



ACUMEN

The Official Newsletter of the
Ada Canyon Medical Education Consortium

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News

September 2013 News

Buckle Up, Shut Up and Put the #%\$* Phone Down

ACMEC is pleased to kick off the 2013-2014 curriculum year with the return of Stephan Moran, M.D. to present September 4, 8:00 a.m. at the Anderson Center of St. Luke's RMC and 12:15 at Saint Alphonsus-Nampa. Dr. Moran is a thought leader on Injury Research in Automobile Safety. He is a Trauma Surgeon that has research interests in automobile safety that led to his involvement as an investigator with the Crash Injury Engineering Center (CIREN) at the University of Alabama. He is an author and speaker on trauma from auto injuries and has developed a computer model to predict head injury in automobile collisions.

WWAMI Mini Medical School in October

This year's Mini Medical School will focus on Infectious Disease. The program will offer a series of evening lectures during October for the general public focused on Infectious Diseases.

The series will discuss the pathology of infectious diseases, transmission and treatment. The presenters will cover HIV, influenza, antibiotic resistance, food borne illness, probiotic, and biological weapons of mass destruction.

The sessions will be held every Wednesday in October from 7-9:15 p.m. at Saint Alphonsus McCleary Auditorium. The cost for the course will be \$25.00. Seating is limited so please let interested parties know they need to register early. They can register on-line at <http://www.uidaho.edu/boise/wwami/mini-medical-school> or call the WWAMI office at 208-364-4544.

John Butler Lung Conference

This year's annual John Butler Lung Conference will be held September 27th at the Center on the Grove. The conference will host pulmonary experts on current clinically relevant topics. The conference will begin at 8:00 a.m. and there is no charge for attendance. Conference questions can be e-mailed to jblf@cablone.net. Registrations should be mailed, please no e-mails, to John Butler Lung Foundation, 722 E. Harcourt Road, Boise, ID 83702

Upcoming Conferences

September 20-22, 2013 Fascial Distortion Model Module 1 (Contact Dr. Brandon Isaacs - ikef15@juno.com)

February 20-23, 2014 Ada County Medical Society Winter Clinics (Contact Linda Jackson - director@adamedicalsociety.org)

Regularly Scheduled Conferences

Wednesday, 8:00 a.m. - Anderson Center

Wednesday, 12:15 p.m. - Winter Room

Friday, 8:00 a.m. - McCleary Auditorium

Other Regularly Scheduled Conferences

St Luke's RMC

Thoracic Tumor Board - 1st & 3rd Tuesday, 7:00 a.m

Tumor Board - Tuesday, 12:00 noon

Breast Tumor Board - Thursday, 7 a.m.

MSTI Pediatric Tumor Board - 2nd & 4th Wednesday, 12 noon

CHEERS (Children's Hospital Education Enrichment Review) - 1st Thursday, 8 am

Anderson Center - Ada -2; MATCH 2nd Thursday, 8 am

Saint Alphonsus RMC - Nampa

Tumor Board- Tuesday, 12 noon

West Valley Medical Center

Tumor Board - Monday, 12:30 pm

Saint Alphonsus RMC - Boise

Tumor Board - Thursday, 12 noon

Breast Care Panel, Tuesday, 7:00 am

ACMS Society News

ACMS goes to the Zoo

Go wild with the ACMS at Zoo Boise on September 18. From 6:00 p.m. to 9:00 p.m., ACMS physician members and their families will take over the zoo for an evening of fun. A light dinner will be served and CME will be offered: Wild Man, MD: Cliff notes from a wilderness doc, featuring Eric Johnson, MD.

MEMBERSHIP:

New Members:

Tracy Carter, DO

Melissa Hagman, MD

David Hulbert, MD

Alfred Lounsbury, MD

Thomas Murphy, MD

Jacob Neufeld, MD

Darren Pittard, MD

ACMS Annual Meeting and New Physicians Dinner

November 1, 2013 at the Boise Riverside Hotel

What's Ahead

October 2013

- 2 Importance of Early Diagnosis in Pancreatic Cancer, Joshua Barton, MD
- 4 Diabetes From the Perspective of a Foot & Ankle Orthopedist, Chris Hirose, MD
- 9 Sexual Assault, Ashley King, MD
- 11 TBA, Speaker TBA
- 16 St. Luke's Children's Hospital, Grand Rounds, St. Luke's Pediatric Trauma, LR "Tres" E. Scherer, MD
- 18 TBA, Speaker TBA
- 23 Eating Disorders, Julie O'Toole, MD
- 25 What is FACE: Facial Rejuvenation in Primary Care I, Mark Wigod, MD
- 30 Burkholder Lectureship, Health Disparities Solutions, Thomas LaVeist, PhD
- 30 Metabolic Syndrome, Allen Rader, MD (Saint Alphonsus-Nampa only)

November 2013

- 1 Atrial Frustration, Peter Kudenchuk, MD
- 6 Cervical Cancer Screening, Amy Cooper, MD
- 8 Electrolyte Abnormalities, Thomas Pintar, MD
- 13 Skinny on Bariatric Surgery, Robert Korn, MD
- 15 TBA, Speaker TBA
- 20 St. Luke's Children's Hospital, Grand Rounds, Laparoscopic Surgery in Children, Ellen Reynolds, MD
- 22 TBA, Speaker TBA
- 27 TBA, Speaker TBA
- 29 NO CONFERENCE

(Wednesday, 8:00am/St. Luke's RMC; Wednesday, 12:15pm/Mercy Medical Center; Friday, 8:00am/Saint Alphonsus RMC)

Mohr's Musings...

