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SPRING | APRIL 2016

# ACUMEN

Ada Canyon Medical Education Consortium's Monthly Newsletter



## Grand Rounds in Full Bloom

APRIL SHOWERS BRING CME FLOWERS

ACMEC is excited to welcome four out-of-town speakers for a diverse group of talks to compliment the great slate of local providers and residents scheduled for Grand Rounds this month.

On April 1st, Dr. Jonathan Tward, Associate Professor of Radiation Oncology at the University of Utah Huntsman Cancer Institute, will present **Advances in Risk Stratification, Understanding Bias, and Comparative Effectiveness for Localized Prostate Cancer**. In this talk, Dr. Tward will discuss the latest recommendations for screening and treatment of prostate cancer. Dr. Tward's talk is the third session presented in partnership with the Saint Alphonsus Cancer Center and the University of Utah Huntsman Cancer Institute.

We are also partnering with the Saint Alphonsus **Spring Symposium** on April 22nd to present **Physician Burnout** by Trinity Health's Dr. Paul Harkaway, Chief Accountable Care Development Officer, SE Michigan Region, and Gale Gartner, System Director of Physician Services. Make sure to check out the full schedule at the website below.

On April 27th, Dr. Paul Offit, Director of the Vaccine Education Center at the Children's Hospital of Philadelphia as well as Professor of Vaccinology and Pediatrics at the University of Pennsylvania Perelman School of Medicine, will be presenting **Communicating Science to the Public: The Vaccine-Autism Controversy**. In this talk, Dr. Offit will discuss the science behind the contention that the MMR vaccine causes autism, how the media described the vaccine-autism issue, and how the public came to understand it. This talk is presented in partnership with the Idaho Department of Health and Welfare Division of Public Health as part of its **Shot Smarts Week**.

To close out the month, Dr. Fredrick Abrahamian, Clinical Professor of Medicine at the UCLA David Geffen School of Medicine and Director of Education of the UCLA Emergency Medicine Residency Program, will be presenting **The Rising Tide of Gram Negative Resistant Bacteria** on April 29th. This talk is presented in partnership with Allergan.

We hope to see you at these talks!

### Upcoming Conferences

April 2, 2016

**St. Luke's Breast Care Services Spring Conference**  
For information and registration, contact Marketa Friel at [frielm@slhs.org](mailto:frielm@slhs.org).

April 2 - 3, 2016

**2016 Idaho Society of Anesthesiologists Annual Meeting**  
For information and registration, go to [www.idahosocietyofanesthesiologists.com](http://www.idahosocietyofanesthesiologists.com).

April 22, 2016

**Saint Alphonsus Spring Symposium**  
For information and registration, go to [www.saintalphonsus.org/springsymposium](http://www.saintalphonsus.org/springsymposium).

April 22 - 23, 2016

**Idaho Psychiatric Association Annual Conference: Evidence-Based Psychiatry**  
For information and registration, go to [www.idahopsychiatric.org](http://www.idahopsychiatric.org).

PH: 208.331.1478 | FAX: 208.331.1924 | WWW.ACMEC.ORG | E-MAIL: ACMEC@ACMEC.ORG

## What's Ahead • • • • • May 2016

### ST. LUKE'S BOISE MEDICAL CENTER

**4** Images of Memorable Cases: 64 Years at the Bedside  
Herb Fred, MD, MACP

**11** TBD: Shoulder Surgery Topic  
C. Scott Humphrey, MD

**18** ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS  
Developmental Dysplasia of the Hip: New Care Pathway at St. Luke's  
Kevin Shea, MD

**25** Marijuana Use in Pregnancy and Breastfeeding  
Allison Bastian, MD

### SAINT ALPHONSUS REGIONAL MEDICAL CENTER

**6** The Chest Film: A Diagnostician's Best Friend  
Herb Fred, MD, MACP

**13** Sleep and Obesity  
Lutana Haan, MHS, RRT, RPSGT

**20** FMRI Resident Talk: TBD  
Sarah Belensky, MD

**27** Gait Speed as a Vital Sign  
Kara Kuntz, MD

### UPCOMING GRAND ROUNDS

**April 1**  
**Advances in Risk Stratification, Understanding Bias, and Comparative Effectiveness for Localized Prostate Cancer**  
Jonathan Tward, MD  
Associate Professor of Radiation Oncology, University of Utah Huntsman Cancer Institute

Join us for a discussion on the latest recommendations for screening and treatment of prostate cancer.

