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FALL | NOVEMBER 2019

ACUMEN

Ada Canyon Medical Education Consortium's Monthly Newsletter



Bountiful CME

THANKFUL FOR NOVEMBER GRAND ROUNDS SCHEDULE

This month's Grand Rounds kick off on November 6th with **HIV in 2019: Where We've Been, Where We're Going, and What You Need to Know**. The talk will be presented by Dr. Abby Davids, FMRI HIV & Viral Hepatitis Fellowship director, in partnership with the Mountain West AIDS Education and Training Center.

On November 13th, Dr. Matt Booth, clinic director of Therapeutic Associates Physical Therapy – SE Boise, will present a talk on **Non-Opioid Pain Treatment Options a Physician Can Prescribe and Perform In-Office**.

Lastly, Dr. Joseph Hilinski, pediatric infectious disease specialist at St. Luke's Children's Infections and Immune Deficiency, will present **Medical Management of Pediatric Urinary Tract Infections: Update on Current Trends & Antibiotics** on November 20th as part of our monthly St. Luke's Children's Hospital Grand Rounds.

As a reminder, there are no Grand Rounds sessions scheduled for November 27th and 28th in observance of the Thanksgiving holiday. We hope you all enjoy this time with your loved ones!

UPCOMING GRAND ROUNDS

November 6

HIV in 2019: Where We've Been, Where We're Going, and What You Need to Know
Abby Davids, MD, MPH
HIV & Viral Hepatitis Fellowship Director
Family Medicine Residency of Idaho

Join us for a conversation on the latest developments in HIV management.

November 13

Non-Opioid Pain Treatment Options a Physician Can Prescribe and Perform In-Office
Matt Booth, PT, DPT
Clinic Director, Therapeutic Associates
Physical Therapy – SE Boise

Join us for a discussion on non-opioid pain treatment options primary care physicians can prescribe and perform in-office to help their patients.

For more Upcoming Grand Rounds, go to www.acmec.org.

PH: 208.331.1478 | FAX: 208.331.1924 | WWW.ACMEC.ORG | E-MAIL: ACMEC@ACMEC.ORG

What's Ahead



December 2019

ST. LUKE'S BOISE MEDICAL CENTER

4 TBD: Transplant Hepatology
Richard Gilroy, MD | Intermountain Healthcare

11 TBD
Speaker TBD

18 ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
Evaluation and Management of Gastroesophageal Reflux
Erin Lane, MD

25 NO CONFERENCE
Winter Break



NOTICE: ACMEC Annual Membership Meeting

ALL ACMEC MEMBERS ARE INVITED TO JOIN US THIS JANUARY

ACMEC will be holding its 2020 membership meeting on January 8, 2020 before Dr. Christine Hahn's annual St. Luke's Grand Rounds **Idaho Public Health Update**.

ACMEC members are invited to join us at 7:30 a.m. for a full breakfast at the St. Luke's Anderson Center or connect via Webex (www.webex.com) using meeting

number 627635685 and ACMEC2019 as the password. The business portion of the meeting will be held from 7:45 a.m. to 8:00 a.m.

During the annual meeting, active ACMEC members will have the opportunity to hear general updates on the state of ACMEC. We hope you can join us!

Upcoming Conferences

November 1, 2019 St. Luke's Mini-BAND Conference (Behavioral Aspects of Neurologic Disorders)
For information and registration, please email Kirk Rasmussen at rasmussk@slhs.org.

November 16, 2019 Idaho PUPC 13th Annual Consensus Meeting: Pearls & Pitfalls of Pressure Injury Prevention & Practice
For information and registration, please go to www.idahopupc.com.

November 15, 2019 St. Luke's CARES Idaho Child Abuse Medical Provider Conference 2019
For information and registration, please email Tracy Jungman at jungmant@slhs.org.

Ada County Medical Society News

UPCOMING ACTIVITIES FOR ACMS MEMBERS ONLY

Legislative Update

November 4th | 6:00 p.m. | Boise

Come get a rundown on IMA's legislative priorities and agenda for 2020. You'll meet your IMA lobby team and local representatives and senators.

