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SPRING | MARCH 2019

ACUMEN

Ada Canyon Medical Education Consortium's Monthly Newsletter



Pot of CME Gold

VERDANT POTPOURRI OF MARCH GRAND ROUNDS

ACMEC is pleased to announce this month's Grand Rounds.

On March 6th, we will continue the annual FMRI Resident Talks with Dr. Marion Cook's talk on **Applications for Harm Reduction**.

For March 13th, Dr. Benjamin Perry, dermatologist with Mountain Pine Dermatology, will be presenting **Psoriasis: Comorbidities and Management**.

On March 20th, Dr. Leah Fleming, geneticist at St. Luke's Children's

Hospital, will present a talk on **Inborn Errors of Metabolism & Screening in Psychiatric Disease** for the March St. Luke's Children's Hospital Grand Rounds.

For the last session of the month taking place on March 27th, we will tentatively be presenting a talk related to the recent measles outbreak. Please check our online Grand Rounds calendar closer to the talk date for the latest updates for this session at www.acmec.org/calendar.

We look forward to seeing you!

Now Scheduling: Fall 2019 Grand Rounds

LOOKING FOR MEMBER SUGGESTIONS FOR SPEAKERS & TOPICS

Scheduling for Fall 2019 is underway, and we would love to hear from members on the topics and speakers you would like to have in the schedule.

Are there any specialties you would like to see represented? Any dynamic speakers you've heard elsewhere that you think we should bring to the Treasure Valley? Any local providers doing innovative things or offering unique services that the medical community

should know about? Any hot medical topics that must be covered? Let us know!

Suggestions can be sent via email to acmec@acmec.org with **Grand Rounds Suggestions** in the subject line. Please note that while we review all suggestions, we will book topics with broad applicability, especially those targeted at primary care physicians. Thanks in advance!

Upcoming Conferences

- March 30, 2019** 2019 Idaho Society of Anesthesiologists Annual Meeting
For information and registration, go to www.idahosocietyofanesthesiologists.com.
- April 19, 2019** 7th Annual Clinical Neuroscience Conference
For information and registration, go to <https://2019slhsneurocon.eventbrite.com>.
- April 27 - 28, 2019** 2019 Summit on National & Global Cancer Health Disparities
For information and registration, go to <http://cancersummit.binayfoundation.org>.
- June 29 - 30, 2019** 7th International Conference on Advances in Hematology and Oncology
For information and registration, go to <http://icaho.binayfoundation.org>.

UPCOMING GRAND ROUNDS

March 13
Psoriasis: Comorbidities and Management
Benjamin Perry, DO
Dermatologist
Mountain Pine Dermatology

Join us for a discussion on psoriasis, common comorbidities, and the latest development in management.

March 20
Inborn Errors of Metabolism & Screening in Psychiatric Disease
Leah Fleming
Geneticist
St. Luke's Children's Hospital

Join us for a discussion on inborn errors of metabolism in pediatric patients.

For more Upcoming Grand Rounds, go to www.acmec.org.

PH: 208.331.1478 | FAX: 208.331.1924 | WWW.ACMEC.ORG | E-MAIL: ACMEC@ACMEC.ORG

What's Ahead April 2019

ST. LUKE'S BOISE MEDICAL CENTER

- 3** Idaho Latinx Thriving Families
Mercedes Muñoz, MPA & Laura Diaz
- 10** FMRI Resident Talk: Sports Medicine in Pregnancy: An Introduction
Zech Wilson, MD
- 17** ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
Adverse Childhood Experiences
Thomas Patterson, MD
- 24** Pediatric Nutrition: Topic TBD
Connie Evers, MS, RDN, CSSD, LD



Ada County Medical Society News

UPCOMING ACTIVITIES FOR ACMS MEMBERS ONLY

Beers for Peers

March 26th | 5:30 - 7:30 p.m.
Payette Brewing | Boise

Bring your dog and medical society friend to join us at Payette Brewing. Enjoy a glass of beer, wine, or your preference, eat some Baja Fresh, and get to know your colleagues. Trivia Night with Game Night Live! starts at 7 p.m. if you want to stay and test your wits together.

Registration is limited to ACMS members only (no spouses this time please).

Go Wild at Zoo Boise

August 8th | Time TBD | Zoo Boise

Members and their immediate family are invited to come enjoy a night at Zoo Boise with the Ada County Medical Society.

After a hosted BBQ, you and your family can roam the zoo, enjoy unlimited rides on the carousel, have a close encounter with a giraffe, and listen to a special presentation on one or more of the zoo animals.

NEW MEMBERS

- Candice Adams, NP
- Janelle Barney, NP
- James Bergen-Hartigan, PA-C
- Anne Blanchette, PA-C
- Leah Botimer, NP
- Aaron Crum, MD
- Craig Dale, PA-C
- Michelle Eide, MS
- Peter Giordano, NP
- Jessica Kroll, MD
- Shauna Lacow, NP
- Erin Lane, MD
- Alishia Little, PA-C
- Natalie Merz, PA-C
- Kelly Moore, NP
- Jedd Moore, NP
- Mary Beth Nagle, MD
- Lois Niska, DO
- Alexander Zouros, MD

RSVP's for all events are required.
Information available at
www.adamedicalsociety.org.

