



# ACUMEN

The Official Newsletter of the  
Ada Canyon Medical Education Consortium

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## News

### April 2014 News

#### Vitals

ACMEC is just one of about 2,000 accredited CME providers. The national expense for all of our endeavors cost about 2.4 billion in 2012. Those of you that lived through the big pharma era might find it interesting to know there is still about \$752 million in support for industry. ACMEC does not use industry funding for speaker support. Our \$325,000 budget has no industry support. In 2013 ACMEC accredited 1500+ Category 1 hours of CME throughout Southwestern Idaho and Eastern Oregon. Review of our programming indicates we recorded approximately 14,000 hours for physicians in our database. ACMEC currently tracks CME for approximately 1600 physicians from Baker City, Oregon to Twin Falls and up to McCall.

If you take the 14,000 accredited hours ACMEC entered into our physician database and divide it into our \$325,000 budget, each credit costs about \$2.32. Sharing costs amongst many physicians and medical centers as a consortium offers unique affordability.

#### New ACMEC Administrative Assistant

Please welcome Rachel Shields to ACMEC and to the medical community. After 26 years, Marie Chester has retired. Rachel will be taking on a steep learning curve, but we are sure she is up to the task. We look forward to harnessing Rachel's skills and enthusiasm to help continue the tradition of excellence at ACMEC.

#### Early Childhood Education Forum

Dr. Perry Brown has taken a leadership role in a collaborative effort to raise awareness of the importance of early childhood education. A group of state legislators, state superintendent of schools, and other leaders will be present to listen to Senator Steve Litzow address his efforts on early childhood education. The forum will be held April 29th at 8am in the Anderson Center Canyon Rooms 1 and 2. All physicians with an interest in Idaho's future in early childhood education are encouraged to attend.

#### Saint Alphonsus Spring Symposium

This year's Spring Symposium will be held April 18th at 7:30am to 4:30pm in the McCleary Auditorium. This

year's program will provide no exception faculty and a curriculum of current topics. The faculty will be keynoted by Dr. Antonio Gotto, Jr. on the "Management of Lipid Disorders." Dr. Gotto is Vice-President, and Provost for Medical Affairs Emeritus, Cornell University.

The conference is no cost. Please go to [www.saintalphonsus.org/springsymposium](http://www.saintalphonsus.org/springsymposium) for a complete listing of the day's events.

## Upcoming Conferences

**April 12, 2014** The 4th Annual Concussion Symposium, Tom Koto [TKoto@slhs.org](mailto:TKoto@slhs.org)

## Regularly Scheduled Conferences

**Wednesday, 8:00 a.m. - Anderson Center**

**Wednesday, 12:15 p.m. - Winter Room**

**Friday, 8:00 a.m. - McCleary Auditorium**

## Other Regularly Scheduled Conferences

### St Luke's RMC

Thoracic Tumor Board - 1st & 3rd Tuesday, 7:00 a.m

Tumor Board - Tuesday, 12:00 noon

Breast Tumor Board - Thursday, 7 a.m.

