



ACUMEN

The Official Newsletter of the
Ada Canyon Medical Education Consortium

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News

September 2014 News

Grand Rounds

ACMEC is pleased to kick off the 2014-2015 curriculum year with Critical Challenges with Refugee Health, presented by Clay Roscoe, M.D. and his team on September 3rd at the Anderson Center of St. Luke's Regional Medical Center. Dr. Roscoe will be joined by refugee nurse lead, Jenny Lingle, and a refugee behavioral health specialist to talk about challenges facing providers working with refugees, including commonly encountered medical diagnoses, recommendations for intake screening and behavioral health considerations.

Guest Columnists

Beginning this month, ACUMEN will feature a guest columnist providing insight on a variety of medical topics. We hope these columns will provide you with useful resources to apply in practice, generate discussion of developments in health care, and spotlight community projects. A special thanks to our first guest columnist, Dr. Nirmal Charan.

WebEx

Last June, ACMEC launched a pilot program with Saint Alphonsus to broadcast their weekly Friday morning Grand Rounds online through WebEx. This fall, we will continue to do so and will add the weekly Wednesday morning Grand Rounds at St. Luke's. We're very excited about taking this next step as we hope this will allow more of you to participate in a complimentary, convenient fashion. For login information and simple instructions for connecting, please go to our website at www.acmec.org

Father Rick Frechette

Please join us to engage in the story of a Catholic priest's journey as a doctor ministering through 25 years of Haiti's recent history. Father Rick Frechette, C.P., D.O., went to Haiti a quarter century ago on a religious mission to shelter families "broken by tragedy." In his mid-40s, he decided to become a doctor and built a modern pediatric medicine facility in Haiti. Saint Alphonsus has been supporting the work of Father Rick and Project Haiti for the past 20 years. His service has been lauded and shared in many forums around the world,

making Father Rick the 2012 Opus Award winner www.opusprize.org/winners/12_Frechette.cfm Don't miss the rare chance to visit with him in person at this ACMEC Grand Rounds event: September 19th at 8:00a.m., McCleary Auditorium, Saint Alphonsus Regional Medical Center.

The Annual John Butler Lung Conference

This year's John Butler Lung Conference will be held on Friday, September 26th, from 8:00 a.m. to 5:00 p.m., at the Boise Convention Center. Several national experts will give lectures on clinically relevant topics in pulmonary, critical care, and sleep medicine. Although this conference is provided free of charge, registration is required. Additional information and registration forms can be obtained by sending an e-mail to jblf@cableone.net or by regular mail from: John Butler Lung Foundation, 722 E. Harcourt Road, Boise, ID 83702.

WWAMI Mini Medical School in October

The 12th Annual Idaho WWAMI Mini Medical School is right around the corner. The program will offer a series of evening lectures during the month of October for the general public focused on Primary Care and Public Health. Participants can expect to hear Idaho experts discuss many aspects of primary care and public health and how it relates to their care and the care of Idaho residents.

Sessions will be held every Thursday in October from 7:00 p.m. - 9:15 p.m. at the St. Luke's Anderson Center. The cost for the series is \$30. Pre-registration is required and seating is limited, so please register early at www.stlukesonline.org/classes_and_events/boise_and_meridian or call the WWAMI office at 208-364-4544.

Upcoming Conferences

September 4 & 5, 2014: St. Luke's Pediatric Emergency Conference: Pediatric Trauma; The Hunt Lodge, McCall, Idaho. Information and online registration at regonline.com/2014PedsEDConference For questions, contact Karla Dickson at dicksonka@slhs.org

September 12 & 13, 2014: The Association of Idaho Rheumatologists Annual Sun Valley Conference: Advances for Rheumatic Diseases; Sun Valley, Idaho. Please RSVP to Susann Ingman at journalclub.susann@gmail.com

February 19-22, 2015: Ada County Medical Society Winter Clinics. For questions, contact director@adamedicalsociety.org

Regularly Scheduled Conferences

Regularly Scheduled Conferences

St Luke's Regional Medical Center

Thoracic Tumor Board - 1st & 3rd Tuesday, 7:00 a.m

Tumor Board - Tuesday, 12:00 noon

Breast Tumor Board - Thursday, 7 a.m.