To Be a Doctor

In 2011, four years of diligence and industry culminated in my receipt of a medical doctoral degree. Most of my colleagues relished in their degrees, certain in their medical futures. Yet here I remain, nearly two years into an internal medicine residency, still uncertain as to what it means, this becoming and being a physician.

One might assume that public indoctrination into the medical professional would propagate excitement and confidence. For a freshly minted physician, however, the M.D. is a dichotomy, instilling great pride, while imparting the weight of great responsibility upon its recipient. It is a title that causes people to take you far more seriously than you ever took yourself.

I had anticipated the end of my "formal schooling" with medical school graduation but residency has made me realize more than ever before that, to be a doctor, one must choose also to be a student.

Today I write to you as a resident physician and I will sign this article with the degree behind my name, but labeling me a physician seems premature. A doctor in name only, I feel as though this title requires further

cultivation. The science of our craft is reviewed in the care of patients on daily rounds but what of its art? Do we attend to, foster, and educate students in the art of medicine?

William Osler, the esteemed father of medicine, called new physicians to be pillars of stoicism in the stormy seas of medicine; he called them to equanimity. It is a practical gift to be unperturbed by the oddities of people, to remain sanguine amid the emotional and physical demands of patient care.

I recently spoke to a group of college students about medical school and residency. Bright eyed and eager, they cheerfully asked questions about med school applications, studying for the MCAT, and finally, what had motivated me to go into medicine. I saw then the stark difference between who I once was and who, I am now. I can only hope they saw a glimpse of hope, idealism, and humor I like to think occasionally finds its way to the surface of an overwhelmingly common theme of jadedness, fatigue and wear.

Many days are long and tiring. Many days I question my motivation for choosing this path. I often feel so emotionally and physically drained that I scapegoat frustration into those I love most. Then there are days when patients seem to be helped by something I have done, and I remember by motivation.

I know that medicine can be a cruel mistress, that she will ask everything of you emotionally and physically, until, if you allow it, you are left cynical and jaded. I know that there is rarely enough time in the day to do what one must, let alone what one wants. I know that patients are at their weariest when I meet them, and that I am to surmount their frustrations in favor of cordiality. I know that families and patients need support during weary times and that it is my responsibility to be honest and maintain hope when I am able.

What would I tell that young graduate of medicine two years ago? I would tell her to maintain her altruism and her empathy, for those traits are the foundation upon which doctoring nurtures its greatest care of patients and oneself. I would tell her to always be aware of the power given to the doctor, the pedestal upon which society sets us, and to never abuse that power. I would remind her that the greatest good a physician can do for a patient is to give the correct diagnosis; and if she does not know the answer, never be ashamed to ask questions. I would remind her that she will inevitably make mistakes because she is human but to always learn from those mistakes. I would tell her not to confuse work with life, and caution her that medicine will champion all of her time if allows it. Finally, I would instill in her the deepest respect for the honored relationship that allows physicians to be privy to the lives of patients that she may find true solace in the company and healing of another human being.

Catie Mohr, MD, HO2
UNMC

(From Nebraska Medical Association Journal, July 2013)

Weekly Conferences

September 2013 Conferences

Anderson Center, St. Luke's RMC, Wednesday 8:00 a.m.

- 4 Buckle Up, Shut Up and Put the #\$\$* Phone Down, Stephan Moran, MD
- 11 Infant Hearing Loss & CMB, Tom Rand, MD, Jacob Robison, MD, Jessica Stich Hennen, AuD
- 18 St. Luke's Children's Hospital, Grand Rounds, Fetal Alcohol Syndrome, Pamela Gillen, N.D., R.N., CACIII
- 25 What is FACE? Facial Rejuvenation for Primary Care, Mark Wigod, MD

Winter Room, Saint Alphonsus RMC - Nampa, Wednesday 12:15 p.m.

- 4 Buckle Up, Shut Up and Put the #\$\$* Phone Down, Stephan Moran, MD
- 11 Youngster with Fever and Rash, Tom Rand, MD
- 18 Fetal Alcohol Syndrome, Pamela Gillen, N.D., R.N., CACIII

25 What is FACE? Facial Rejuvenation for Primary Care, Mark Wigod, MD

AW Horsley, VA Medical Center, Thursday 8:00 a.m.

5 Update in the Management of Dyslipidemia 2013, J. Antonio G. Lopez, MD

12 Geriatric Endocrinology, Richard (John) Lassere, MD

19 Update in General Inpatient Infectious Disease, Kanishka Garvin, MD

26 Topic TBA, Randall Rupper, MD

McCleary Auditorium, Saint Alphonsus RMC, Friday 8:00 a.m.

6 Metabolic Syndrome, Allen Rader, MD

13 Addiction and Pain Management, Helen Holley, PhD

20 Interventional Radiology for Oncology Patients, Matt Moore, MD

27 Chest X-Ray Cases for Primary Care, Sudhakar Pipavath, MD

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