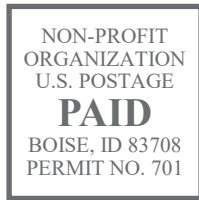




305 W. JEFFERSON STREET
BOISE, ID 83702

RETURN SERVICE REQUESTED



WINTER | FEBRUARY 2020

ACUMEN

Ada Canyon Medical Education Consortium's Monthly Newsletter



Follow Your CME Heart

FEBRUARY GRAND ROUNDS FULL OF VALENTINES

ACMEC is pleased to present a mix of diverse talks on the schedule for February Grand Rounds.

On February 5th, Dr. Mark Dodson, medical director of Intermountain Healthcare's Chronic Thromboembolic Pulmonary Hypertension Program, will present **Modern Evaluation and Management of Pulmonary Hypertension**.

On February 19th, Dr. Diana Alexander, pediatric cardiologist at St. Luke's Children's, will present **Sudden Cardiac Death in Children** as part of Children's Hospital Grand Rounds.

To close out the month, Dr. Ali Makki, third year resident at FMRI, will continue the annual Family Medicine Residency of Idaho Resident Talks and offer the second talk of the series for this academic year. Dr. Makki will provide an update on **Refugee Care on February 26th**.

Please note that the topic and speaker for the February 12th session has yet to be determined. Please go to our online schedule at www.acmec.org/upcoming-activities or www.acmec.org/calendar to get the latest updates.

UPCOMING GRAND ROUNDS

February 5th
Modern Evaluation & Management of Pulmonary Hypertension
Mark Dodson, MD, PhD
Medical Director
Intermountain Chronic Thromboembolic Pulmonary Hypertension Program

Join us for an evidence-based update on the evaluation and management of pulmonary hypertension, with a focus on understanding the definition and subtypes of pulmonary hypertension, the characteristics of the patients at risk, and a modern approach to evaluation and management of pulmonary hypertension. The talk focuses on a primary care approach to pulmonary hypertension, but is also relevant to pulmonologists and cardiologists.

February 19th
Sudden Cardiac Death in Children
Diana Alexander, MD
Pediatric Cardiologist
St. Luke's Children's Hospital

Join us for a review of sudden cardiac death, common etiologies, and the latest information on screening tools and practices recommended by American Heart Association.

For more Upcoming Grand Rounds, go to www.acmec.org.

PH: 208.331.1478 | FAX: 208.331.1924 | WWW.ACMEC.ORG | E-MAIL: ACMEC@ACMEC.ORG

What's Ahead

• • • • • **March 2020**

ST. LUKE'S BOISE MEDICAL CENTER

- 4** Current Topics in Lifestyle Medicine
Jennifer Shalz, MD, MPH
- 11** Melanoma Treatment and Immunotherapy
Isabella Glitza Oliva, MD, PhD, MS | MD Anderson Center
- 18** ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
TBD
Speaker TBD
- 25** FMRI Resident Talk: Meeting the Healthcare Needs of Transgender Individuals
Jessica Sallstrom, DO



2020 CME Application Materials Available

RENEW YOUR 2019 JOINTLY-PROVIDED CME SERIES AND ACTIVITIES

Updated CME application materials are now available directly through ACMEC. We ask all planners and coordinators who intend to certify an activity or series for CME credit in 2020 to contact ACMEC early in the planning process to discuss their plans.

- As a reminder:
- Outdated materials not accepted.
 - Complete applications must be submitted at least 60 days prior to activity/series start date.
 - Renewing activities may request a

waiver of this requirement, but must do so at least two weeks prior to their 60 day deadline.

- Renewing series must be submitted at least 30 days prior to series start date.
- Check with ACMEC before starting an application for the most up to date instructions and forms.