Pediatric Tumor Board - 2nd & 4th Wednesday, 12 noon

G.I. Tumor Board - 3rd Thursday, 7:00 a.m., for location contact Barbara Kisseb: kisseeb@slhs.org

CHEER - 1st Thursday, 8 a.m., Anderson Center, for more information: Karla Dickson, dicksoka@slhs.org

MATCH - 4th Thursday, 8 a.m., Anderson Center, for more information: Karla Dickson, dicksoka@slhs.org

Saint Alphonsus Regional Medical Center - Boise

Tumor Board - Thursday, 12 noon

Breast Care Panel, Tuesday, 7:00 a.m.

Saint Alphonsus Regional Medical Center - Nampa

Tumor Clinic - Tuesday, 12:00 noon
Breast Care Panel, 2nd & 4th Wednesday, 7:00 a.m.

West Valley Medical Center

Tumor Board - Monday, 12:30 p.m.

ACMS Society News

MEMBERSHIP:

New Members:

Ariadne Avellino, MD, Matthew Beal, MD, Lesleigh Box, MD, Chelsea Carlson, MD, Laron Crosland, MD, Abby Davids, MD, Danielle Davies, MD, Date Defrees, MD, Catherine Doyle, MD, Tyler Harris, MD, Sarah Henkle, MD, Jenna Ingersoll, MD, Troy Johnson, MD, Brian C. Kitamura, MD, Tara Merz-Hack, MD, Lindsay Orme, MD, Maia Pinsky, MD, Michael Twomey, MD, Michael Wauters, MD, Laurisa Webster, MD, Julia Welle, MD, Kelsey Wertzler, MD

Activities:

Please register online at www.adamedicalsociety.org

September 3, 2014 – 5:30 to 8:30 p.m. - Go Wild at Zoo Boise – ACMS members and their families are invited to an after-hours event at Zoo Boise. Enjoy a BBQ dinner and CME: Zoonotic Diseases with Leslie Tengelsen, DVM.

September 27, 2014 – 8:30 a.m. to Noon – Financial Foundations Seminar with the White Coat Investor – Join James Dahle, MD and the ACMS for breakfast and learn how you can create a financial success plan that will take you from residency or early and established practice into retirement.

On The Lighter Side



What's Ahead

October 2014

- 1 Update: Perspectives on Health Care Reform, David Pate, MD, JD
- 3 High-Risk Pregnancies: Common Medical Conditions Addressed by Maternal Fetal Medicine Specialists, Jim Betoni, DO
- 8 Common Hand and Wrist Problems, Jeffrey Boyer, MD
- 10 Serotonin Syndrome: Myths and Realities, Rex Lott, PharmD
- 15 St. Luke's Children's Hospital Grand Rounds, Pediatric Neurosurgery: Pearls for Primary Care, Bruce Cherny, MD
- 17 Stop the Bleeding, Brian Reynolds, MD
- 22 TBD, Speaker TBD
- 24 Concussion Update, Jennifer Southard, MD
- 29 Medicaid Drug Use, Tami Eide, PharmD
- 31 Retina Emergencies, James Earl, MD

November 2014

- 5 Acute and Chronic Sinus Disease, Peter Killian, MD
- 7 TBD, Speaker TBD
- 12 Prolotherapy for Pain Management, Monte Moore, MD
- 14 Diabetes in Special Populations, Julie Foote, MD
- 19 St. Luke's Children's Hospital Grand Rounds - Child Predators, Amy Barton, MD
- 21 The Wet and Dry of Hyponatremia, Thomas Pintar, MD
- 26 Neuroimaging and Intervention in the Acute Stroke Patient, Anthony Giauque, MD

(Wednesday, 8:00am/St. Luke's RMC and Friday, 8:00am/Saint Alphonsus RMC)

Guest Columnist

Delivering Bad News to Patients

By Dr. Nirmal Charan

*Medical Director, Medical Education, Saint Alphonsus Regional Medical Center Professor Emeritus,
University of Washington*

