



# ACUMEN

The Official Newsletter of the  
Ada Canyon Medical Education Consortium

- [News](#)
- [Seminars](#)
- [ACMS Society News](#)
- [On The Lighter Side](#)
- [What's Ahead](#)
- [Mohr's Musings](#)
- [Weekly Conferences](#)
- [Past Issues of the ACUMEN Newsletter](#)
- [Return to the ACMEC Home Page](#)

## News

### June 2012 News

#### Don Bich Retiring

After eight years as Executive Director of the Ada County Medical Society Don Bich has announced his retirement. Don plans to retire in August. A search committee to find a new director will be headed by Dr. Bertram Stemmler, the current president for ACMS. If you are aware of a potential candidate for this position please send resumes to [director@adamedicalsociety.org](mailto:director@adamedicalsociety.org).

Don has been a trusted colleague and will be greatly missed.

#### ACMEC Up for Re-accreditation

In June ACMEC will be reviewed for re-accreditation as a provider of Category I CME. Every four years ACMEC must prove that it is meeting the guidelines and standards set forth by the American Council for Continuing Medical Education. Most of you are aware of the increased compliance issues that have challenged all CME providers in recent years. This re-application can be measured in inches, the 2008 application was 1.25" thick. The 2012 application is 3.25" thick. I wonder if CME is 2" better than in 2008. Wish us luck!

#### IMA July Conference

ACMEC has assisted the IMA with their Scientific Session to be held on July 28th in Sun Valley. The five hour session will include presentations by Suzanne Allen, MD, Dean of WWAMI, David Bach, MD, Professor of Medicine at the University of Michigan, Department of Cardiology and Bill Morgan, MD, Medical Director of Trauma Services at Saint Alphonsus RMC. The topics include "The Evidence for Treating Aortic Stenosis", "The Status of Medical Education in Idaho" and an "Update on Trauma Services". We hope to see you there.

#### Summer Hiatus

There will be no ACMEC conferences in July and August. We will start back up on Wednesday, September 5th.

## Upcoming Conferences

7/27-29/2012 Idaho Medical Association Annual Meeting, Erin Trimble [erin@idmed.org](mailto:erin@idmed.org) Sun Valley

## Regularly Scheduled Conferences

**Wednesday, 8:00 a.m. - Anderson Center**

**Wednesday, 12:15 p.m. - Winter Room**

**Friday, 8:00 a.m. - McCleary Auditorium**

### Other Regularly Scheduled Conferences

#### St Luke's RMC

Thoracic Tumor Board - 1st & 3rd Tuesday, 7:00 a.m

Tumor Board - Tuesday, 12:00 noon

Breast Tumor Board - Thursday, 7 a.m.

MSTI Pediatric Tumor Board - 2nd & 4th Wednesday, 12 noon

CHEERS (Children's Hospital Education Enrichment Review) - 1st Thursday, 8 am

Anderson Center - Ada -2; MATCH 2nd Thursday, 8 am

#### Saint Alphonsus RMC - Nampa

Tumor Board- Tuesday, 12 noon

#### West Valley Medical Center

Tumor Board - Monday, 12:30 pm

#### Saint Alphonsus RMC - Boise

Tumor Board - Thursday, 12 noon

Breast Care Panel, Tuesday, 7:00 am

## ACMS Society News

### MEMBERSHIP:

New members this month: Steven Brown, M.D.; Cary Harding, M.D.

### UPCOMING EVENTS:

**June 7, 2012** High School Sports Physicals, BSU Caven-Williams Sports Complex, If you would like to volunteer email [director@adamedicalsociety.org](mailto:director@adamedicalsociety.org)

**July 27-29, 2012** IMA Annual Meeting and Delegate Assembly, Sun Valley Resort

**October 5, 2012** ACMS Annual Meeting, Riverside Hotel-Boise

## On The Lighter Side

### Family Tree of Vincent Van Gogh

- His dizzy aunt --- Verti Gogh

- The brother who ate prunes --- Gotta Gogh
- The brother who worked at a convenience store --- Stop N Gogh
- The grandfather from Yugoslavia ---- U Gogh
- His magician uncle --- Where-diddy Gogh
- His Mexican cousin --- A Mee Gogh
- The Mexican's cousin's American half-brother --- Gring Gogh
- The nephew who drove a stage coach --- Wells-far Gogh
- The constipated uncle --- Can't Gogh
- The ballroom dancing aunt --- Tang Gogh
- An aunt who taught positive thinking --- Way-to Gogh
- The little bouncy nephew --- Poe Gogh
- A sister who loved disco --- Go Gogh
- And his niece who travels the country in an RV --- Winnie Bay Gogh

I saw you smiling-----there ya Gogh

## What's Ahead

### July 2012

SUMMER SCHEDULE  
NO CONFERENCES

### August 2012

SUMMER SCHEDULE  
NO CONFERENCES

(Wednesday, 8:00am/St. Luke's RMC; Wednesday, 12:15pm/Mercy Medical Center; Friday, 8:00am/Saint Alphonsus RMC)

## Mohr's Musings...

### My First Year as a Doctor

I recently reread the article that I wrote right after graduation just one year ago; so full of anxiety and idealism. I am nearing the end of my first year of residency and some things haven't changed: I'm still anxious.

