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FALL | NOVEMBER 2015

# ACUMEN

Ada Canyon Medical Education Consortium's Monthly Newsletter



## Grateful for Grand Rounds

BOUNTIFUL NOVEMBER SCHEDULE WITH MIX OF DIVERSE TOPICS

ACMEC is pleased to present this month's Grand Rounds schedule, peppered with a couple of out-of-town speakers, local providers, and a holiday break.

To kick off the month, on November 4th Dr. Brian Auge will present a talk on **Management of BPH** in honor of *November*, aimed at raising awareness of men's health issues. Then, on November 6th, Dr. Edward McEachern, Medical Director of Medicare Health Services for PacificSource Health Plans, will present **A Foot in Two Canoes: Tools for Simultaneously Managing a Fee for Service Practice and a Fee for Value Practice**.

On November 11th, Dr. David Badesch, Clinical Director of the Pulmonary Hypertension Center at the University of Colorado, Denver, will present **Screening, Diagnosis, and Treatment of Pulmonary Arterial Hypertension: An Overview**. In this talk, Dr. Badesch will provide a comprehensive overview of key epidemiologic and pathophysiologic features of PAH, and offer state-of-the-art risk assessment and disease management strategies. Special thanks to the Pulmonary Hypertension Association.

We are also partnering with Saint Alphonsus and the American Heart Association to present **Reducing Readmission**

**After Heart Failure: An Evidence Based Approach** on November 13th. In this talk, Dr. Larry Allen, Medical Director of Advanced Heart Failure at the University of Colorado, Denver, will summarize recent studies and current best practices for reducing preventable hospital readmissions for heart failure patients. In addition to CME credits, CNE and CPE credits will also be offered for this talk.

As a reminder, Grand Rounds for November 25th through the 27th have been cancelled for the Thanksgiving holiday. We hope you all enjoy this time with your loved ones!

On a side note, during this special time of year, ACMEC would like to thank our current and past board of directors and consortium organizations, who have tirelessly and passionately guided ACMEC over the years. Additionally, a special thanks to our fantastic group of local partners and providers who generously give of their time, resources, and expertise, year after year, to ensure continuing medical education in the Treasure Valley is top-notch. Lastly, thanks to our members, whose loyal participation and feedback help ensure our relevance, and keeps us on track. We are grateful to you all, and for making ACMEC such an integral part of the medical community!

### UPCOMING GRAND ROUNDS

**November 11**  
**Screening, Diagnosis, and Treatment of Pulmonary Arterial Hypertension: An Overview**  
David Badesch, MD  
*Clinical Director,  
Pulmonary Hypertension Center  
University of Colorado, Denver*

Join us for a comprehensive overview of the latest developments in the screening, diagnosis and treatment of pulmonary arterial hypertension.

**November 13**  
**Reducing Readmission After Heart Failure: An Evidence Based Approach**  
Larry Allen, MD, MHS  
*Medical Director,  
Advanced Heart Failure  
University of Colorado, Denver*

Join us for a discussion on helping providers integrate best practices in reducing preventable hospital readmissions for heart failure patients.

For more Upcoming Grand Rounds, go to [www.acmec.org](http://www.acmec.org).

PH: 208.331.1478 | FAX: 208.331.1924 | WWW.ACMEC.ORG | E-MAIL: ACMEC@ACMEC.ORG

## What's Ahead • • • • • December 2015

### ST. LUKE'S BOISE MEDICAL CENTER

- 2** 50 Shades of Gluten: Irritable Bowel Syndrome and Gluten Sensitivity  
Ashley Evans, MD
- 9** Male Infertility  
Robert Jackson, MD
- 16** ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS  
Pediatric Death in Idaho  
Paul McPherson, MD
- 23** NO CONFERENCE  
Christmas
- 30** NO CONFERENCE  
New Year's

### SAINT ALPHONSUS REGIONAL MEDICAL CENTER

- 4** Advances in the Treatment of Heart Rhythm Disorders  
Margot Vloka, MD
- 11** Stem Cell Transplants  
Daniel Couriel, MD
- 18** A New Look at Chronic Disease and Pain Management  
Edmund Boese, MD
- 25** NO CONFERENCE  
Christmas