Winter Garden aGlow

December 4th | 6:30 p.m. | Boise

ACMS members and their immediate families are invited to join us at the beautiful Idaho Botanical Gardens lit up with Christmas lights for our annual Winter Garden a Glow.

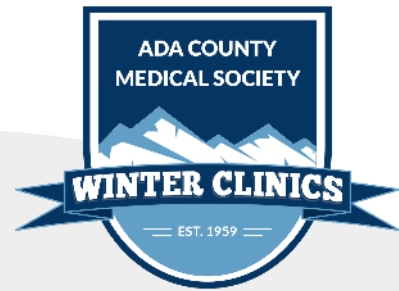
RSVP's for all events are required.
Information available at
www.adamedicalsociety.org.

SAVE THE DATE

ACMS Winter Clinics

February 20th - 23rd | McCall

Come catch up on education and with colleagues at Shore Lodge in wintery McCall during the 61st Annual ACMS Winter Clinics. Registration will be available in October at www.acmswinterclinics.com.



Topics include:

- Valvular Heart Disease Innovations
- Point of Care Ultrasound for Outpatient Care
- Update in Internal Medicine
- Being a Lifelong Learner
- Genetics Test Options and Update
- Ethical Issues in Genetics Testing
- Oncology Development
- The Cutting and Not So Cutting Edge of Facial Plastic Surgery
- Leveraging Technology to Enhance the Patient/Physician Relationship
- Let's Eat Mindfully - Empowering Behavior Change
- The Art of Observation and the Observation of Art
- Hindsight is 2020 - The Archetypes of Medicine
- Leonardo at 500 - A Lesson in Creativity

For full schedule and registration, go to www.acmswinterclinics.com.

Questions?
Email director@adamedicalsociety.org
or call 208.336.2930.

Shine a Light. Speak Its Name.

By Margaret Doucette, DO

Chief of Physical Medicine and Rehabilitation, Boise VA Medical Center

Bedsores, decubitus ulcers, pressure ulcers, pressure injury.

Though the terms have changed over time, the significance of the problem has not. The rate of Hospital Acquired Pressure Ulcers (HAPU) has continued to climb by 10 percent annually despite the fact that the remaining 'never' events in Hospital Acquired Conditions (HACs) category (e.g. CAUTI; catheter associated urinary tract infections) have reduced by 8 percent.

CMS identified HAPU as significant enough of a problem that in 2008 they determined that 1) they would not reimburse for hospital acquired pressure ulcers and 2) mandated that physician documentation would be the basis for final diagnosis.

Why did CMS make their ruling? Because the majority of pressure ulcers are avoidable with attentive care. Because the ramifications of a pressure ulcer are significant to the individual, the health care system and taxpayers. The U.S. Agency for Healthcare Research and Quality (AHRQ) reports that pressure ulcers add \$10.2 billion to U.S. healthcare costs. Cost of individual patient care ranges from \$20,900 to \$151,700 per pressure ulcer. Medicare estimated in 2007 that each pressure ulcer added \$43,180 in costs to a hospital stay. More than 2.5 million patients/year are affected and about 60,000 patients die as a direct result of pressure ulcers each year.

There is associated higher in-hospital mortality, higher post-discharge mortality, higher percentage of patients discharged to nursing homes, higher readmission rates and significantly longer hospital lengths of stay for those with pressure injury (11.6 ± 10.1 days) than those without (4.9 ± 5.2 day).

Yet finding a physician who has changed their practice since this ruling is difficult. Most physicians are not comfortable nor capable of determining if the skin changes identified truly represent a pressure injury nor are they able to correctly stage the tissue damage much less outline a plan of care for the prevention or management of a pressure ulcer.

