



# ACUMEN

The Official Newsletter of the  
Ada Canyon Medical Education Consortium

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## News

### December 2014 News

#### 2014 CME Needs Assessment Survey

During the month of December, ACMEC will be conducting its annual Needs Assessment Survey. The results of the survey will provide ACMEC with an overview of CME participation and learning needs to help shape the 2015-2016 Grand Rounds schedule and inform future strategic initiatives. Your feedback is invaluable, so we encourage all providers to participate!

To complete the online survey, please go to <https://www.surveymonkey.com/s/3PK8L53> by December 31st. General feedback is also always welcomed at [acmec@acmec.org](mailto:acmec@acmec.org).

Thanks in advance for your participation!

#### ACMS Physician of the Year

The 2014 ACMS Physician of the Year, Perry Brown, Jr., MD, was honored at the Annual Meeting and New Physicians Dinner on November 7, 2014. Dr. Brown was selected for his commitment to education, research, service and improving the health and well-being of children.

In 2004, Dr. Brown joined the faculty of the Family Medicine Residency of Idaho, where he is currently the Director of Pediatric Education. He currently serves as a board member for Idaho Kids Count, engaging citizens and policy makers in nonpartisan, research-based discussions to improve outcomes for Idaho's children. Dr. Brown also chairs the state's Child Immunization Policy Commission and has served in various leadership, board, and committee roles at the Idaho Immunization Coalition, Idaho Chapter of American Academy of Pediatrics, St. Luke's Health System, and the Department of Health and Welfare.

Dr. Brown still manages time for patient care at the Family Medicine Health Center Fort Street Clinic, where he serves as Director, and at the St. Luke's Cystic Fibrosis Center of Idaho. He is a leader in screening newborns for CF and is an attending for a hospital service at St. Luke's Boise which includes newborns, pediatric patients, and pediatric and adult CF patients.

Dr. Brown was named an Idaho Health Care Hero in 2010 by the Idaho Business Weekly. In 2012, he was

awarded the Ron Lemire WWAMI Pediatric and Teaching Award in 2012, Faculty of the Year in 2007 and Rookie Faculty of the Year in 2005. Dr. Brown lives in Boise with his two children, Aliya and Jonah. As an avid outdoorsman, he is also a board member of the Idaho Conservation League.

ACMEC invites you to join us at Grand Rounds on Wednesday, January 14th for Dr. Brown's talk, **2014 Year in Review for Pediatrics.**

## Upcoming Conferences

**January 15-18, 2015:** 38th Annual Hindson Winter Conference  
Information and online registration at <http://www.hindsonfoundation.com/WinterConference.aspx>. For questions, email [contact@hindsonfoundation.org](mailto:contact@hindsonfoundation.org).

**February 19-22, 2015:** Ada County Medical Society Winter Clinics  
For questions, email [director@adamedicalsociety.org](mailto:director@adamedicalsociety.org).

**March 13-14, 2015:** ALSO®: Advanced Life Support in Obstetrics  
Questions and registration available from Mary Ball at [mary.ball@fmridaho.org](mailto:mary.ball@fmridaho.org) or 208-954-8743

**April 17, 2015:** Saint Alphonsus Spring Education Symposium  
For questions, email [philipka@sarmc.org](mailto:philipka@sarmc.org).

## Regularly Scheduled Conferences

### St. Luke's Regional Medical Center

#### **General Tumor Board**

Thursday, 12 noon

#### **Thoracic Tumor Board**

1st & 3rd Tuesday, 7:00 a.m.

#### **Breast Tumor Board**

Thursday, 7:00 a.m.

#### **G.I. Tumor Board**

3rd Thursday, 7:00 a.m.

For location, contact Barbara Kisse: [kisseeb@slhs.org](mailto:kisseeb@slhs.org)

#### **Pediatric Tumor Board**

2nd & 4th Wednesday, 12 noon

#### **CHEER**

1st Thursday, 8:00 a.m., Anderson Center

For more information, contact Karla Dickson: [dicksoka@slhs.org](mailto:dicksoka@slhs.org)

#### **MATCH**

4th Thursday, 8:00 a.m., Anderson Center

For more information, contact Karla Dickson: [dicksoka@slhs.org](mailto:dicksoka@slhs.org)

### Saint Alphonsus Regional Medical Center - Boise

#### **Tumor Board**

Thursday, 12 noon

#### **Breast Care Panel**

Tuesday, 7:00 a.m.