### Upcoming Conferences

- November 7, 2015** St. Luke's 3rd Annual Spine Care Conference  
For information and registration, contact Alex Penrod at [penrodal@slhs.org](mailto:penrodal@slhs.org) or 381-9229.
- November 14, 2015** Idaho Neurological Society Annual Meeting  
For information and registration, contact Heidi McAdams at [hmcadams@epilepsyidaho.org](mailto:hmcadams@epilepsyidaho.org) or 344-4340.
- November 20, 2015** St. Luke's 3rd Annual Seminar on Aging  
For information and registration, email [conferenceservices@slhs.org](mailto:conferenceservices@slhs.org).

# Ada County Medical Society News

## UPCOMING ACTIVITIES FOR ACMS MEMBERS ONLY

### Legislative Updates

November 9th  
Eastern Ada County/Elmore County

November 19th  
Western Ada County

Come meet your state district's legislators and find out about Idaho Medical Association's 2016 legislative priorities.

This year we have decided to host two separate meetings, one on each side of the county, to promote better discussion. A light dinner will be served at each.

**Winter Garden a Glow**  
December 1, 2015

Our most popular event of the year is held in the beautiful Idaho Botanical Gardens with the entire place lit up with Christmas lights.

## 2016 ACMS Winter Clinics February 18 - 21, 2016

Come and earn up to twelve CMEs, catch up with colleagues at Shore Lodge, and enjoy McCall at the peak of the season during the 57th Annual ACMS Winter Clinics.

**RSVP's for all events are required.**  
Information available at  
[www.adamedicalsociety.org](http://www.adamedicalsociety.org).

## NEW MEMBERS

- Cyle Goodman, MD
- Meghan Jankowski, MD
- Alicia Lachiondo, MD
- James Lederer, MD
- Meghan Wallman, MD
- Britton Wells, MD
- Kelly Wilkinson, MD

Questions?  
Email [director@adamedicalsociety.org](mailto:director@adamedicalsociety.org)  
or call 208.336.2930.

# WWAMI Debuts Renewed Curriculum

In August 2015, thirty five Idaho WWAMI medical students comprising the entering class of 2015 started medical school in Moscow with an innovative new curriculum. Since 2010, more than 500 faculty, staff, residents and medical students over the five-state WWAMI region have collaborated in a "curriculum renewal" process to redesign the University of Washington School of Medicine's (UWSOM) curriculum. This curriculum was created to provide the most effective, up-to-date and contemporary learning experience for students, and will have a continuous improvement approach with constant monitoring of student and course performance.

Features of UWSOM's redesigned curriculum include participation in patient care from the beginning, greater course integration, more active learning, focus on lifelong learning skills and increased use of technology. Students will study integrated topics for concentrated periods of time, rather than taking multiple courses at once. Clinical correlations will be built into all parts of the basic sciences to ensure students understand the clinical context of how clinical and scientific knowledge interrelate and build on one another. As a result, students will experience fewer lectures, more active learning in small groups and will also have patient care training and patient contact from day one, with more time devoted to learning clinical medicine. Students will also be paired with facul-

ty mentors who will help guide them through all four years of medical school.

UWSOM's redesigned curriculum is a four-year model that includes three phases: **Foundations Phase, Patient Care Phase, and Exploration and Focus Phase.** During the 18-month **Foundations Phase**, Idaho students will experience scientific courses presented in an interdisciplinary, integrated fashion. For example, in the "Invaders and Defenders" course, students will learn about infectious diseases, the immune system, microbial biology and other related topics. Some topic areas, such as pharmacology and pathology, will be threaded throughout all courses. Important themes like primary care, professionalism, diversity, communication, health equity and others, are also interwoven throughout all classes.

As students transition from the **Foundations Phase** to the **Patient Care Phase**, they will start clinical clerkships approximately four months earlier than in the previous curriculum. Students will experience clinical training in settings ranging from primary care through tertiary and quaternary care, and in urban and rural locations throughout the five-state WWAMI region.