Pressure ulcers (renamed pressure injury (PI) in 2017) remain the purview of our nursing colleagues. Physicians routinely expect nurses to identify those patients at risk and to place appropriate interventions in place. What about the ruling that CMS will not pay for the care of HAPU? Anecdotally, it merely means it is left off the discharge summary and the subsequent care is provided after discharge through skilled nursing facilities, outpatient wound clinics and home health services where they are covered through Medicare and not billed to the hospital of occurrence.

Why do physicians remain uninterested, unengaged and unable to effectively inter-

vene in the occurrence of pressure ulcers? PI typically smell bad, look bad and seemingly take a lot of work to 'roll someone over' to take a look. And they are not academically challenging, clinically intriguing or easily solved. There are no medicines to stay up to date on, few 'latest and greatest' cutting edge technology for prevention and once they occur, they take a long time to get rid of. There is no financial impact on medical providers when HAPUs occur.

When do physicians become interested, engaged and reconsider effective intervention? When they go to court. More than 17,000 lawsuits are related to pressure ulcers annually. It is the second most common claim after wrongful death. Settlements can range up to millions of dollars.

Whose specialty is impacted by HAPUs? Internists, hospitalists, intensivists, nephrologists, pulmonologists, family practitioners, surgeons, orthopedists, cardiac surgeons, neurosurgeons, vascular surgeons, general surgeons, transplant, trauma surgeons, geriatricians, physiatrists, neurologists, perinatologists, and pediatricians.

Tell me, what would it take for you to consider the skin as part of your assessment and plan of care?

Register now for the Idaho Pressure Ulcer Prevention Coalition's 13th Annual Consensus Meeting. For more information visit: www.idahopupc.com.

Miscellaneous Medical Corner

UPDATE: ACMEC GRAND ROUNDS WEBEX VIEWING SAME MEETING NUMBER, NEW PASSWORD

As a reminder, ACMEC uses the WebEx platform to broadcast weekly Grand Rounds online in real time for those of you unable to join us in person. We will continue using the same meeting number for the 2019-2020 academic year, but have updated the password. While your login process should stay the same, online participants will need to discontinue the use of the old password and connect using the information below.

TO VIEW GRAND ROUNDS REMOTELY VIA WEBEX STARTING SEPT. 4TH:

- Go to www.webex.com.
- Select **Join** (top right corner of screen).
- Enter **Meeting Number 627635685** (no spaces), along with your name and email address.
- When prompted, enter the **Password ACMEC2019** to log in.
- Connect to **Audio** through your computer and be sure your speakers are turned on.
- If you are using a mobile device, you may want to download the WebEx App.

Contact acmec@acmec.org with any questions.

"See" you at Grand Rounds!

November 2019

GRAND ROUNDS SCHEDULE

ST. LUKE'S BOISE MEDICAL CENTER Anderson Center Wednesdays, 8:00 - 9:00 a.m.	
6	HIV in 2019: Where We've Been, Where We're Going, and What You Need to Know Abby Davids, MD, MPH
13	Non-Opioid Pain Treatment Options a Physician Can Prescribe and Perform In-Office Matt Booth, PT, DPT
20	ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS Medical Management of Pediatric Urinary Tract Infections: Update on Current Trends & Antibiotics Joseph Hilinski, MD
27	NO CONFERENCE Thanksgiving

BOISE VA MEDICAL CENTER AW Horsley Learning Center Thursdays, 8:00 - 9:00 a.m.	
7	Updates in Renal Replacement Therapy Mark Poirier, DO
14	Inpatient Dermatology Courtney Gwinn, MD
21	Sleep Physiology 2019: An Update Paula Carvalho, MD
28	NO CONFERENCE Thanksgiving
* Visit www.acmec.org/calendar for schedule updates	

SAVE THE DATE Upcoming Grand Rounds	
January	
8	Idaho Public Health Update Christine Hahn, MD
15	ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS 2019 Year in Review for Pediatrics Perry Brown, Jr., MD
February	
5	TBD: Collaborative Pulmonary Hypertension Program Mark Dodson, MD Intermountain Health