### What’s Ahead • • • • • March 2016

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<th>Date</th>
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<td>Acute Kidney Injury</td>
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<td>Mitochondrial Disease Update</td>
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<td>ST. LUKE’S CHILDREN’S HOSPITAL GRAND ROUNDS</td>
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<td>Pharmacy Topic: TBD</td>
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<td>FMRI Resident Talk: TBD</td>
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### Saint Alphonsus Regional Medical Center

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### Upcoming Conferences

**February 11, 2016**
- NMWC Adolescent Immunizations Learning Collaborative
  - For information and registration, go to www.nmwc.org/myporthoadolescent-immunizations.

**February 18 - 19, 2016**
- Idaho Perinatal Project 2016 Winter Conference
  - For information and registration, go to http://www.idahoperinatal.org/conference-2016.php.

**February 18 - 21, 2016**
- ACMIS Winter Clinics
  - For information and registration, go to www.acmismwinterclinics.com.

**March 3 - 5, 2016**
- Eastern Washington Medical Dental Summit III
  - For information and registration, go to www.medicaldentalsummit.com.

### Upcoming Grand Rounds

**February 3**
- Where to Now? LTACH Hospital Resource and Outcomes
  - William Boyan, MD Chief of Staff Vibra Specialty Hospital - Portland, OR
  - Join us for a discussion of long term acute care hospitals as a community resource, as well as the latest data on patient outcomes.

**February 26**
- The Journey Towards Personalized Cancer Care: Minimally Invasive Strategies in the Diagnosis and Treatment of Lung Cancer
  - Thomas Varghese, Jr., MD Head, General Thoracic Surgery Co-Director, Thoracic Oncology Huntsman Cancer Center; University of Utah
  - Join us for a discussion on the latest developments in disease management strategies. Dr. Varghese’s talk is the second quarterly talk presented in partnership with the Saint Alphonsus Cancer Center and the University of Utah Huntsman Cancer Center.

As a reminder, there will be no Grand Rounds session on February 19th.

For more Upcoming Grand Rounds, go to www.acmec.org.
**Ada County Medical Society News**

**UPCOMING ACTIVITIES**

**2016 ACMS Winter Clinics**
February 18 - 21, 2016
Come “ketchup” on CMEs and with colleagues at Shore Lodge in wintry McCall during the 57th Annual ACMS Winter Clinics.

Attendees will have the opportunity to earn up to 13 CMEs, connect with vendors, colleagues and their families at various social events, and take part in the annual ski races at Brundage Ski Resort.

Topics include:
- **KEYNOTE** - Strong Medicine: Connecting the Healthcare Dots™
- Advance Care Planning
- Compliance Issues
- Engaging Patients in Owning Their Well-being
- Fall Prevention in Older Adults
- Functional Abdominal Pain
- Irritable Bowel Syndrome and Gluten Sensitivity
- Functional Abdominal Pain
- Fall Prevention in Older Adults
- Overuse Injuries and Burnout in Young Athletes
- Refugee Health Challenges
- Risk Based Coding
- Shared Medical Appointments

For full schedule and registration, go to [www.acmswinterclinics.com](http://www.acmswinterclinics.com).

**NEW MEMBERS**

- Mark Alaris, MD
- Jon Bergset, MD
- Lesli Christofferson, NP
- Masha Cormier, PA-C
- Erin De Haven, PA-C
- Robert Duff, NP
- Joseph Eastman, MD
- Amanda Hail, DO
- Michelle Hurty, PA-C
- Maria Jensen, MD
- Brenna Jensen-Slone, PA-C
- Sharon Krasovitch, NP
- Bryce Leonard, PA-C
- Joshua Ludberg, MD
- Justin McCoy, DO
- Kevin McCusker, PA-C
- Julia Middeton, PA-C
- Stacy Ray-Fish, PA-C
- Kelly Thomas, NP
- Amber Vania, DO
- Kirsten Williams, MD
- Holly Wolf, PA-C

Questions?
Email director@adamedicalsociety.org or call 208.336.2930.

**Maintenance of Certification Resources**

**Compiled by Mayra Ruiz, Director, Ada County Medical Education Consortium**

**ST. LUKE’S BOISE MEDICAL CENTER**

Anderson Center
Wednesdays, 8:00 - 9:00 a.m.

Where to Now? LTACH Hospital Resource and Outcomes
William Boyan, MD

OpenNotes Movement
Kathy Lee, MD

ST. LUKE’S CHILDREN’S HOSPITAL GRAND ROUNDS

What’s New in Genetic Testing
Leah Fleming, MD

Recent Articles That Have Changed My Practice of Inpatient Medicine
Moe Hageman, MD

**BOISE VA MEDICAL CENTER**

AW Horsley Learning Center
Thursdays, 8:00 - 9:00 a.m.

Diabetes Health Services Research
Matthew Crowley, MD

Public Health Trends and Events 2015
Christine Hahn, MD

TBD
Speaker TBD

Learning Science Topic: TBD
Bridget O’Brien, MD

**SAINT ALPHONSOUS REGIONAL MEDICAL CENTER**

McCleany Auditorium
Fridays, 8:00 - 9:00 a.m.

Physician Burnout and Enhancing Resilience in Our Day-to-Day Work Lives
Edward Mceachern, MD

Hip and Knee Osteoarthritis
S. Bradley Daines, MD

NO CONFERENCE
ACMS Winter Clinics

Lung Cancer
Thomas Varghese, Jr., MD

**Miscellaneous Medical Corner**

In this section, you’ll find a potpourri of miscellaneous news from the world of CME and medicine.

**EIGHT WAYS TO LOWER PRACTICE STRESS AND GET HOME SOONER**

Article two of Family Practice Management’s series on physician burnout offers eight ways to lower your practice stress to help providers avoid burnout: [www.aafp.org/2015/1100/p13](http://www.aafp.org/2015/1100/p13).

**IN PATIENT-CENTERED CARE, WHERE DOES FAMILY FIT?**

A look at patient- and family-centered care as a movement toward participatory medicine that values the opinions and relationships between patients and their family members: [www.amERICANahalma-wire/post/patient-centered-care-family-fit](http://www.amERICANahalma-wire/post/patient-centered-care-family-fit).

**SEE COLLEAGUES AS THEY ARE, NOT AS THEY WERE**

A take on using mindful interactions to refame and improve relationships with colleagues: [www.hbr.org/2016/01/see-colleagues-as-they-are-not-as-they-were](http://www.hbr.org/2016/01/see-colleagues-as-they-are-not-as-they-were).

*ada county medical society*