MSTI Pediatric Tumor Board - 2nd & 4th Wednesday, 12 noon

CHEERS (Children's Hospital Education Enrichment Review) - 1st Thursday, 8 am

Anderson Center - Ada -2; MATCH 2nd Thursday, 8 am

### Saint Alphonsus RMC - Nampa

Tumor Board- Tuesday, 12 noon

### West Valley Medical Center

Tumor Board - Monday, 12:30 pm

### Saint Alphonsus RMC - Boise

Tumor Board - Thursday, 12 noon

Breast Care Panel, Tuesday, 7:00 am

## What's Ahead

### May 2014

**2** Update on Pap Smears, Guillermo Guzman, MD

**7** Pharmaceutical Considerations of Drugs in the Elderly, Roger Hefflinger, PharmD

**9** Physicians Rule in Advance Directives, Lisa Mullen, MD

**14** Update in Rural Health Care, Lindsay Meredith, MD

**16** Athletes: A Review of the Seattle Criteria, Tyler Wheeler, MD

**21** St. Luke's Children's Hospital Grand Rounds, Immune Deficiency in Children, Hans Ochs, MD

**23** Transgender Medicine, Tara Whitaker, MD

**28** Food Borne Illness, Leslie Tengelsen, PhD, DVM

## June 2014

- 4 Topic TBA, Joshua Barton, MD
- 6 HIV in Pregnancy, Abigail Hoke, MD
- 11 Topic TBA, Derek Hayton, DO
- 11 Marital Health, Thomas Frandsen, MD (Nampa Only)
- 13 Endoscopic Ultrasound, Akshay Gutpa, MD
- 18 St. Luke's Children's Hospital Grand Rounds, Coronary Calcium Scoring, Matt Budoff, MD
- 20 Sports Medicine: Pearls for the Primary Care Physician, Tobias Gopon, MD
- 25 Physician Burnout, Tait Shanafelt, MD
- 30 Topic TBA, Speaker TBA

(Wednesday, 8:00am/St. Luke's RMC; Wednesday, 12:15pm/Mercy Medical Center; Friday, 8:00am/Saint Alphonsus RMC)

## Mohr's Musings...

### A Fond Farewell

It has been my privilege to work with David Mueller and Marie Chester for the past 26+ years on the Board of ACMEC. They are now taking their deserved retirements... Marie on April 1st and David on June 30th.

They started with this program in its infancy and grew it into a regional model of cooperation funded by participating hospitals and their medical staffs. It now reaches physicians from Baker City, Oregon to Twin Falls, Idaho. Through Dave's networking ability the program provides 1500 credit hours of Category 1 CME per year using a mix of local physicians and visiting professors. While he schmoozes with these speakers each week Marie is able to greet participants on a first name basis because of her familiarity of the medical community. Kudos should be given to the longtime Board Chairman, Dr. William Bourquard whose vision and commitment to CME helped build the program.

It's been my contention that physicians get more satisfaction and do a better job if they stay current and informed. Much medical knowledge crosses specialty lines hence, many of the program offerings are primary care oriented. True physicians never really finish their training, they merely graduate into a life-long endeavor of teaching themselves through CME and reading. Much of the frustrations of the mundane day-to-day activities become tolerable when we continue to strive to better ourselves through continuous learning. Perhaps the greatest compassion is making the correct diagnosis.

Dave and Marie will be missed. We wish them well. Dave I know will be remodeling something and Marie will be getting dirt under her fingernails from her gardening endeavors.

John J. Mohr, MD

## Weekly Conferences

### April 2014 Conferences

**Anderson Center, St. Luke's RMC, Wednesday 8:00 a.m.**

- 2 Atopic March, Neetu Talreja, MD
- 9 Nutrition and the Aging Athlete, Leslie Bonci, RD, MPH
- 16 St. Luke's Children's Hospital Grand Rounds, Childhood Obesity, Richard Jackson, MD
- 23 Preventing Primary C-Sections, Maureen Ferguson, MD

30 Cardiac MRI Update, Blake Niederhauser, MD

**Winter Room, Saint Alphonsus RMC - Nampa, Wednesday 12:15 p.m.**

2 Atopic March, Neetu Talreja, MD

9 Nutrition and the Aging Athlete, Leslie Bonci, RD, MPH

16 St. Luke's Children's Hospital Grand Rounds, Childhood Obesity, Richard Jackson, MD

23 Update on Pap Smears, Guillermo Guzman, MD

30 Cardiac MRI Update, Blake Niederhauser, MD

**AW Horsley, VA Medical Center, Thursday 8:00 a.m.**

3 TBA, Speaker TBA

10 TBA, Speaker TBA

17 TBA, Speaker TBA

24 TBA, Speaker TBA

**McCleary Auditorium, Saint Alphonsus RMC, Friday 8:00 a.m.**

4 Mesenteric Venous Thrombosis, Wes Arlein, MD

11 Probiotics, Rebecca Katzman, MD

18 How to Manage Patient's with Lipid Disorders, Antonio Gotto, MD

25 Common Hand and Wrist Problems, Jeffrey Boyer, MD

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