### **Saint Alphonsus Medical Center - Nampa**

#### **Tumor Clinic**

Tuesday, 12:00 noon

#### **Breast Care Panel**

2nd & 4th Wednesday, 7:00 a.m.

### **West Valley Medical Center**

#### **Tumor Board**

Monday, 12:30 p.m.

## **ACMS Society News**

The new slate of ACMS officers was elected at the Annual Meeting and New Physicians Dinner on November 7, 2014.

The 2015 board members are as follows:

**President:** Joseph Williams, MD

**President-Elect:** Brandon Isaacs, DO

**Treasurer:** Stacia Munn, MD

**Secretary:** Daniel Reed, MD

**Immediate Past President:** Kyle Palmer, MD

Members at Large:

Michael Adcox, MD

Kara Kuntz, MD (Residency Representative)

Katherine Miller, MD

Michael Sant, MD

#### **New Members:**

Bradley G. Bishop, MD

Mark Curry, DO

Sarah Daccarett, MD

Lindsay A. Erstad, PA-C

Charlotte G. Eshelman, PA-C

Myrna Fisher, NP

Sarah L. Henkle, MD

Scott A. Knight, MD

Daniel Ross, MD

Gregory Wilson, DO

#### **Activities:**

**December 2, 2014:** Winter Garden a'Glow at the Idaho Botanical Garden  
Information at <http://www.adamedicalsociety.org/events.html>.

**February 19 - 22, 2015:** Winter Clinics at Shore Lodge in McCall  
Information and online registration at <http://www.acmswinterclinics.com/>.

Questions? Please email [director@adamedicalsociety.org](mailto:director@adamedicalsociety.org) or call 208-336-2930.

## **On The Lighter Side**



## What's Ahead

### January 2015

#### 2 NO CONFERENCE

#### 7 Idaho Epidemiology Update

Chris Hahn, MD

#### 9 Idaho Epidemiology Update

Chris Hahn, MD

#### 14 2014 Year in Review for Pediatrics

Perry Brown, Jr., MD

#### 16 Fascia and Ligament Dysfunction: A Treatable Source of Chronic Pain

Monte Moore, MD

#### 21 St. Luke's Children's Hospital Grand Rounds: Evaluation and Management of the Suspected Overdose Patient

Ron Kirschner, MD

#### 23 Drugs of Abuse: What's New on the Street?

Ron Kirschner, MD

#### 28 Hepatitis C: Navigating the New Treatment Landscape

Christopher Hammerle, MD

#### 30 Total Ankle Replacement: Alternative to Fusion

Michael Coughlin, MD and Christopher Hirose, MD

### February 2015

#### 4 Epilepsy Update

Robert Wechsler, MD, PhD

#### 6 Doc, My Brain Hurts: A Review of Migraine and Other Headache Disorders

Jackie Whitesell, MD

#### 11 Recent Articles That Have Changed My Practice of Inpatient Medicine

Moe Hagman, MD

#### 13 FMRI Resident Talk: Topic TBD

Adam Kip, MD, MPH  
**18 St. Luke's Children's Hospital Grand Rounds: Early and Late Puberty**  
Lisa Taylor, MD  
**20 NO CONFERENCE**  
**25 Burkholder Lectureship in Oncology**  
Dr. Brian Druker, MD  
**27 Sexually Transmitted Infections Update**  
Hillary Liss, MD

Wednesday, 8:00 a.m.: St. Luke's RMC | Friday, 8:00 a.m.: Saint Alphonsus RMC

## Guest Columnist

### Culture of Quality and Safety in Healthcare

By Marshall F. Priest, MD, FACC  
*Executive Medical Director, St. Luke's Heart*

Fifteen years ago, the Institute of Medicine (IOM) released "**To Err is Human: Building a Safer Healthcare System**". This groundbreaking report challenged healthcare providers by calling for a 50 percent reduction in medical errors by 2004. Although the IOM report led to profound policy recommendations, the healthcare community demonstrated limited interest in pursuing the transformation needed to provide safe and affordable healthcare. In November 2010, the Office of the Inspector General (OIG) issued "**Adverse Events in Hospitals: National Incidence Among Medicare Beneficiaries**", which reported that 13.5 percent of hospitalized Medicare beneficiaries experienced adverse events during their hospital stays, resulting in an astounding 15,000 deaths a month. At least 50 percent of the reviewed events were preventable and estimated to cost \$4.4 billion in annual waste.

