of physician distress, as well as emerging research on solutions. He will also provide updates on successful and progressive nationwide initiatives to prioritize and enhance physician well-being and lead several workshops during the conference to identify actionable approaches at individual, organizational and system levels.

Dr. West will provide the keynote for the conference at the final **ACMS Physician Vitality Series** dinner on September 27th at the Riverside Hotel in Garden City.

Dr. Mick Krasner, Professor of Clinical Medicine, University of Rochester School of Medicine and Dentistry, will explore ways to utilize appreciative inquiry, narrative medi-

cine and mindful practice to increase physician well-being, enhance our relationships in medicine and promote collaborative organizational change.

Dr. Emiliana Simon-Thomas, Science Director of the Greater Good Science Center, University of California, Berkeley, will share cutting-edge research on empathy, compassion and gratitude. She will also explore the science that connects collaborative relationships, social affiliation and caregiving to both individual and organizational health.

The conference program is relaxed with small group discussions, workshops and interactive presentations and provides a unique opportunity to work closely with our speakers and connect with peers and colleagues.

Please join us as we come together for a community-wide healthcare event to advocate for organizational and system changes that enable physicians to practice the art of medicine with well-being and compassion.

For more conference information:

Call Deb Roman, Conference Director, at 208.859.5055 or visit www.finding-health.com/2018conference

For more dinner series information:

Call Steve Reames, ACMS Director, at 208.336.2930 or visit www.adamedicalsociety.org/physician-vitality-series

Miscellaneous Medical Corner

UPDATE: ACMEC GRAND ROUNDS WEBEX VIEWING NEW ONLINE VIEWING PLATFORM AND MEETING NUMBER

WebEx, the platform ACMEC uses to broadcast weekly Grand Rounds online in real time, as been updated. This update required us to set up Grand Rounds as a new meeting, with a new meeting number, on their new platform. While your login process should stay the same, online participants will need to discontinue the use of the old meeting number.

TO VIEW GRAND ROUNDS REMOTELY VIA WEBEX STARTING SEPT. 5TH:

1. Go to www.webex.com.
2. Select **Join** (top right corner of screen).
3. Enter **Meeting Number 627 635 685** (no spaces), along with your name and email address.
4. Connect to **Audio** through your computer and be sure your speakers are turned on.
5. If you are using a mobile device, you may want to download the WebEx App.

Please note that if you are using the WebEx App or a WebEx desktop application (other than a web browser), you will be required to use **Password ACMEC2018** to log in.

Contact acmec@acmec.org with any questions.

ST. LUKE'S BOISE MEDICAL CENTER

Anderson Center
Wednesdays, 8:00 - 9:00 a.m.

- 5** How to Manage More Common Genetic Hyperlipidemias
Johannes Veldhuis, MD
- 12** Recurrent UTIs
Maggie Vuturo, MD
- 19** ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
Update of Craniofacial Surgery and Pediatric Plastic Surgery in Idaho
Russell Griffiths, MD
- 26** Update in Outpatient Medicine
Neil Argyle, MD, MPH

BOISE VA MEDICAL CENTER

AW Horsley Learning Center
Thursdays, 8:00 - 9:00 a.m.

- 6** New Perspective on the Distribution of Pulmonary Blood Flow and Ventilation
Robb Glenny, MD
- 13** NO CONFERENCE
- 20** Urology Potpourri: Benign Urologic Conditions and When to Refer!
Maggie Vuturo, MD
- 27** ALS and Breathing: A Challenge for the VA and Medicine in General
Joshua Benditt, MD

* Visit www.acmec.org/calendar for schedule updates

SAVE THE DATE Upcoming Grand Rounds

November

- 7** Movement Disorders & Deep Brain Stimulation
Cong Zhi Zhao, MD
- 28** Skin Cancer Update
R. Scott Thomas, DO & Benjamin Perry, DO

December

- 5** TBD: Endocrinology
Richard Christensen, MD
- 12** Practical Osteopathic Manipulation: Part II
Loren Colson, DO