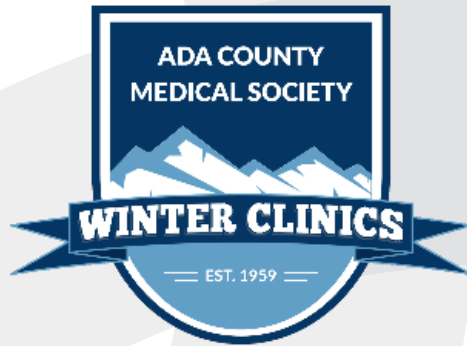
We look forward to partnering with you to provide our community with quality CME opportunities!

Upcoming Conferences

- February 20 - 21, 2020** Idaho Perinatal Project 2020 Winter Conference
For information and registration, go to www.idahoperinatal.org/winter-conference-2020.php.
- February 20 - 23, 2020** ACMS Winter Clinics
For information and registration, go to www.acmswinterclinics.com.

Ada County Medical Society News

UPCOMING ACTIVITIES FOR ACMS MEMBERS ONLY



2020 ACMS Winter Clinics February 20th - 23rd | McCall

Come catch up on education and with colleagues at Shore Lodge in wintry McCall during the 61st Annual ACMS Winter Clinics. Registration and additional information available at www.acmswinterclinics.com.

Topics include:

- Valvular Heart Disease Innovations
- Outpatient Point of Care Ultrasound
- Update in Internal Medicine
- Genetics Test Options and Update
- Oncology Development
- Leonardo at 500 - A Lesson in Creativity

For full schedule and registration, go to www.acmswinterclinics.com.

February 2020

GRAND ROUNDS SCHEDULE

SAVE THE DATE

ACMS Foundation Fundraiser
April 23rd | 6:30 p.m. | Meridian

Members and their guest are invited to attend an ACMS Foundation fundraiser at the Idaho College of Osteopathic Medicine. Proceeds will benefit the newly-created Medical Student and Resident Emergency Fund to help currently enrolled medical students and medical residents training in Ada County who face unforeseen financial emergencies or catastrophic events.

NEW MEMBERS

- Robert Alexander, PA-C
- Allyson Bates, NP
- Ashley Burt, MD
- Mark Dell'Aglio, MD
- Jason Hamblin, MD
- Aimee Hastriter, NP
- Luna Hodges, NP
- Jennifer MacDermott, NP
- Thomas Mohr, DO
- Gabriel Palmer, MD
- Kristina Rhodes, NP
- Laura Tedrick, MD
- Travis Williams, DO
- Erica Wright, NP

Questions?
Email director@adamedicalsociety.org
or call 208.336.2930.

ACMEC Partnering with OHSU on Mental Health Conferences

LEARN FROM LEADING SCHOLARS WITH YOUR LOCAL PEERS, EARN CME AND MOC, AND BUILD YOUR NETWORK OF LOCAL RESOURCES - *all in your own backyard!*

ACMEC has partnered with the Oregon Health and Science University to serve as a satellite location for their upcoming mental health conferences for primary care providers. The remote participation and live telecast sessions will be hosted at St. Luke's Boise. Both sessions will provide 7.25 CME credits, along with the corresponding specialty MOC Part 2 credits.

Fees for each conference, which include light breakfast, breaks, lunch, and instructional materials, are as follows:

- General Admission: \$100**
- ACMEC & ACMS Members: \$50**
Requires verification of membership; ACMS members should refer to email sent by Society; ACMEC members may use code **ACMECACMS** to register.
- Residents & Medical Students: FREE**
Requires verification of enrollment; students should refer to email sent by their programs.

To register, go to www.acmec.org. Special thanks to the Ada County Medical Society for their sponsorship of this conference, allowing residents and medical students to attend at no cost and ACMS members to attend at a discounted rate.

