



ACUMEN

The Official Newsletter of the
Ada Canyon Medical Education Consortium

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News

February 2015 News

ACMS Winter Clinics

Whether you come primarily for the CME's, the skiing at Brundage Mountain or the view of frozen Payette Lake, all are welcome to join us at the 56th annual ACMS Winter Clinics. More than 115 physicians and their families have made it a tradition to get away from work, and enjoy fellowship and learning with their colleagues from a wide range of specialties and generations. AMA's past president, Dr. Jeremy Lazarus, and Boise's very own Dr. Ted Epperly will address the continuing transformation of health care to kick off the weekend. Early bird registration pricing ends February 11th and hotels are filling up quickly. Visit <http://www.acmswinterclinics.com/> for more information.

Upcoming Grand Rounds

On February 25, please join us for the **Burkholder Lectureship in Oncology** featuring Dr. Brian Druker of the Oregon Health & Science University (OHSU). At OHSU, Dr. Druker serves as the Director of the Knight Cancer Institute, Associate Dean for Oncology at the School of Medicine, JELD-WEN Chair of Leukemia Research, and Investigator of the Howard Hughes Medical Institute. His talk is titled **Imatinib as a Paradigm of Targeted Cancer Therapies**. Special thanks to the St. Luke's Mountain States Tumor Institute for their coordination of this talk.

On February 27, Dr. Hillary Liss, Medical Program Director for the Northwest AIDS Education and Training Center and educator for the Seattle STD Prevention Training Center, will present **Sexually Transmitted Infections Update**. Special thanks to the Northwest AIDS Education and Training Center - Idaho for their support for this talk.

Grand Rounds on Adult Immunization Offers CME and 20 Practice Assessment MOC Points

The national American College of Physicians is partnering with the ACP Idaho Chapter, ACMEC, and St. Luke's Idaho Health System to support a breakfast Grand Rounds on March 4, 2015 at St. Luke's Boise Medical Center - Anderson Center from 8:00 - 9:00 AM. The title of the symposium is, "I Raise the Rates: The Why and the How to Increase Adult Immunizations." National expert, Dr. Robert Hopkins will provide

an update on recommended adult immunizations and discuss strategies for patient education and outreach within your practices. The program is approved by ABIM for 20 MOC practice assessment (part IV) points. In addition, participants will gain CME and access to a host of online tools and expert support for implementing immunizations into your practice. This program was made possible by resources from a cooperative agreement from the Centers for Disease Control and Prevention.

For more information go to http://www.acponline.org/about_acp/chapters/id/. To register by February 20, 2015, go to https://www.surveymonkey.com/s/ACPID_March4.

Upcoming Conferences

February 6, 2015: 25th Annual St. Luke's Heart and Vascular Symposium

Information and online registration at http://www.stlukesonline.org/classes_and_events/for_medical_professionals/boise_and_meridian/heart_symposium.php.

For questions, email lambrechr@slhs.org.

February 19-20, 2015: Idaho Perinatal Project 2015 Winter Conference

Information and online registration at <http://www.idahoperinatal.org/conference-2015.php>.

For questions, email jacobssa@slhs.org.

February 19-22, 2015: Ada County Medical Society Winter Clinics

Information and online registration at <http://www.acmswinterclinics.com/>.

For questions, email director@adamedicalsociety.org.

March 13-14, 2015: ALSO®: Advanced Life Support in Obstetrics

For questions and registration, please contact Mary Ball at mary.ball@fmidaho.org or 208-954-8743.

April 17, 2015: Saint Alphonsus Spring Education Symposium

For questions, email philipka@sarmc.org.

Regularly Scheduled Conferences

St. Luke's Boise Medical Center

Breast Tumor Board

Tuesday, 7:00 a.m.

General Tumor Board

Tuesday, 12 noon

G.I. Tumor Board

2nd Thursday, 7:00 a.m.

Pediatric Tumor Board

2nd & 4th Wednesday, 12 noon

Thoracic Tumor Board

1st & 3rd Thursday, 7:00 a.m.