The year consisted of 6 months of wards and one month each of ER, outpatient, infectious disease, endocrinology, ICU, and geriatrics. I will never forget that first day: coming into a post-call wards team with twelve brand new patients to see. I arrived at the hospital with ample time, six hours before rounds, promptly found the nearest restroom, and vomited. I recall shaking during rounds, my head a jumbled mess of lab values, diagnoses, and nerves. I couldn't keep anything straight. Both my attending and my supervising resident were patient and kind and within a week, I had grown accustomed to my hospital legs.

Surviving the first day of any new rotation is, in itself, a small feat. Patient handoffs and learning an entire new census make my stomach churn. The wards months are challenging due to the numerous medical and social problems comprising our complicated patient population, many of them transplant and immunosuppressed individuals. Consult months hold the special challenge of very large patient censuses all month long, as many as 40 patients on a given service, and the rapid turnover means multiple consult H&P's a day.

I tremendously enjoyed my outpatient month, not only for the hours, but also for the patient population. My own outpatient continuity clinic is a difficult population, mostly uninsured, noncompliant people, many of whom are drug seeking. I quickly became schooled in the world of DEA numbers and narcotics. This once idealistic girl who trusted everyone is perhaps now a bit too much of a skeptic.

My most difficult month so far was infectious disease. With as many as ten consults a day and 23 patients on the service, I have never put the work hour restrictions to the test as much as I did that month. Learning was abundant, but sleep was lacking. The ACGME restricts interns to working only 16 hours at a time, so I could not take overnight call. As pleasant as this may sound, it concerns me for the coming year when I will be lacking nearly 600 hours of potentially lost clinical experience.

Second year begins in July and so do 28 hour shifts and overnights alone. Residency is grueling. I have never felt so mentally or physically fatigued. Uncertainty is the most difficult thing to reconcile: did I remember to discontinue that? Did I increase this? Was that the correct dose? Did I interpret that lab correctly? The paperwork is unceasing. Adapting to a new medical record system is slow and tedious, but should ultimately be a good change. A staff physician told me on a particularly difficult day to never forget that "residency isn't reality." It won't always be like this. I look forward to the day when it is not.

Catie Mohr, MD, HO-1  
Internal Medicine

## Weekly Conferences

### June 2012 Conferences

#### **Anderson Center, St. Luke's RMC, Wednesday 8:00 a.m.**

- 6 Epilepsy Therapeutics Update, Robert Wechsler, MD
- 13 Weight Loss Strategies in the Primary Care Setting, Sarah Gerrish, MD
- 20 St. Luke's Children's Hospital, Grand Rounds, Fever in the Returned Traveler, Ingrid Lundgren, MD
- 27 Case Presentations in Prescription Monitoring, Fred Collings, Chief Investigator, Board of Pharmacy

#### **Winter Room, Saint Alphonsus RMC - Nampa, Wednesday 12:15 p.m.**

- 6 Epilepsy Therapeutics Update, Robert Wechsler, MD
- 13 Weight Loss Strategies in the Primary Care Setting, Sarah Gerrish, MD (Video)
- 20 Fever in the Returned Traveler, Ingrid Lundgren, MD
- 27 Case Presentations in Prescription Monitoring, Fred Collings, Chief Investigator, Board of Pharmacy

#### **AW Horsley, VA Medical Center, Thursday 8:00 a.m.**

- 7 Curriculum of Inquiry #3, Speaker TBA
- b Use of Corticosteroids in ID, Steven McGee, MD
- 21 Topic TBA, Gregory Gardner, MD
- 28 TBA

#### **McCleary Auditorium, Saint Alphonsus RMC, Friday 8:00 a.m.**

- 1 Cardiac Case Presentations, Steven Writer, MD
- 8 Periodontal Disease for the Primary Care Physician, Amy Drumm, MD
- 15 Critical Care Case Conference, Speaker TBA
- 22 Chronic Daily Migraine, Erin Swenson, MD
- 29 NO CONFERENCE

[Return to the top of the ACUMEN Newsletter](#) or [Return to the ACMEC Home Page](#)