



ACUMEN

The Official Newsletter of the
Ada Canyon Medical Education Consortium

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News

September 2012 News

Program Startup September 5th

ACMEC kicks off the 10 month curriculum on September 5th. As a reminder there are four "Grand Rounds" weekly:

- St. Luke's RMC, Wednesday, 8:00 a.m.
- Saint Alphonsus RMC-Nampa, Wednesday, 12:15 p.m.
- VA Medical Center, Thursday, 8:00 a.m.
- Saint Alphonsus RMC-Boise, Friday, 8:00 a.m.

We will try to keep a calendar for the available conferences that ACMEC accredits in both the ACUMEN Newsletter and on our website. Please call us at 331-1478 or check our website acmec.org to see the latest offerings.

ACMEC Re-Accredited

Effective July 1st, the Ada Canyon Medical Education Consortium received a four year re-accreditation. This was the most complicated accreditation to date. The Accreditation Council for Continuing Medical Education has significantly altered their requirements emphasizing Maintenance of Certification and educational outcomes. Much of the methodology for documentation is in transition with few templates to draw upon. ACMEC was deficient in 2 of 26 areas and will be correcting the deficiencies over the coming year but we are very pleased to have a four year approval.

Fourth Annual Cardio-Pulmonary Conference

On September 15-16, 2012, St. Luke's RMC will host the 4th Annual Cardio-Pulmonary Conference for the Primary Care Provider. The conference offers the expertise of our cardio and pulmonary specialists and the visiting lectureship of Ann Willkowsky, Pharm D of the University of Washington. The topics are designed to provide primary care providers a practical review of common problems. Interested individuals should contact Natalie Box at boxnat@shs.org or call 455-4038.

Upcoming Conferences

9/13/2012 Idaho Suicide Prevention: Called to Action Conference, Boise, Judy Gabert
jgabert@spanidhao.org

11/11/2012 One Day Primary Care Seminar, Jackpot, Nevada, Neva Santos idafoafp@aol.com

10/5/2012 John Butler Lung Conference, Boise, Nirmal Charan nirmal@cableone.net

Regularly Scheduled Conferences

Wednesday, 8:00 a.m. - Anderson Center

Wednesday, 12:15 p.m. - Winter Room

Friday, 8:00 a.m. - McCleary Auditorium

Other Regularly Scheduled Conferences

St Luke's RMC

Thoracic Tumor Board - 1st & 3rd Tuesday, 7:00 a.m

Tumor Board - Tuesday, 12:00 noon

Breast Tumor Board - Thursday, 7 a.m.

MSTI Pediatric Tumor Board - 2nd & 4th Wednesday, 12 noon

CHEERS (Children's Hospital Education Enrichment Review) - 1st Thursday, 8 am

Anderson Center - Ada -2; MATCH 2nd Thursday, 8 am

Saint Alphonsus RMC - Nampa

Tumor Board- Tuesday, 12 noon

West Valley Medical Center

Tumor Board - Monday, 12:30 pm

Saint Alphonsus RMC - Boise

Tumor Board - Thursday, 12 noon

Breast Care Panel, Tuesday, 7:00 am

ACMS Society News

MEMBERSHIP:

New Residents: Nina Abul-Husn, M.D.; Jessica Colwell, M.D.; Steven Harmon, D.O.; Tyler Hudon, M.D.; Adam Kipp, M.D.; Kara Kuntz, M.D.; Emily Looney, M.D.; Geoffrey Maly, M.D.; Stephanie McCullough, M.D.; Travis Moulton, D.O.; Sandy Mudge, M.D.; Crystal Pyrak, M.D.; David Russel, M.D.; Caroline Schoo, M.D.; Anne Valente, M.D.; Kathleen Wachtler, M.D.