For tumor board information, contact Barbara Kisse: kisseeb@slhs.org

Children's Pediatric Professional Education

2nd & 4th Thursday, 8:00 a.m., Anderson Center

January 8, 2015

Vermont Oxford Data, Scott Snyder, MD

January 22, 2015

Pediatric Cardiology, Robert Adams, MD

For more information, contact Karla Dickson: dicksoka@slhs.org

Saint Alphonsus Regional Medical Center

Tumor Board

Tuesday, 12 noon

For more information, contact Heather Jones: heatjone@sarmc.org

Breast Care Panel

Tuesday, 7:00 a.m.

For more information, contact Jayne Freeman: jaynfree@sarmc.org

Saint Alphonsus Medical Center - Nampa

Tumor Board

Tuesday, 12 noon

Breast Care Panel

Tuesday, 7:00 a.m.

For more information, contact Patty Davis: patricia.davis@trinity-health.org

West Valley Medical Center

Tumor Board

Monday, 12:30 p.m.

ACMS Society News

New Members:

Shashi Ajmani, MD	Katie Fisher, PA-C	Shannon Morrill, PA-C
Tricia Beveridge, NP	Laurel Fiske, NP	Sara Patterson, NP
Gregory Bross, MD	Autumn Freeland, PA-C	Molly Piccono, PA-C
Thornton Bryan, MD	Fred Friel, PA-C	Karen Porth, MD
Heather Carew, MD	Kathryn Fuhrman, PA-C	Matthew Renner, MD
Karen Cartwright, MD	Carolyn Green, PA-C	Darryl Rodrigues, MD
Nirmal Charan, MD	Jessica Hadfield, NP	Amanda Schwartz, PA-C
Mitzi Cieslak, NP	C. Thomas Haytmanek, MD	Tamara Simon, MD
Julie Clark, PA-C	Sarah Hollopeter, MD	Craig Smith, MD
Katherine Coate, NP	Joshua Holweger, MD	Lisa Taylor, MD
Matthew Divietro, DO	Mallori Hooker, NP	Nathan Thompson, PA-C
Barbara Doherty, NP	Jacob Jones, DO	Margot Vloka, MD
Amanda Draper, NP	Elizabeth Kleweno, MD	Derrel Walker, MD
Amy English-Burt, NP	Khoa Luong, MD	Michael Wheaton, MD
Tyrell Erlebach, PA-C	David Macias, MD	Victoria Wilding, MD
Linsey Etherington, MD	Cory Martin, PA-C	Stephen Williamson, PA-C

February 19-22, 2015: Winter Clinics at Shore Lodge in McCall

Information and online registration at <http://www.acmswinterclinics.com/>.

April 23, 2015, 6:00 - 9 p.m.: WhiteCoat Investor Seminar

Riverside Hotel, Garden City

June 4, 2015 (Tentative): Annual High School Physicals Event

What's Ahead

March 2015

4 I Raise the Rates: The Why and the How to Increase Adult Immunizations

Robert H. Hopkins, Jr., MD

6 Fall Prevention in the Elderly

Kara Kntz, MD

11 Just a Gallbladder: What to Do When Upper Right Quadrant Pain Isn't So Simple

Joshua Barton, MD

13 Health Care Reform Implementation

Steven Brown, MD

18 St. Luke's Children's Hospital Grand Rounds: Chronic Cough in Children

Benjamin Tippets, MD

20 Update on Adult Immunizations

Crystal Pyrak, MD

25 Strategies for Managing Patients with VTE

Ann Wittkowsky, PharmD

27 Insomnia Through the Ages: A Clinical Approach

Kathleen Wachtler, MD

April 2015

1 FMRI Resident Talk: Topic TBD

Stephanie McCullough, MD

3 Reconstructive and Trauma Plastic Surgery

Linsey Etherington, MD

8 Jeppesen Lecture in Urology

Mark Moyad, MD, MPH

10 FMRI Resident Talk: Topic TBD

Sandy Mudge, MD

15 St. Luke's Children's Hospital Grand Rounds: Evaluation and Treatment of Patients with Joint Hypermobility

Patrick Knibbe, MD & Michelle Hicks, NP

17 Saint Alphonsus Regional Medical Center

Spring Symposium

22 TBD

Speaker TBD

24 Healthy Strategies for Helping Kids Eat Well-Tips & Tools from the Trenches

Jill Castle, RD

29 Clinical Management of Common Lipid Disorders

Johannes Veldhuis, MD

Wednesday, 8:00 a.m.: St. Luke's RMC | Friday, 8:00 a.m.: Saint Alphonsus RMC

Guest Columnist

What Our Patients Want

By James Souza, MD
Vice President, Medical Affairs, St. Luke's Treasure Valley Region

