



ACUMEN

The Official Newsletter of the
Ada Canyon Medical Education Consortium

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News

April 2015 News

UPCOMING GRAND ROUNDS

On April 8, please join us at St. Luke's for the **Jeppesen Lecture in Urology** featuring Dr. Mark Moyad of the University of Michigan. At Michigan, Dr. Moyad serves as the Jenkins/Pokempner Director of Preventive & Complementary Medicine in the Department of Urology. He is also the consulting Director of Medical Education & Research for the Eisenhower Wellness Institute, a part of the Eisenhower Medical Center in Rancho Mirage, CA. Special thanks to Dr. Avery Seifert and AbbVie for their help in coordinating and sponsoring this talk.

On April 17, Saint Alphonsus will be holding its annual **Spring Education Symposium** at their Regional Medical Center in Boise. The first hour of the Symposium will coincide with Grand Rounds and will feature Dr. Michael Blumhardt speaking on **Lung Cancer Screening**. For more information and to register for this event, go to www.saintalphonsus.org/springsymposium.

On April 24, please join us at Saint Alphonsus for **Healthy Strategies for Helping Kids Eat Well: Tips & Tools from the Trenches** featuring registered dietitian Jill Castle. Ms. Castle is a child nutrition and feeding expert with over 20 years of pediatric nutrition experience. She received the 2009 Outstanding Dietitian of the Year and currently shares her expertise through writing, blogging, consulting and speaking. Special thanks to the Idaho Dairy Council for their sponsorship of this talk.

SAVE THE DATE

On May 6, Dr. William Atkinson, former Medical Epidemiologist in the National Center for Immunization and Respiratory Diseases at the Centers for Disease Control and Prevention, will be presenting a general vaccine update at St. Luke's as part of the Idaho Immunization Program's **Shot Smarts 2015 Conference**. For more information on the conference, go to www.healthandwelfare.idaho.gov/Health/IdahoImmunizationProgram.

UPCOMING CONFERENCES

April 17, 2015: Saint Alphonsus Spring Education Symposium
For questions, email philipka@sarmc.org.

April 25, 2015: Integrating Behavioral Health and Primary Care: Collaborative Care Principles and Practice
For information, go to www.idahopsychiatric.org/annual-conference. For questions, email margy@idmed.org.

Regularly Scheduled Conferences

St. Luke's Boise Medical Center

Breast Tumor Board

Tuesday, 7:00 a.m.

General Tumor Board

Tuesday, 12 noon

G.I. Tumor Board

2nd Thursday, 7:00 a.m.

Pediatric Tumor Board

2nd & 4th Wednesday, 12 noon

Thoracic Tumor Board

1st & 3rd Thursday, 7:00 a.m.

For tumor board information, contact Barbara Kisse: kisseeb@slhs.org

Children's Pediatric Professional Education

2nd & 4th Thursday, 8:00 a.m., Anderson Center

For more information, contact Karla Dickson: dicksoka@slhs.org

Pancreas Care Conference

1st, 3rd & 4th Thursday, 7:00 a.m.

For information, contact Linda Kauffman: kauffmli@slhs.org

Pediatric Neuro-Oncology Conference

2nd & 4th Thursday, 12:00 p.m.

For information, contact Lisa Barsohn: barsohnl@slhs.org

Boise Valley Monthly Sports Medicine Conference

2nd Thursday, 7:15 a.m., Anderson Center, Ada 3 September - May

For information, contact Tom Koto: tkoto@slhs.org

St. Luke's Magic Valley Medical Center

Combined Pediatric Topic Review & Family Medicine Lecture Series

2nd Thursday, 8:00 a.m.

For information, contact Stacy Miller: stacym@slhs.org

Saint Alphonsus Regional Medical Center

Tumor Board

Tuesday, 12 noon

For more information, contact Heather Jones: heatjone@sarmc.org

Breast Care Panel

Tuesday, 7:00 a.m.

For more information, contact Jayne Freeman: jaynfree@sarmc.org

Stroke Case Review

3rd Wednesday, 7:00 a.m.

For more information, contact Nichole Whitener: nichwhit@sarmc.org

Saint Alphonsus Medical Center - Nampa

Tumor Board

Tuesday, 12 noon

Breast Care Panel

Tuesday, 7:00 a.m.

For more information, contact Patty Davis: patricia.davis@trinity-health.org

West Valley Medical Center

Tumor Board

Monday, 12:30 p.m.

