



ACUMEN

The Official Newsletter of the
Ada Canyon Medical Education Consortium

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News

February 2013 News

54th Annual Winter Clinics

On February 21-24, 2013 the Ada County Medical Society and ACMEC will host the 54th Annual Winter Clinics. Of the 12 CME hours offered this year half will be dedicated to legal issues every clinician faces in the practice of medicine. Representatives from the Board of Medicine, Board of Pharmacy and a malpractice defense attorney will be on hand to present and discuss. The remainder of the agenda focuses on current primary care subjects.

Please check out the agenda at the ACMS website and register through Linda Jackson at 208-336-2930 or ACMEC through Marie Chester at 208-331-1478.

Commercial Support at 20%

Accreditation Council for Continuing Medical Education accredited CME providers appear to have had a tough year in 2011, according to the recently released ACCME Annual Report Data 2011. While a change in the reporting requirements makes it difficult to compare numbers year over year, it seems that the trend for commercial support, which hit its peak of more than \$1 billion in 2007 and has been falling since, has now declined to \$736 million.

Total income, which had been holding its own due to increases in exhibit fees advertising, registration, and allocations from parent organizations, also appeared to take a hit in 2011. While advertising and exhibit income crept up 4% and the "other income" category was up 7%, it wasn't enough to keep total income from sliding 1%.

The 2011 data shows that 79% of CME activities attended by 80% of physician participants and 75% of non-physician participants were not commercially supported. Twenty percent of activities produced by ACCME accredited providers are commercially supported and about 60% of all accredited providers accept commercial support; the other 40% do not accept support from commercial interests. The sheer size of the combined ACCME accredited and state accredited CME enterprise includes a million hours of instruction and more than 130,000 individual activities.

Through extrapolation 800,000 hours of instruction had no commercial support. That is a significant turn around

Upcoming Conferences

2/21-24/2013 ACMS Winter Clinics, McCall
Contact: Linda Jackson director@adamedicalsociety.org

5/17-19/2013 IAFP Conference, Boise
Contact: Neva Santos idahoafp@aol.com

7/26-28/2013 IMA Annual Meeting, Sun Valley
Contact: Erin Trimble erin@idmed.org

Regularly Scheduled Conferences

Wednesday, 8:00 a.m. - Anderson Center
Wednesday, 12:15 p.m. - Winter Room
Friday, 8:00 a.m. - McCleary Auditorium

Other Regularly Scheduled Conferences

St Luke's RMC

Thoracic Tumor Board - 1st & 3rd Tuesday, 7:00 a.m
Tumor Board - Tuesday, 12:00 noon
Breast Tumor Board - Thursday, 7 a.m.
MSTI Pediatric Tumor Board - 2nd & 4th Wednesday, 12 noon
CHEERS (Children's Hospital Education Enrichment Review) - 1st Thursday, 8 am
Anderson Center - Ada -2; MATCH 2nd Thursday, 8 am

Saint Alphonsus RMC - Nampa

Tumor Board- Tuesday, 12 noon

West Valley Medical Center

Tumor Board - Monday, 12:30 pm

Saint Alphonsus RMC - Boise

Tumor Board - Thursday, 12 noon
Breast Care Panel, Tuesday, 7:00 am

ACMS Society News

MEMBERSHIP:

New Members: Erik Rich, MD, Internal Medicine; Peter Killian, MD, Otolaryngology; Tracy Kopperud, DO, OB/GYN; Janeen Richins, MD, Pediatric Anesthesiology; Amy Kirk, MD, Neonatal-Perinatal Medicine; Taylor Bioettiger, MD, Internal Medicine; Peter Cliften, MD, Internal Medicine; Marjorie Mathis, DO, Internal Medicine; Megan McCarren, MD, Internal Medicine; Ben Powers, MD, Internal Medicine; James Schrader, DO, Internal Medicine; Alexis Shanahan, MD, Internal Medicine; Tracy Tran, DO, Hospitalist; Doug Wimer, MD, Family Medicine; Lindsay Winans, MD, Internal Medicine; Mark Young, MD, Internal

UPCOMING EVENTS:

February 21-24, 2013 - ACMS Winter Clinics, McCall, Contact: Linda Jackson - director@adamedicalsociety.org

On The Lighter Side

How do you decide who to marry? (Written by kids)

- You got to find somebody who likes the same stuff. Like if you like sports, she should like it that you like sports and she should keep the chips and dip coming.
- No person really decides before they grow up who they're going to marry. God decides it all way before and you get to find out later who you're stuck with.
- What is the right age to get married? Twenty-three is the best age because you know the person forever by then.
- How can a stranger tell if two people are married? You might have to guess based on whether they seem to be yelling at the same kids.
- What do you think your mom and dad have in common? Both don't want any more kids.
- What do most people do on a date? Dates are for having fun and people should use them to get to know each other. Even boys have something to say if you listen long enough.
- When is it ok to kiss someone? When they're rich.
- How would you make a marriage work? Tell your wife she looks pretty even if she looks like a dump truck.

