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SPRING | APRIL 2018

ACUMEN

Ada Canyon Medical Education Consortium's Monthly Newsletter



CME Showers to Bring Clinical Flowers

APRIL GRAND ROUNDS DELUGE OF DIVERSE TALKS

ACMEC is pleased to present this month's Grand Rounds.

On April 4th, Dr. Lisa Barker will present **You are the Key to HPV Cancer Prevention**. Special thanks to the American Cancer Society, Boise office, and the Eastern Montana AHEC for their coordination of this talk.

For April 11th, we have partnered with St. Luke's Mountain States Tumor Institute to present the **Burkholder Lectureship in Oncology**. Dr. Jennifer Temel, associate professor of medicine at Harvard Medical School and director of the Cancer Outcomes Research Program at Massachusetts General Hospital

Cancer Center, will present **Ensuring the Delivery of High Quality Care Throughout the Continuum of Cancer Care**.

On April 18th, Dr. Michele Ebbers, pediatric urologist at St. Luke's Children's Hospital, will present a talk on **Management of the Acute Scrotum** for this month's St. Luke's Children's Hospital Grand Rounds.

On April 25th, we will continue the annual FMRI Resident Talks with Dr. Emily Knudsen's talk on **The Plant Based Diet and Chronic Disease**.

We look forward to seeing you at St. Luke's for these talks in April!

UPCOMING GRAND ROUNDS

April 11
Ensuring the Delivery of High Quality Care Throughout the Continuum of Cancer Care
Jennifer Temel, MD
Associate Professor of Medicine, Harvard Medical School
Director of the Cancer Outcomes Research Program, Massachusetts General Hospital Cancer Center

Join us for a discussion on the continuum of care for cancer patients.

April 18
Management of the Acute Scrotum
Michele Ebbers, MD
Pediatric Urologist, St. Luke's Children's Hospital

Join us for this month's Children's Hospital Grand Rounds talk.

For more Upcoming Grand Rounds, go to www.acmec.org.

PH: 208.331.1478 | FAX: 208.331.1924 | WWW.ACMEC.ORG | E-MAIL: ACMEC@ACMEC.ORG

What's Ahead • • • • • May 2018

ST. LUKE'S BOISE MEDICAL CENTER

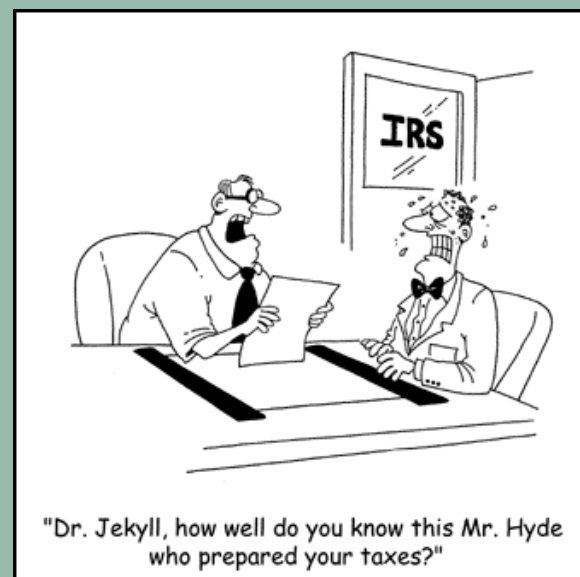
2 Cost as a Barrier to Accessing New Treatments for Rare Diseases: Economic Perspectives
Scott Grosse, PhD

9 FMRI Resident Talk: Outpatient Management of the Cirrhotic Patient
Luke Mather, MD

16 ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS
Good 4 Growth
Robert Murray, MD

23 FMRI Resident Talk: Testosterone Replacement Therapy in Men
Janae Krahn, MD

30 Health Effects of Climate Change
William Weppner, MD, MPH



SAVE THE DATE: Opioid Risk Management Session

IDAHO MEDICAL ASSOCIATION AND MIEC TO HOST STATEWIDE TALK

The Idaho Medical Association and MIEC invite medical providers to join them on April 11th for a discussion on opioid risk management, led by attorney Terrance Jones and Dr. Richard Radnovich.

The session is scheduled to take place at the St. Luke's Boise Anderson Center from 6 p.m. - 7 p.m.. A light dinner will

be served and CME credits will be provided by ACMEC. The meeting will also be available for broadcast statewide via online webinar for those unable to attend in person.

As details are finalized, they will be posted on the IMA website at www.idmed.org. Hope you can join us for this important discussion.