ACMS Society News

New Members:

Lane Deitchler, NP

Patricia Dey, NP

Activities

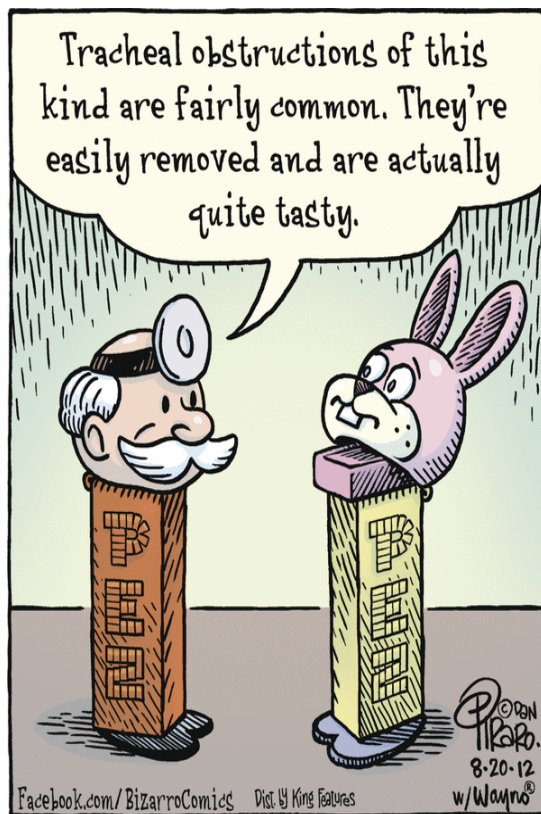
Activities are for ACMS members only.

April 23, 2015, 6:00 - 9 p.m.: WhiteCoat Investor Seminar
Riverside Hotel, Garden City

June 4, 2015: Annual High School Physicals Event
BSU Caven-Williams Sports Complex

Questions? Please email director@adamedicalsociety.org or call 208-336-2930.

On The Lighter Side



What's Ahead

May 2015

- 1 TBD**
Speaker TBD
- 6 Idaho Immunization Program: Shot Smarts**
William Atkinson, MD
- 8 FMRI Resident Talk: Topic TBD**
Annie Valente, MD
- 13 The Difficult Asthmatic**
Neetu Talreja, MD
- 15 Non-opiate Pain Treatments**
Patrick Farrell, MD
- 20 St. Luke's Children's Hospital Grand Rounds:
Functional Abdominal Pain**
Tyler Burpee, MD
- 22 TBD**
Speaker TBD
- 27 Role of Narrative Ethics in Medicine**
Abhilash Desai, MD & Emily Looney, MD
- 29 FMRI Resident Talk: Topic TBD**
Geoff Maly, MD, MPH

June 2015

- 3 FMRI Resident Talk: Topic TBD**
Stephanie McCullough, MD
- 5 The Difficult Asthmatic**

Neetu Talreja, MD

10 Topic TBD

Thomas R. Chauncey, MD, PhD

12 TBD

Speaker TBD

17 St. Luke's Children's Hospital Grand Rounds:

Abnormalities of Puberty: Delayed Adolescence and Sexual Precocity

Lisa Taylor, MD

19 FMRI Resident Talk: Topic TBD

Caroline Schoo, MD

24 TBD

Speaker TBD

26 TBD

Speaker TBD

Wednesday, 8:00 a.m.: St. Luke's RMC | Friday, 8:00 a.m.: Saint Alphonsus RMC

Guest Columnist

Recap of the 2015 ACMS Winter Clinics

By Mayra Ruiz

Director, Ada Canyon Medical Education Consortium

The Ada County Medical Society held its annual Winter Clinics on February 19 - 22 at the Shore Lodge in McCall. The conference kicked off on Thursday evening with a Wine & Cheese Social and Trade Show where attendees had the opportunity to network and speak to area vendors. The CME programming began on Friday morning with a block of talks on health care policy and reform, led by Dr. Jeremy Lazarus, past president of the American Medical Association. In his talk, *The Transformation of Health Care: Are we there yet?*, Dr. Lazarus spoke about trends in the transformation of American health care and recommendations for providers. Then, Dr. Ted Epperly, President and CEO of the Family Medicine Residency of Idaho (FMRI) and Chairman of the Idaho Healthcare Coalition, spoke about the Idaho State Healthcare Innovation Plan (SHIP), targeted at redesigning the state's healthcare delivery system, evolving from a volume-driven, fee for service system to an outcome-based system that achieves the triple aim of improved care and patient outcomes at lower costs for all Idahoans. The morning concluded with a talk by Corey Surber, Executive Director of Community Health & Public Policy at Saint Alphonsus Health System, on the Healthy Idaho Plan and Medicaid redesign and expansion. Attendees then got to enjoy McCall during the midday break.