UPCOMING EVENTS:

October 5, 2012 ACMS Annual Meeting and New Physician Dinner, Riverside Hotel, Boise

On The Lighter Side

Fun Bits of Word Play

- **ARBITRATOR:** A cook that leaves Arby's to work at McDonalds
- **AVOIDABLE:** What a bullfighter tries to do
- **BERNADETTE:** The act of torching a mortgage
- **BURGLARIZE:** What a crook sees with
- **CONTROL:** A short, ugly inmate
- **COUNTERFEITERS:** Workers who put together kitchen cabinets
- **ECLIPSE:** What an English barber does for a living
- **EYEDROPPER:** A clumsy ophthalmologist
- **HEROES:** What a guy in a boat does
- **LEFTBANK:** What the robber did when his bag was full of money
- **MISTY:** How golfers create pivots
- **PARADOX:** Two physicians
- **PARASITES:** What you see from the top of the Eiffel Tower
- **PHARMACIST:** A helper on the farm
- **POLARIZE:** What penguins see with
- **PRIMATE:** Removing your spouse from in front of the TV
- **RELIEF:** What trees do in the spring
- **RUBBERNECK:** What you do to relax your wife
- **SELFISH:** What the owner of a seafood store does
- **SUDAFED:** Brought litigation against a government official

What's Ahead

October 2012

3 Urologic Oncology 2012, Steve Brassell, MD

5 An Ethical Conundrum: The Patient You Never Forget, Peter Smith

10 CVD Risk Reduction and Lipid Mgt., Michael Shapiro, MD

12 TBA

17 St. Luke's Children's Hospital, Grand Rounds, Immune Deficiency, Troy Torgerson, MD, PhD

19 TBA

24 Burkholder Lectures in Oncology, Advances in New Drug Discovery & Development for Treatment of Cancer, Mark Pegram, MD (St. Luke's Only)

26 TBA

31 Hand Washing, J. Robert Polk, MD

November 2012

2 Palliative Care, Peter Kozisek, MD

7 Update on PSA's, Joseph Williams, MD

9 TBA

14 TBA

16 TBA

21 St. Luke's Children's Hospital, Grand Rounds, Topic TBA, Speaker TBA

23 NO CONFERENCE

(Wednesday, 8:00am/St. Luke's RMC; Wednesday, 12:15pm/Mercy Medical Center; Friday, 8:00am/Saint Alphonsus RMC)

Mohr's Musings...

Vacations

Medicine can be a harsh task master if allowed to due to its demands on our time and intellect. We seldom have time enough to do what is necessary much less what we would like. In order to find a balance and prevent burnout it's important to spend time away and pursue other interests. Some find solace in exotic vacations in foreign countries others hunt, fish, ski, surf or camp. Some merely stay home and read.

Only someone married to a Nebraska farm girl would vacation in rural Nebraska. For 30+ years we have made the trek through Wyoming to work and play on the farm. The drive is daunting, about 18 hours and only the foolish or brave attempt it in winter. Next to Boise State blue and orange, Nebraska red runs deep in our family.

I've become adept at running and maintaining tractors, chain saws and brush hogs. The physical labor is tiring but rewarding. Sitting on the west facing deck at sundown watching the wildlife and the corn growing is relaxing. Life seems slower in a nearby town of 6,000. You pump your own gas and then pay.

After the physical demands of a working vacation on the farm I can always look forward to the mental challenges of medicine with more equanimity. Each of us needs to find our own balance to keep our passion for medicine. Find yours because it will serve you and your patients well.

John J. Mohr, M.D.

Weekly Conferences

September 2012 Conferences

Anderson Center, St. Luke's RMC, Wednesday 8:00 a.m.

- 5 Slowing Sarcopenia, Hope Barkoukis, PhD, RD, LD
- 12 Seizure Emergencies, Robert Wechsler, MD
- 19 St. Luke's Children's Hospital, Grand Rounds, Pediatric Transplant Program at Lucille Packard Children's Hospital
- 26 Medical Marijuana, Roger Hefflinger, Pharm D

Winter Room, Saint Alphonsus RMC - Nampa, Wednesday 12:15 p.m.

- 5 Slowing Sarcopenia, Hope Barkoukis, PhD, RD, LD
- 12 Seizure Emergencies, Robert Wechsler, MD
- 19 Ultralight Histology Medical Discovery & Findings, Thomas Donndelinger, MD
- 26 Medical Marijuana, Roger Hefflinger, Pharm D

AW Horsley, VA Medical Center, Thursday 8:00 a.m.

- 6 TBA
- 13 TBA
- 20 TBA
- 27 TBA

McCleary Auditorium, Saint Alphonsus RMC, Friday 8:00 a.m.

- 7 Diabetic Foot Fracturing, Christopher Hirose, MD
- 14 Update on PSA, Joe Williams, MD

21 Red Flags in the Spine, Timothy Floyd, MD

28 Celiac Disease, Ashley Davis, MD

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