The most dangerous four acres in the world may be the flat deck of an aircraft carrier where people must be attentive and mindful of the quality and safety of operations, or someone can be seriously injured or killed. The "acreage" has 70-80 jet aircraft, some of which are being fueled while their engines are running, loaded with lethal ordnance or being launched off the front of the carrier, day and night, by two million horsepower catapults which accelerate the jet to 150 miles per hour in three seconds. Considering the risk associated with working within this "acreage", very few accidents occur because of the standardization of workflow processes for each of the groups of men and women working on the carrier deck. These complex tasks are often performed by young men and women with no more than a high school diploma. Accordingly, the safety of the flight deck operations is not necessarily related to high skill but rather reliance on hardwired processes. There may be no better group of high-performing individuals to use as a benchmark for our own efforts to develop a culture of quality and safety in healthcare delivery.

The safety culture of any organization, including a healthcare delivery system, should embrace the following:

1. A **reporting culture** which is about encouraging and protecting people who report errors and near misses. Over 90 percent of errors in healthcare delivery are a result of system issues.
2. A **just culture** which creates an atmosphere of trust in which people are encouraged and supported for providing essential safety related information.
3. A **flexible culture** in which information tends to flow more freely when hierarchies are flattened and rank defers to expertise flowing from front line providers.
4. A **learning culture** which combines reporting, justice and flexibility, enabling all healthcare providers to witness best practices within their boundaries and move toward their adoption.

The common ingredient in each of these cultures acknowledges that humans are fallible and errors will occur. Therefore, our task is not perfection but recognition that adoption of these cultures will prevent errors and near misses from progressing to patient harm.

Adopting the characteristics of a robust safety culture is one step on the journey to becoming a highly reliable

healthcare delivery organization. We have a huge incentive to contain the unexpected. When the organization fails to do so, the results can be catastrophic, as recently witnessed in Dallas, Texas. The whole point of a learning organization is that it needs to get a better handle on the fact it doesn't know what it doesn't know. Through a combination of respectful interaction, communication, trust, knowledge of technology, attentiveness, familiarity with one another's roles and experience, safety and reliability are complex outcomes that can be achieved.

## Weekly Conferences

### December 2014

#### St. Luke's Regional Medical Center, Anderson Center, Wednesday 8:00 a.m.

**3 When is a Patient Dead?**

Rev. Alex Chamberlain and John Jambura, MD

**10 St. Luke's Children's Hospital Grand Rounds - A Face in the Crowd: Taking Care of the Individual Patient in the World of Population Health**

Greg Janos, MD

**17 Lung Cancer Screening**

Matthew Schoolfield, MD

**24 NO CONFERENCE**

**31 NO CONFERENCE**

#### Boise VA Medical Center, AW Horsley Learning Center, Thursday 8:00 a.m.

**4 TBD\***

Speaker TBD

**11 TBD\***

Speaker TBD

**18 TBD\***

Speaker TBD

**25 NO CONFERENCE**

#### Saint Alphonsus Regional Medical Center, McCleary Auditorium, Friday 8:00 a.m.

**5 When is a Patient Dead?**

Rev. Alex Chamberlain and Kevin Clifford, MD

**12 Palliative Care for Primary Care**

Kevin Clifford, MD

**19 New Concepts in Prevention and Treatment of Late-life Depression**

Abhilash Desai, MD

**26 NO CONFERENCE**

#### To view Grand Rounds remotely via WebEx:

1. Go to [www.webex.com](http://www.webex.com)
2. Select **Join** (top right corner of screen)
3. Enter **Meeting Number 194 458 532** for Wednesday morning Grand Rounds at St. Luke's or **733 632 463** for Friday morning Grand Rounds at Saint Alphonsus, along with your name and email address.
4. Audio will come through the computer so be sure your speakers are turned on.
5. If you are using a mobile device you may want to download the WebEx App.

Should you have any questions, please contact us at [acmec@acmec.org](mailto:acmec@acmec.org).

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