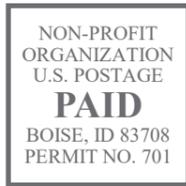




305 W. JEFFERSON STREET
BOISE, ID 83702

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SPRING | MAY 2018

ACUMEN

Ada Canyon Medical Education Consortium's Monthly Newsletter



Spring Awakening

AFTER APRIL SHOWERS COME MAY CME FLOWERS

ACMEC is pleased to share this month's diverse set of Grand Rounds talks.

On May 2nd, Dr. Scott Grosse, research economist at the National Center on Birth Defects and Developmental Disabilities in the Centers for Disease Control and Prevention, will present **Cost as a Barrier to Accessing New Treatments for Rare Diseases: Economic Perspectives**. Special thanks to Drs. Leah Fleming and Nathan Hirsch for their help in coordinating this talk.

We will continue the annual FMRI Resident Talks with Dr. Luke Mather's talk on **Outpatient Management of the Cirrhotic Patient** on May 9th, and Dr. Janae Krahn's talk on **Testosterone**

Replacement Therapy in Men on May 23rd.

On May 16th, Dr. Robert Murray, professor in the Department of Human Nutrition at Ohio State University, will present **Good 4 Growth** for this month's St. Luke's Children's Hospital Grand Rounds. Special thanks to Dairy West for their sponsorship of this talk.

To close out the month, Dr. William Weppner, co-director of the Center of Excellence in Primary Care Education at the Boise VA Medical Center, will present a provocative talk on **Health Effects of Climate Change** on May 30th.

See you at St. Luke's for these talks!

UPCOMING GRAND ROUNDS

May 2
Cost as a Barrier to Accessing New Treatments for Rare Diseases: Economic Perspectives
Scott Grosse, PhD
Research Economist, National Center on Birth Defects and Developmental Disabilities, Centers for Disease Control and Prevention

Join us for a discussion on overview of health care economics with a focus on precision medicine and public health genomics.

May 16
Good 4 Growth
Robert Murray, MD
Professor, Department of Human Nutrition, Ohio State University.

Join us for a discussion on practical tools and tips to optimize child development and minimize risk from adverse events.

For more Upcoming Grand Rounds, go to www.acmec.org.

PH: 208.331.1478 | FAX: 208.331.1924 | WWW.ACMEC.ORG | E-MAIL: ACMEC@ACMEC.ORG

What's Ahead June 2018

ST. LUKE'S BOISE MEDICAL CENTER

6 FMRI Resident Talk: Whoops-a-Baby!: The Benefits of Long-Acting Reversible Contraception
Amanda Dauten, MD

13 FMRI Resident Talk: Current Research on Medical Marijuana
Benjamin Holland, MD

20 ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
Pediatric Audiology: TBD
Jessica Stich-Hennen, AuD, PASC

27 Male Infertility
Robert Jackson, MD



Now Scheduling: 2018 - 2019 Grand Rounds

LOOKING FOR MEMBER SUGGESTIONS FOR SPEAKERS & TOPICS

Scheduling for Fall 2018 and Spring 2019 Grand Rounds will begin in earnest in late May, and we would love to hear from members on the topics and speakers you would like to have included to ensure we continue to present relevant topics that meet your needs.

Are there any specialties you would like to see represented? Any dynamic speakers you've heard elsewhere that you think would be beneficial to bring

to the Treasure Valley? Any local providers doing innovative things or offering unique services that the medical community should know about? Any hot medical topics that *must* be covered? Let us know!

Suggestions can be sent via email to acmec@acmec.org with **Grand Rounds Suggestions** in the subject line. Thanks in advance for your insight!

Upcoming Conferences

August 3 - 5, 2018 Idaho Medical Association Annual Meeting
For information and registration, go to www.idmed.org.

August 4 - 5, 2018 6th International Conference on Advances in Hematology and Oncology
For information and registration, go to <http://oncology.binayfoundation.org/>.

Ada County Medical Society News

UPCOMING ACTIVITIES

FOR ACMS MEMBERS ONLY

Physicians Vitality Series:

ACMS is launching a three-part dinner series focused on unpacking Stanford Medicine's WellMD Model of Professional Fulfillment. Each evening features a nationally known author and speaker to dive into one of these pillars of physician career satisfaction.

Dike Drummond, MD

May 10th | 6:30 p.m. | Boise

SAVE THE DATE

Paul DeChant, MD, MBA

July 12th | 6:30 p.m. | Meridian

Colin West, MD, PhD

September 27th | 6:30 p.m. | Boise

Purchase your tickets online for \$30 each at

www.adamedicalsociety.org/physician-vitality-series

Some sponsorship opportunities remain open and mid-level sponsors have access to private consultation with Dr. DeChant on July 10th during the day. Please inquire with Steven Reames at 208-336-2930 for more information.

RSVP's for all events are required. Information available at www.adamedicalsociety.org.

High School Physicals Screening

May 19th - 24th | Boise & Meridian

- May 19th: Mountain View HS
- May 21st: Borah HS
- May 23rd: Rocky Mountain HS
- May 24th: Centennial HS
- May 24th: Meridian HS

We are looking for volunteers to provide the Idaho mandatory pre-participation physical for 9th and 11th graders. Sign up's available online on the ACMS website.