OHSU's 3rd Annual Pediatric Mental Health Update: *Equipping the Primary Care Provider*

Friday, March 6, 2020
9:00 a.m. - 5:45 p.m. | St. Luke's Boise

TOPICS

- Working with Children with a History of Trauma and Early Adversity
Karen Bos, MD, MPH
- The 5-Minute Psychologist: Translating Evidence-Based Therapies to Primary Care
Andrew Riley, PhD
- Obsessive-Compulsive Disorder (OCD) in Children and Adolescents
Paria Zarrinagar, MD
- Bullying: Another ACE | *Ajit Jetmalani, MD*
- Learning Disorders: What Are They, When Should You be Concerned and What Can You Recommend
Kristen Mackiewicz Seghete, PhD
- Adolescent Eating Disorders
Jessica Serrano, MD, MPH
- The Psychological Component: Eating Disorders in Children and Adolescents
Rodney Reid, MD

Accreditation

The School of Medicine, Oregon Health & Science University, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

OHSU's 4th Annual Adult Mental Health Update: *Strategies for Primary Care*

Friday, March 13, 2020
9:00 a.m. - 5:45 p.m. | St. Luke's Boise

TOPICS

- Reproductive Psychiatry: 2020 Update
Nicole Cirino, MD
- Somatic Symptoms and Related Disorders in the Community Care Setting
Suki Conrad, MD
- Addiction Medicine and the Opioid Crisis
Bradley Buchheit, MD
- Personalities, Psychological Defenses, and Mentalizing in Primary Care
Craig Usher, MD
- Diagnostic Clarity: Identifying Bipolar Disorder and Schizophrenia Among Varying Presentations | *Sean Stanley, MD*
- Managing Depression and Anxiety in Primary Care: From Textbook to Exam Room
Pritham Raj, MD
- Challenges in Dementia Care
Emily Morgan, MD

American Medical Association

Oregon Health & Science University School of Medicine designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Miscellaneous Medical Corner

UPDATE: ACMEC GRAND ROUNDS WEBEX VIEWING SAME MEETING NUMBER, NEW PASSWORD

As a reminder, ACMEC uses the WebEx platform to broadcast weekly Grand Rounds online in real time for those of you unable to join us in person. We will continue using the same meeting number for the 2019 - 2020 academic year, but have updated the password. While your login process should stay the same, online participants will need to discontinue the use of the old password and connect using the information below.

TO VIEW GRAND ROUNDS REMOTELY VIA WEBEX STARTING SEPT. 4TH:

- Go to www.webex.com.
- Select **Join** (top right corner of screen).
- Enter **Meeting Number 627635685** (no spaces), along with your name and email address.
- When prompted, enter the **Password ACMEC2019** to log in.
- Connect to **Audio** through your computer and be sure your speakers are turned on.
- If you are using a mobile device, you may want to download the WebEx App.

Contact acmec@acmec.org with any questions.

"See" you at Grand Rounds!

ST. LUKE'S BOISE MEDICAL CENTER Anderson Center Wednesdays, 8:00 - 9:00 a.m.

- 5** Modern Evaluation and Management of Pulmonary Hypertension
Mark Dodson, MD, PhD | Intermountain Health
- 12** TBD *
Speaker TBD
- 19** ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
Sudden Cardiac Death in Children
Diana Alexander, MD
- 26** FMRI Resident Talk: Refugee Care
Ali Makki, MD

* Visit www.acmec.org/calendar for schedule updates

BOISE VA MEDICAL CENTER AW Horsley Learning Center Thursdays, 8:00 - 9:00 a.m.

- 6** Paradigm Shifts in the Treatment of Common Medical Conditions
Michael Krug, MD
- 13** Oncology Potpourri
Paul Montgomery, MD
- 20** International Medicine
Peggy Doucette, DO
- 27** Antibiotic Stewardship
Sara McClain

SAVE THE DATE Upcoming Grand Rounds

April

- 1** CBD 2020: Science and Mythology
Robert Wechsler, MD, PhD
- 22** Oncology: 2019 Year in Review
Dan Zuckerman, MD

May

- 27** Strategies to Promote Physical Activity in Primary Care
Kyle Davis, PhD