Patients seek treatment for their life-threatening illnesses with hearts full of hope. Unfortunately, despite numerous advances in medicine and surgery, many diseases remain incurable. Therefore, physicians often have to deliver bad news to their patients informing them that "You have a life-threatening condition, but there is no effective treatment..." Upon hearing this devastating news, patients become aware of their impending death. Having no other alternatives in sight, some patients turn to their religious beliefs with the hope that "God will bring a miracle" and cure their disease. When patients tell their physicians that they are "hoping for a miracle", many physicians feel uncomfortable talking about miracles. Therefore, they redirect the conversation back to the patient's diagnosis and the currently available treatment. This approach gives patients an impression that physicians don't want to listen to their inner feelings and, therefore, they feel emotionally disconnected from them. This leads to breakdown in communication between physician and the patient.

To help in these situations, a team consisting of oncologists and a chaplain at John Hopkins Kimmel Cancer Center recently published a helpful tool called AMEN (Affirm, Meet, Educate, No matter what)*. The aim of

the AMEN protocol is to help physicians remain engaged with patients during discussions that involve patients' religious and other personal beliefs. The acronym AMEN reminds physicians to:

- Affirm the patient's belief: Validate his or her position: "Ms. X, I am hopeful, too."
- Meet the patient or family member where they are: "I join you in hoping (or praying) for a miracle."
- Educate patients as a medical provider: "And I want to speak to you about some medical issues."
- "No matter what happens, I will be with you every step of the way": hence assuring the patient and family that you are committed to them.

The AMEN protocol allows physicians to join with their patients and their families as fellow human beings with hopes and aspirations. It also fosters a sense of trust and commitment to medical care.

The authors recommend that if patients or their relatives say that they are hoping for a miracle, physicians should neither dismiss that idea nor start a debate about the likelihood of them having a miracle. Instead physicians could open a dialogue with them by saying "It is God's role to bring the miracle; however, my role as your physician (nurse or healthcare provider) is to discuss with you the treatment that is available to you. This will help both of us to make the correct decision regarding your medical care." This approach helps physicians to remain connected with their patients, which in turn fosters a compassionate patient-physician relationship.

Thus, AMEN is meant to give physicians a tool to affirm hope while keeping intact their role as physicians who provide accurate medical information and recommend treatment that is best for their patients.

*Cooper RS, Ferguson A, Bodutha JN, Smith TJ. AMEN in Challenging Conversations: Bridging the gaps between Faith, Hope and Medicine. Journal of Oncology Practice: 10:e191-e194, 2014

Weekly Conferences

September 2014 Conferences

Anderson Center, St. Luke's Regional Medical Center, Wednesday 8:00 a.m.

- 3 Critical Challenges with Refugee Health in Idaho, Clay Roscoe, MD
- 10 Pancreatic Cysts, Akshay Gupta, MD
- 17 St. Luke's Children's Hospital Grand Rounds - Neonatal Herpes Infections: An Update, Declan O'Riordan, MD
- 24 Urologic Oncology 2014, Stephen Brassell, MD

AW Horsley, Boise VA Medical Center, Thursday 8:00 a.m.

- 4 Topic TBD, Stephen Jones, MD
- 11 Diabetic Wounds of the Feet, Peggy Doucette, DO
- 18 Dizziness, Steven McGee, MD
- 25 Topic TBD, Ben Powers, MD

McCleary Auditorium, Saint Alphonsus Regional Medical Center, Friday 8:00 a.m.

- 5 Peripheral Neuropathies: Common Causes in Clinic and ICU Settings, Lukas Clark, MD
- 12 Pulmonary Hypertension 2014, Paula Carvalho, MD
- 19 Justice Through Medicine: At Home and in Haiti, Father Rick Frechette, DO
- 26 Medications and Sleep, Teofilo L. Lee-Chiong, Jr., MD

To view Grand Rounds remotely via WebEx:

1. Go to www.webex.com

2. Select **Join** (top right corner of screen)
3. Enter **Meeting Number 194 458 532** for Wednesday morning Grand Rounds at St. Luke's or **739 595 866** for Friday morning Grand Rounds at Saint Alphonsus, along with your name and email address.
4. Audio will come through the computer so be sure your speakers are turned on.
5. If you are using a mobile device you may want to download the WebEx App.

Should you have any questions, please contact us at acmec@acmec.org.

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