During the **Exploration and Focus Phase**, students will pursue advanced clinical training with experiences tailored to their chosen specialty and career needs to prepare them

for the transition to residency training.

All students in the WWAMI region will complete the same **Foundations Phase** curriculum, with the same learning and session objectives, content and evaluation. In addition, students will have opportunities to interact with students at other sites and participate in a WWAMI-wide curriculum, completing some of their clinical training in Seattle and some in the WWAMI region. With these new curricular changes, Idaho students now have the ability to complete the majority of their four years of training within Idaho. The WWAMI curriculum allows each regional site to highlight and showcase its unique strengths.

Idaho has been an enduring partner in the WWAMI program for 44 years, and is excited about these new curricular changes that provide Idaho citizens access to a top-tier medical school with one of the most innovative curriculums in the nation.

For more information about the Idaho WWAMI program, go to [www.uwmedicine.org/education/md-program/current-students/wwami/idaho](http://www.uwmedicine.org/education/md-program/current-students/wwami/idaho).

Questions can be referred to  
Dr. Mary Barinaga,  
Assistant Dean for Regional Affairs  
at [barinm@uw.edu](mailto:barinm@uw.edu).

# Miscellaneous Medical Corner

In this section, you'll find a potpourri of miscellaneous news from the world of CME and medicine.

**HOW TO STRENGTHEN YOUR PRACTICE'S TEAM CULTURE** Ten recommendations for "diagnosing" and developing a successful team culture: [www.ama-assn.org/ama/ama-wire/post/strengthen-practices-team-culture](http://www.ama-assn.org/ama/ama-wire/post/strengthen-practices-team-culture).

**ADDRESSING AMBULATORY PATIENT SAFETY IN YOUR PRACTICE** A look at a hospital's focus on establishing a culture of safety in its outpatient clinic network: [www.aafp.org/fpm/2015/0900/p23.html](http://www.aafp.org/fpm/2015/0900/p23.html).

**ARE YOU A PATIENT OR A HEALTH CARE CONSUMER?** An interesting look at our identities as both patients and consumers of healthcare, and why it matters: [www.forbes.com/sites/robertpearl/2015/10/15/are-you-a-patient-or-a-health-care-consumer-why-it-matters/](http://www.forbes.com/sites/robertpearl/2015/10/15/are-you-a-patient-or-a-health-care-consumer-why-it-matters/).

The physician should not treat the disease but the patient who is suffering from it.  
- Maimonides

# November 2015

## GRAND ROUNDS SCHEDULE

### ST. LUKE'S BOISE MEDICAL CENTER Anderson Center Wednesdays, 8:00 - 9:00 a.m.

- 4 Management of BPH  
Brian Auge, MD
- 11 Screening, Diagnosis, and Treatment of Pulmonary Arterial Hypertension: An Overview  
David Badesch, MD
- 18 ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS  
Pediatric Bone Marrow Transplant  
Nathan Meeker, MD
- 25 NO CONFERENCE  
Thanksgiving

### BOISE VA MEDICAL CENTER AW Horsley Learning Center Thursdays, 8:00 - 9:00 a.m.

- 5 Atrial Fibrillation  
Margot Vloka, MD
- 12 TBD: Rheumatology Topic  
Desmond Anim-Appiah, MD
- 19 Prostate Cancer  
Donna Windish, MD
- 26 NO CONFERENCE  
Thanksgiving

### SAINT ALPHONSUS REGIONAL MEDICAL CENTER McCleary Auditorium Fridays, 8:00 - 9:00 a.m.

- 6 A Foot in Two Canoes: Tools for Simultaneously Managing a Fee for Service Practice and a Fee for Value Practice  
Edward McEachern, MD
- 13 Reducing Readmission After Heart Failure: An Evidence Based Approach  
Larry Allen, MD, MHS
- 20 Dental Etiology and Treatment for Sleep-Related Breathing Disorders  
Dan Bruce, DDS
- 27 NO CONFERENCE  
Thanksgiving