In the drive to transform healthcare, we can forget the roots of our profession. We can be so focused on improvements in standardization, documentation, efficiency, and quality that we occasionally need to be reminded of why we are all here—for the benefit of the patients we serve. The origin of the word hospital derives from the Latin noun *hospitium*, denoting the "provision of care, comfort, and shelter to strangers." While the hospitality industry is now synonymous with lodging, theme parks, and cruise ships, hospitals (and healthcare) are actually the original hospitality industry. Hippocrates expanded on *hospitium*, making it portable in the Hippocratic Oath when he said, "Whatsoever house I may enter, my visit shall be for the convenience and advantage of the patient."

So if our work is to be focused on our patients' "convenience and advantage," what do our patients want and need? There is much literature on this topic. Clearly, patients prioritize getting better as the top priority. Safety is also an increasing concern for patients. So our increasing focus on quality, safety, and outcomes in healthcare is certainly well-placed. Having said that, right on the heels of "Heal me," and, "Don't hurt me," we hear from patients, "Listen to me," "Explain things to me," "Be nice to me," "Give me your attention," "Care about me," and "Ask me what matters to me." There is a common theme here. Our patients want and need our communication with them to be as excellent as the care we provide. In fact, in their eyes the two are inseparable and all part of the same thing: care (quality), shelter (safety), and comfort (communication). In a word, *hospitium*.

It is truly important to remember these softer needs of our patients when we think about transforming healthcare. These needs are the main reason why healthcare will never be subject to the same laws of supply and demand as other commodities. There is something more intimate than supply and demand at the root of healthcare—a relationship between a person in need and a provider of care. And that relationship, in turn, is founded on good communication. We physicians have called this "bedside manner." Physicians who are best at this introduce themselves, sit down, make eye contact, actively listen, use occasional reassuring touch, and always treat other members of the care team with respect. They set the tone.

And as it turns out, this is not just "soft stuff." Increasingly, quality outcomes are associated with physician communication styles. These more positive outcomes have been seen in the clinic with chronic disease management (hypertension and diabetes) as well as the hospital (length of stay, complications and even mortality). So as we continue our drive to improve healthcare value for our patients, let's remember that like the roots of the word "hospital," our professional roots are grounded in great relationships and great communication with our patients and the other people on the care team. It's not about us. It's about the patient.

Weekly Conferences

February 2015

St. Luke's Boise Medical Center, Anderson Center, Wednesday 8:00 a.m.

4 Epilepsy Update

Robert Wechsler, MD, PhD

11 Recent Articles That Have Changed My Practice of Inpatient Medicine

Moe Hagman, MD

18 St. Luke's Children's Hospital Grand Rounds: Abnormalities of Puberty: Delayed Adolescence & Sexual Precocity

Lisa Taylor, MD

25 Burkholder Lectureship in Oncology: Imatinib as a Paradigm of Targeted Cancer Therapies

Brian Druker, MD

Boise VA Medical Center, AW Horsley Learning Center, Thursday 8:00 a.m.

5 VA Opioid Safety Initiative

Drs. Rowley, Koenig, and Newberry

12 TBD

Speaker TBD

19 Portland VAMC Liver Transplant Specialist - TBD

Janice Jou, MD

26 Dermatology Emergencies

Jason Hawkes, MD

Saint Alphonsus Regional Medical Center, McCleary Auditorium, Friday 8:00 a.m.

6 Doc, My Brain Hurts: A Review of Migraine and Other Headache Disorders

Jackie Whitesell, MD

13 How to Improve Adherence to Treatment Plans

Adam Kip, MD, MPH

20 NO CONFERENCE

27 Sexually Transmitted Infections Update

Hillary Liss, MD

To view Grand Rounds remotely via WebEx:

1. Go to www.webex.com
2. Select **Join** (top right corner of screen)
3. Enter **Meeting Number 194 458 532** for Wednesday morning Grand Rounds at St. Luke's or **733 632 463** for Friday morning Grand Rounds at Saint Alphonsus, along with your name and email address.
4. Audio will come through the computer so be sure your speakers are turned on.
5. If you are using a mobile device you may want to download the WebEx App.

Should you have any questions, please contact us at acmec@acmec.org.

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