On Friday afternoon, Dr. Bruce Wright, Executive Director of Health and Wellness Services at Washington State University, spoke about psychoneuroimmunology and cardiovascular disease, and screening and treatment for substance use disorders in primary care. Dr. John Boice, Chief of Geriatrics/Hospice at the Boise VA Medical Center wrapped the afternoon off with a talk on national health care systems and lessons to be learned from abroad. The day ended with the Weekend Warm-Up and prize drawings by exhibitors.

Saturday was jam-packed and began with talks by Dr. Eric Palfreyman, rheumatologist at the Idaho Arthritis Center, on early diagnosis of rheumatoid arthritis, and acute and chronic management of gout. Dr. Boice also gave a talk on evaluation of dementia and other cognitive impairments in adults. Attendees and their families then headed to Brundage Mountain for the annual Ski Races sponsored by the Sanofi team. All reconvened for happy hour and a social where the ski race participants were recognized. This year's awardees included familiar faces in female race winner, Gretchen Hecht, and male race winner, Dr. Christian Gussner, as well as the Traveling Horn for Best Effort to Elliot Werk. Kids then got to enjoy a pizza party and screening

of *Frozen* in the Shore Lodge's Ford Theater. Adults attending the banquet heard Steve Burns, Director of Zoo Boise, give an inspirational talk on redefining the role of zoos and the great conservation contributions being made by Zoo Boise.

The conference concluded on Sunday morning with practical talks on Physician Quality Reporting System (PQRS) and keys to a successful transition to ICD-10 by Marvel Hammer, owner of MJH Consulting, and FMRI and Idaho Sports Medicine Institute's Sports Medicine Fellow, Dr. Kelly Wilkinson's talk on the female athlete triad.

Overall, the 2015 Winter Clinics was a family-friendly event that offered good times with friends and colleagues, a chance to kick back from hectic work lives, and the opportunity to advance providers' medical knowledge on the banks of Payette Lake. Special thanks to Dr. Barbara Quattrone, chair of the ACMS Winter Clinics committee, for her leadership in shaping the program, and to ACMS Executive Director, Steve Reames, for his oversight of the conference.

Weekly Conferences

April 2015

St. Luke's Boise Medical Center, Anderson Center, Wednesday 8:00 a.m.

- 1 New Weight Loss Medications:
How do they and will they work?**
W. Allen Rader, MD
- 8 Jeppesen Lecture in Urology**
Mark Moyad, MD
- 15 St. Luke's Children's Hospital Grand Rounds:
Evaluation and Treatment of Patients with Joint Hypermobility**
Patrick Knibbe, MD
- 22 Addiction Management in Primary Care**
Emily Looney, MD
- 29 Clinical Management of Common Lipid Disorders in 2015**
Johannes Veldhuis, MD

Boise VA Medical Center, AW Horsley Learning Center, Thursday 8:00 a.m.

- 2 Cardiology Topic TBD**
Beth Malasky, MD
- 9 Dermatology Topic TBD**
Steve Mings, MD
- 16 Outpatient Literature Review of Articles That Changed My Practice**
Neil Argyle, MD
- 23 Nephrology Topic TBD**
Tom Pintar, MD
- 30 Gastrointestinal Bleed**
Brian Story, MD

Saint Alphonsus Regional Medical Center, McCleary Auditorium, Friday 8:00 a.m.

- 3 Managing Men's Health: A New Paradigm**
Joseph Williams, MD
- 10 Vector Transmitted Illness**
Sandy Mudge, MD

17 Saint Alphonsus Regional Medical Center Spring Symposium:

Lung Cancer Screening

Michael Blumhardt, MD

24 Healthy Strategies for Helping Kids Eat Well:

Tips & Tools from the Trenches

Jill Castle, RD

To view Grand Rounds remotely via WebEx:

1. Go to www.webex.com
2. Select **Join** (top right corner of screen)
3. Enter **Meeting Number 194 458 532** for Wednesday morning Grand Rounds at St. Luke's or **733 632 463** for Friday morning Grand Rounds at Saint Alphonsus, along with your name and email address.
4. Audio will come through the computer so be sure your speakers are turned on.
5. If you are using a mobile device you may want to download the WebEx App.

Should you have any questions, please contact us at acmec@acmec.org.

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