**April 27**  
**Communicating Science to the Public: The Vaccine-Autism Controversy**  
Paul Offit, MD  
Director of the Vaccine Education Center, Children's Hospital of Philadelphia & Professor of Vaccinology and Pediatrics, University of Pennsylvania Perelman School of Medicine

Join us for a discussion on the vaccine-autism controversy, including a look at the science behind it.

For more Upcoming Grand Rounds, go to [www.acmec.org](http://www.acmec.org).

# Ada County Medical Society News

## UPCOMING ACTIVITIES

FOR ACMS MEMBERS ONLY

**New York Life Balance Series:  
March MD-ness  
April 4th  
TIME TBA | Meridian**

ACMS members are invited to join us at Big Al's in Meridian as we watch the NCAA playoffs and enjoy sports bar food, a drink or two and time with friends. Starting time to be published closer to the game. Space is limited to 30. *Hosted by New York Life.*

## SAVE THE DATE:

**Top Shelf Burger Competition  
May 14th  
5:30 - 7:30 p.m. | Meridian**

ACMS invites its members, SW Idaho Medical Society and IAFP Conference attendees and all their families to join us to eat, visit and play in Storey Park. You'll be treated to eight different gourmet burgers cooked by amateur teams before voting for the People's Choice Award.

Your attendance will help us raise funds for the ACMS's Foundation which assists with the annual Ada County high school physicals program and in developing a program to help physicians cope with their particular stressors.

## NEW MEMBERS

- Clara Riji Anil, MD
- Kelsey Babcock, PA-C
- Jeff Ball, PA-C
- Ben Bish, NP
- Lloyd Blake, MD
- Erin Carver, PA-C
- David Clements, PA-C
- Margaret Cook-Shimanek, MD
- Chelsea Dedlow, NP
- Melissa DiRocco, NP
- Kylee Dombly, NP
- Becky Elder, NP
- Pamela Fields, NP
- Wesley Flint, MD
- Tisha Fujii, DO
- Van Hoang, MD
- Kandiss Inman, NP
- Crystal Jencks, MD
- JoAnn Johnson, NP
- Shae Johnson, DO
- Kathryn Josefow, PA-C
- Darin Jurgensmeier, MD
- Carl Kapadia, MD
- Rebecca Legg, MD
- Kae Leinberger, NP
- D'Nicole Livingston, NP
- Kate Martin, NP
- Patrick McCabe, PA-C
- Susan McMullen, NP
- Lisa Mesaros, PA-C
- Harold Moore, MD
- Misty Neisen, PA-C
- Jennifer Nordquist, NP
- Jamie Page, PA-C
- Brooke Pearson, NP
- Tom Rambow, PA-C
- Michael Rich, MD
- Jared Rye, NP
- Andria Smith, MD
- Margery Soni, NP
- Ranan Spolar, NP
- Benedict Taylor, MD
- Stefani Westerberg, NP
- Heather Wilcke, NP
- Sara Wilson, MD
- James Young, PA-C

**RSVP's for all events are required.  
Information available at  
[www.adamedicalsociety.org](http://www.adamedicalsociety.org).**

Questions?  
Email [director@adamedicalsociety.org](mailto:director@adamedicalsociety.org)  
or call 208.336.2930.

## ACMEC's New Transcript System Available to Members in April

As mentioned in the December 2015 edition of *ACUMEN*, ACMEC entered into a contract with CloudCME to transition our current CME database, including member transcript credit reporting, to their platform. Over the last few months, we have been working with the CloudCME team to build out the platform to an all new personalized ACMEC portal.

To reiterate, the new CloudCME system will allow active ACMEC members to:

- Access your transcript online
- View/download certificates
- Upload/record external CME credits
- Browse calendar of events
- SMS text your attendance for select activities/series
- View/download activity presentations and materials
- Complete evaluations
- Connect via mobile app
- Update your contact information
- Reset your password

## MEMBER COMMUNICATIONS

We are excited to announce that we will be rolling out access to the new system throughout the month of April. To ensure our staff is able to assist members during this transition, current ACMEC members will receive instructions via mail on how to log in and finalize their account set up based on their hospital affiliation. All members should receive their welcome letters and have credit for the first quarter of 2016 posted to their CloudCME accounts by April 30th.