Questions?
Email director@adamedicalsociety.org
or call 208.336.2930.

2019 ACMS Winter Clinics Recap: Celebrating Sixty Years of "Ski-M-E"

By Steven Reames,
Executive Director, Ada County Medical Society

In 1959, the first "Mid-Winter Scientific Meeting" was hosted by Southwest Idaho Medical Society (SWIMS) at Shore Lodge. That following January, the Idaho Medical Association granted a charter for Ada County Medical Society (ACMS) to break off from the SWIMS territory. Each year, from then until 1984, ACMS and SWIMS jointly or alternately organized "The Winter Clinics."

This year, we celebrated the sixty-year legacy of the annual medical education conference. On Friday evening, a crowd sang "Happy Birthday to Winter Clinics" while retired physician, Dr. Eric Stackle, cut the cake and blew out the candles. We also took pains to point out that at least three of the four Dr. A.C. Jones and family from Boise have been fixtures at Winter Clinics since the very beginning.

It was not too long ago that keeping the weekend event alive was in doubt due to declining attendance. But this year, several



longtime attendees commented wistfully that there were so many younger families beginning to bring their children to enjoy the weekend together year after year and they had hope for it to remain viable.

This year's focus on neurological care was kicked off by local epilepsy specialist, Dr. Robert Wechsler, followed by discussions on movement disorders, stroke care and prevention, dementia care, assessment of vertigo and balance, and treating depression. Saturday morning was devoted to medical cannabis, CBD oil, and the current state of politics on this issue in Idaho. For the most part, we were able to stay out of the weeds and hit the high points.

With an overwhelming amount of snow on the ground, the skiers raced head-to-head competitions on Badger Run and some new champions emerged. Dr. Andrew Southard wrested the trophy from dominant men's skier, Dr. Chris Gussner, who had won 12

of the last 20 years. The Gretchen Hecht Women's Ski Trophy went to 17-year-old Anna Gussner for the second year in a row. Telemark skier, Dr. Mark Boerner, was awarded a bottle of four-buck chuck for "best attempt", taking home the Traveling Horn Award. Geriatric Fellow and dementia speaker, Dr. Scott Christensen, happily took first out of one in our snowboard racing exhibition.



Next year's theme is slated to focus on **Envisioning the Future of Medicine and Technology** and appropriately will start on 02-20-2020. We welcome any ideas for topics and speakers which can be emailed to director@adamedicalsociety.org for committee consideration.

SAVE THE DATE:
2020 ACMS Winter Clinics
February 20 – 23, 2020

It is never too early to make your hotel reservation at the Shore Lodge!

Miscellaneous Medical Corner

LOOKING FOR VOLUNTEERS: ACMEC ONLINE CME ACTIVITY REVIEWERS

ACMEC conducted a needs assessment to determine if members would like the Grand Rounds video library to return. The library would contain online recordings of select Grand Rounds, consisting mainly of voice-over PowerPoint. CME credit would be awarded to members upon successful completion of a post-test and evaluation, with the option to also earn MOC Part 2 points for select activities.

So far, ACMEC members have expressed an interest in having these online modules available to them. Therefore, ACMEC has started developing these modules and are almost ready to deploy them to members, but we need your help!

We are looking for volunteers to review select modules to help us troubleshoot any technical glitches and validate the clinical content. The estimated time commitment for each module review is approximately two hours.

Current ACMEC members who are interested in serving as reviewers should email us at acmec@acmec.org with **Online Reviewer** in the subject line. Thanks!

March 2019

GRAND ROUNDS SCHEDULE

ST. LUKE'S BOISE MEDICAL CENTER Anderson Center Wednesdays, 8:00 - 9:00 a.m.

- 6** FMRI Resident Talk: Applications for Harm Reduction
Marion Cook, MD
- 13** Psoriasis: Comorbidities and Management
Benjamin Perry, DO
- 20** ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
Inborn Errors of Metabolism & Screening in Psychiatric Disease
Leah Fleming, MD
- 27** TBD: TENTATIVE TOPIC: Measles Outbreak Update
Speaker TBD

* Visit www.acmec.org/calendar for schedule updates

BOISE VA MEDICAL CENTER AW Horsley Learning Center Thursdays, 8:00 - 9:00 a.m.

- 7** Culinary and Lifestyle Medicine
Richmond Doxey, MD
- 14** Hyperlipidemia
P. Barton Duell, MD
- 21** HIV
Judy Thorne, MPA
- 28** Contract Nursing Home Program
Sherena Perry, DO

SAVE THE DATE Upcoming Grand Rounds

May

- 15** ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
TBD: Pediatric Neurosurgery
Alexander Zouros, MD
- 22** Update on Newborn Screening and Novel Treatments
Cary Harding, MD | Oregon Health & Science University

June

- 19** ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
Evaluation and Management of Gastroesophageal Reflux
Erin Lane, MD
- 26** Normal Pressure Hydrocephalus
Ron Jutzy, MD & J. Audie Black, PhD