What's Ahead

March 2013

- 6 Management of Stones, Jeremy Myer, MD
- 8 Eye Complaints in Primary Care, Krystal Plotts, MD
- 13 St. Luke's Children's Hospital Grand Rounds, Pediatric Urology, Michele Ebbers, MD
- 15 Stroke Management, James Torres, MD
- 20 The Practice of Medicine 2013, Steve Weinberger, MD
- 22 Topic TBA, Speaker TBA
- 27 Update on PCOS, Micahlyn Powers, MD
- 29 Circumcision, Andrea Esplin, MD

April 2013

- 3 Male Infertility, Robert Jackson, MD
- 5 Topic TBA, Speaker TBA
- 10 Hepatitis B & C in Pregnancy, Penny Beach, MD
- 12 Topic TBA, Speaker TBA
- 17 St. Luke's Children's Hospital Grand Rounds, Topic & Speaker TBA
- 19 Sexual Assault, Ashley King, MD
- 24 The Medical Competency Evaluation: A DYI Guide, Wendy Grace, MD
- 26 Topic TBA, Speaker TBA

(Wednesday, 8:00am/St. Luke's RMC; Wednesday, 12:15pm/Mercy Medical Center; Friday, 8:00am/Saint Alphonsus RMC)

Epidural Steroid Injections for Sciatica

The recent outbreak of fungal meningitis following epidural steroid injections has dampened the enthusiasm for this procedure. The use of these injections has increased in recent years despite their lack of good studies to justify the practice. Now a recent meta-analysis of 23 randomized trials in over 2000 patients compared the steroid injections with placebo. There was a small benefit in the short term (between two weeks and three months) regarding leg pain and disability, but beyond 12 months there was no significant differences between the groups. Given the risks associated with this procedure clinicians should be wary recommending it unless clear indications exist. (Journal Watch Jan 2013; Vol 33, Issue 1)

Cephalosporins for Patients with Presumed Penicillin Allergy

All penicillins and cephalosporins have a beta-lactam ring in common but cross reactions are thought to be due to similarities to their side chains. Patients who have had a history of a severe reaction to penicillin i.e. angioedema, bronchospasm or anaphylaxis should be treated with a non-beta-lactam antibiotic or referred for skin testing if they need a penicillin. When these patients are excluded the rate of reactions to cephalosporins in patients with a history of penicillin allergy is only about 0.1%. If the reaction has been to amoxicillin clinicians should choose a cephalosporin with a different side chain. Any third or fourth generation cephalosporin appears to have a very low risk in these patients. (The Medical Letter 2012 Dec; Vol 54, Issue 1406)

Screening for Colon Cancer

Fecal immunochemical testing (FIT) might prove to be more accurate than guaiac-based fecal occult blood testing in screening for colon cancer. A recent study in the American Journal of Gastroenterology showed that of those who were FIT negative, 90% would avoid colonoscopy. This study is under way now in several Veterans Administration hospitals comparing FIT with colonoscopy to see if it is as accurate or is more cost effective. Even though this Dutch study of over 1200 patients identified seven of the eight patients with colon cancer picked up by colonoscopy an accompanying editorialist points out that 30% of colorectal cancer arrives through a genetic pathway from sessile serrated polyps and not the traditional adenomas. These are typically do not bleed, hence he feels that fecal DNA testing in the future would probably be the more accurate way to detect these cancers. (Am J Gastroenterol 2012 Nov; 107:1702)

Electronic Health Records

Electronic health records have lead to greater access to records by patients and most patients like having these records available. An interesting recent study though in JAMA of 4400 members of a medical group in Denver were compared with 4400 patients who did not sign up to access their medical records. It turned out that users who had access to the records had on an average 0.7 more office visits and made 0.3 more telephone calls than did non-users. Whether or not these services translate to improved outcomes could not be assessed in this study but it is far from clear if providing medical records to patients results in higher quality at lower costs. (Ann Intern Med 2012 Oct 2; 157:461)

John J. Mohr, M.D.

Weekly Conferences

February 2013 Conferences

Anderson Center, St. Luke's RMC, Wednesday 8:00 a.m.

6 Celiac Disease, Ashley Davis, MD
13 Challenging the Lipid Hypothesis, James Field, MD
20 St. Luke's Children's Hospital Grand Rounds, Pediatric Allergy Update, John Jeppson, MD
27 Genital Dermatology, Sue Szabo, PA-C

Winter Room, Saint Alphonsus RMC - Nampa, Wednesday 12:15 p.m.

6 Celiac Disease, Ashley Davis, MD
13 Challenging the Lipid Hypothesis, James Field, MD
20 Pediatric Allergy Update, John Jeppson, MD
27 Genital Dermatology, Sue Szabo, PA-C

AW Horsley, VA Medical Center, Thursday 8:00 a.m.

7 Celiac Disease, Ashley Davis, MD
14 Topic TBA, Speaker TBA
21 Perioperative Cardiac Risk Reduction, Art Wallace, MD
28 Teaching in Medicine, Rick Arnold, MD

McCleary Auditorium, Saint Alphonsus RMC, Friday 8:00 a.m.

1 Critical Care Case Conference, Ann Hansen, MD
8 Evaluating Dementia, John Boice, MD
15 Managing Lipids in Children, Martha Wilson, MD
22 NO CONFERENCE

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