## NOTABLE CHANGES

As a reminder, in addition to providing members with more self-service tools, there are two notable changes in the new CloudCME system.

### Recording External CME Credits

A highlight of our member benefits includes the ability to have ACMEC track external CME credits, and add them to a member's transcript. This allows members to use the ACMEC *Online CME Credit Report* as their main repository for CME information, listing both ACMEC-certified activities and out-of-area meetings in one place. While in the past members needed to send ACMEC a copy of their CME certificate for an external meeting or conference, members will now be able to record these external credits themselves, upload a copy of their certificate, and have it listed on their transcript instantaneously. In the new system, these credits will be listed separately from ACMEC-certified activities to help ensure reviewers know these credits have been self-reported.

### Access to Transcript

In our current system, once login information is created, it is rarely deleted. Therefore, while credits are no longer tracked once membership has lapsed, past members have still been able to access older credit information. However, while the new system will track attendance information for both members and non-members as part of our activity management, only members with current/active memberships will be able to access the system/transcript report.

We thank you in advance for your patience during this transition and look forward to your feedback on the new system!

## Miscellaneous Medical Corner

In this section, you'll find a potpourri of miscellaneous news from the world of CME and medicine.

### HOW TO START YOUR WORKDAY

Seven tips to adopt in your morning routine which can lead to a better day: [www.aafp.org/fpm/2016/0300/p26.html](http://www.aafp.org/fpm/2016/0300/p26.html).

### PREPARATION FOR FUTURE LEARNING: A MISSING COMPETENCY IN HEALTH PROFESSIONS EDUCATION?

A look at the need to prepare providers to be adaptive learners throughout their careers: <http://onlinelibrary.wiley.com/doi/10.1111/medu.12893/full>.

### THE LINK BETWEEN INCOME INEQUALITY AND PHYSICIAN PAIN

An interesting look at the relationship between fiscal and physical pain: <https://hbr.org/2016/03/the-link-between-income-inequality-and-physical-pain>.

Learning is the only thing the mind never exhausts, never fears, and never regrets.  
- Leonardo da Vinci

# April 2016

## GRAND ROUNDS SCHEDULE

### ST. LUKE'S BOISE MEDICAL CENTER Anderson Center Wednesdays, 8:00 - 9:00 a.m.

- 6** Helping Primary Care Patients Move Forward with Motivational Interviewing  
Amy Walters, PhD
- 13** Use of Antipsychotics in the Elderly: The Good, The Bad, and The Ugly  
Abhilash Desai, MD
- 20** ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS  
Pediatric Sinusitis Guidelines  
Ingrid Lundgren, MD and Jacob Robison, MD
- 27** Communicating Science to the Public:  
The Vaccine-Autism Controversy  
Paul Offit, MD

### BOISE VA MEDICAL CENTER AW Horsley Learning Center Thursdays, 8:00 - 9:00 a.m.

- 7** TBD  
Speaker TBD
- 14** TBD  
Speaker TBD
- 21** TBD  
Speaker TBD
- 28** TBD  
Speaker TBD

Visit [www.acmec.org/calendar](http://www.acmec.org/calendar) for schedule updates

### SAINT ALPHONSUS REGIONAL MEDICAL CENTER McCleary Auditorium Fridays, 8:00 - 9:00 a.m.

- 1** Advances in Risk Stratification, Understanding Bias, and Comparative Effectiveness for Localized Prostate Cancer  
Jonathan Tward, MD
- 8** Male Birth Control  
Jaime Palmer, MD
- 15** The Art of Being a Healing Presence  
Kelsey Terland, MD
- 22** SAINT ALPHONSUS SPRING SYMPOSIUM  
Physician Burnout  
Paul Harkaway, MD and Gale Gartner, RN
- 29** The Rising Tide of Gram Negative Resistant Bacteria  
Fredrick Abrahamian, DO