OTHER EVENTS: SAVE THE DATE

Go Wild at Zoo Boise

June 12th | 6 - 9 p.m. | Zoo Boise

NEW MEMBERS

- Lauren Meziere, PA-C
- Chelsea Miller, PA-C
- Catherine Cunagin, MD
- Megan McDonell, PA-C
- Megan McIntyre, PA-C

Questions?

Email director@adamedicalsociety.org or call 208.336.2930.

Charting Your Trail in Healthcare

By Steven Reames,
Executive Director, Ada County Medical Society

For the most part, gone are the days when solo practitioners put patient notes on paper, rounded on their patients in the hospital, dropped in to the physician lounge, and received the unmitigated respect and adulation of the community. While, there are still some specialties like dermatology, cosmetic surgery and direct primary care models that operate independently and have more freedom, the majority of physicians are part of a team, network or system to try to integrate care with one another. As much as I admire and encourage those to remain independent, I sometimes wonder if we do physicians a disservice by idolizing the solo practice and paper chart "golden days" as a standard that health care should return to.

This is a question I think about a lot: how does ACMS best support and equip our members to thrive and grow in volatile, uncertain, complex and ambiguous times? I'm reading a book on organizational leadership which centers on the example of Lewis and Clark. Our heroic explorers climbed to the source of the Missouri River thinking the west side of their trek to the Pacific Ocean would be the discovery of a cross-continental waterway sloping gently down to the ocean. What they

see terrifies them: a range of the "most terrible mountains ever beheld," as wide and deep as the eye can see. Lewis and Clark suddenly realize canoes aren't going to cut it anymore.

Perhaps in medicine it is time to prepare ourselves for the days ahead rather than pining away for the past. This kind of leadership – corporate, team and individual leadership – is going to require a different skill set than most ever learned in residency or medical school. There may be some who decide to settle at the edge of the frontier out of exhaustion or stubbornness, a toe in the new world but close enough to the past to retreat to it. Those who decide to move ahead into the future will have to grieve that the skills that got them there won't take them much further – and then journey on.

There are a few different ways of dealing with industry change, each with increasing effort and labor required.

1. Ignore it and pretend it will go away - or just retire early.
2. Whine about it because you can't ignore it.
3. Look inward to see how you can re-frame your attitude and response to it.

4. Pro-actively shape the future of healthcare for yourself and community by leaning into it.

Lewis and Clark could have turned tail and reported back to President Jefferson that in fact there was no water route and they would have been right. However, their spirit of duty, adventure, tenacity, and vision foresaw that eventually Americans would be streaming this way towards Idaho and their trek could help create the map.

Health care will always be moving us past our comfort zones and as a medical society, we must provide help to our members to learn new skill sets and sharpen the ones they already have. As IMA's past-president Dr. Bruce Belzer said last summer, "The future of medicine is uncertain, but I bet that's what they said about 125 years ago." I hope to be on your team of people to help you get there.

Join the conversation at ACMS' Physician Vitality Series

For more information or to purchase your tickets for \$30 each, go to: www.adamedicalsociety.org/physician-vitality-series

Miscellaneous Medical Corner

LOOKING FOR VOLUNTEERS: ACMEC ONLINE CME ACTIVITY REVIEWERS

ACMEC conducted a needs assessment to determine if members would like the Grand Rounds video library to return. The library would contain online recordings of select Grand Rounds, consisting mainly of voice-over PowerPoint. CME credit would be awarded to members upon successful completion of a post-test and evaluation, with the option to also earn MOC Part 2 points for select activities.

So far, ACMEC members have expressed an interest in having these online modules available to them. Therefore, ACMEC has started developing these modules and are almost ready to deploy them to members, but we need your help!

We are looking for volunteers to review select modules to help us troubleshoot any technical glitches and validate the clinical content. The estimated time commitment for each module review is approximately two hours.

Current ACMEC members who are interested in serving as reviewers should email us at acmec@acmec.org with **Online Reviewer** in the subject line. Thanks!

May 2018

GRAND ROUNDS SCHEDULE



ST. LUKE'S BOISE MEDICAL CENTER

Anderson Center

Wednesdays, 8:00 - 9:00 a.m.

- 2** Cost as a Barrier to Accessing New Treatments for Rare Diseases: Economic Perspectives
Scott Grosse, PhD
- 9** FMRI Resident Talk: Outpatient Management of the Cirrhotic Patient
Luke Mather, MD
- 16** ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
Good 4 Growth
Robert Murray, MD
- 23** FMRI Resident Talk: Testosterone Replacement Therapy in Men
Janae Krahn, MD
- 30** Health Effects of Climate Change
William Weppner, MD, MPH

BOISE VA MEDICAL CENTER

AW Horsley Learning Center

Thursdays, 8:00 - 9:00 a.m.

- 3** Air Neurotoxicant Study
Sara Grineski, PhD
- 10** TBD
Speaker TBD
- 17** TBD: Rheumatology
Grant Hughes, MD
- 24** TBD: General Internal Medicine
Shobha Stack, MD, MPH
- 31** Curriculum of Inquiry: Boise Internal Medicine Resident Talks
Speakers Vary

SAVE THE DATE Upcoming Grand Rounds

September 2018

- 5** How to Manage More Common Genetic Hyperlipidemia
Johannes Veldhuis, MD
- 19** ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
An Update of Craniofacial Surgery and Pediatric Plastic Surgery in Idaho: A 20-Year Review and Current Practices
Russell Griffiths, MD

Summer Break: July & August

No Grand Rounds until September 5th. Enjoy your summer!