Upcoming Conferences

April 7, 2018 2018 Idaho Society of Anesthesiologists Annual Meeting
For information and registration, go to www.idahosocietyofanesthesiologists.com.

April 12, 2018 Multidisciplinary Approach to Child Sexual Abuse
For information and registration, go to www.facesofadacounty.org.

April 28 - 29, 2018 2018 Summit on National & Global Cancer Health Disparities
For information and registration, go to <http://cancersummit.binayfoundation.org/>.

Ada County Medical Society News

UPCOMING ACTIVITIES FOR ACMS MEMBERS ONLY

Taste and Talk About Wine & Art
April 6th
Cinder Wines | Garden City

Come join us for an evening of food, wine, and creative inspiration at Cinder Wines. You'll get to browse the right brains of members and their spouse's artwork as you enjoy your colleagues, a meal, and some of Idaho's best wine. The event serves as a fundraiser for the ACMS Foundation.

Physicians Vitality Series:
Dike Drummond, MD
May 10th | 6:30 p.m. | Boise

SAVE THE DATE
Paul DeChant, MD, MBA
July 12th | 6:30 p.m. | Meridian

Colin West, MD, PhD
September 27th | 6:30 p.m. | Boise

High School Physicals Screening
May 21st - 23rd | Boise & Meridian

RSVP's for all events are required.
Information available at
www.adamedicalsociety.org.

OTHER EVENTS: SAVE THE DATE

Go Wild at Zoo Boise
June 12th | TIME TBA | Zoo Boise

Members and their immediate family are invited to come enjoy a night at Zoo Boise with the Ada County Medical Society. Event includes a hosted BBQ.

Top Shelf Burger Competition
August 16th | TIME & LOCATION TBA

ACMS invites its members and all their families to join us to eat, visit and play in at the park. You'll be treated to different gourmet burgers cooked by amateur teams before voting for the People's Choice Award. The event serves as a fundraiser for the ACMS Foundation.

NEW MEMBERS

- Chelsea Wood, PA-C
- Davis Katseanes, MD
- Matthew Jordan, NP
- Thomas Faciszewski, MD, MBA

Questions?
Email director@adamedicalsociety.org
or call 208.336.2930.

ACMS Physician Vitality Series

By Steven Reames,
Executive Director, Ada County Medical Society

For the past three years, ACMS has invested deeply in providing solutions to help local medical providers move back towards the joy of practicing medicine and away from burnout. With each progressive year, more doctors are beginning to understand that safety-nets like our Physician Vitality Program and education about the importance of personal resilience are only the first step. They do not actually reduce the factors that drive burnout in the first place, which is driven at the medical system, industry, and cultural level.

This year, we are launching a three-part dinner series focused on unpacking Stanford Medicine's WellMD Model of Professional Fulfillment. Each evening features a nationally known author and speaker to dive into one of these pillars of physician career satisfaction.

May 10th | 6:30 PM
Dike Drummond, MD

The nationally known blog editor of *thehappyymd.com* will kick us off with his **Burnout Proof Life Workshop**. I have recommended his book, *Stop Physician Burnout*, dozens of times as the most practical one I've read "managing this dilemma," as he likes to say. His talk will fit under the "Personal Resilience" pillar and attendees are guaranteed to



walk away with a better toolkit for reducing burnout in their own medical practice. He is a Mayo trained family doctor, physician coach, author, speaker and trainer whose sole professional focus since 2011 has been addressing the modern burnout epidemic among physicians.

July 12th | 6:30 PM
Paul DeChant, MD, MBA

Dr. DeChant is a senior advisor with Simpler Healthcare, an IBM Watson Health affiliate, providing executive coaching to health care leaders pursuing lean transformations in their organizations and providing thought leadership on clinical operations and innovation.

He will address the subject of "Efficiency of Practice" because of his demonstrable leadership as CEO of Sutter Gould Medical Foundation where he raised physician satisfaction from 45% to 87% in three years. Dr. DeChant practiced family medicine for 30 years at such institutions as Geisinger Health System, Palo Alto Medical Foundation and Sutter Gould.

September 27th | 6:30 PM
Colin West, MD, PhD

Dr. West is an internationally recognized leader and researcher in physician burnout and is a faculty member of Mayo Clinic in Rochester, Minnesota. As a general internal medicine physician with a PhD in biostatistics, Dr. West has focused his career primarily on physician well-being, evidence-based medicine, and medical education. He co-directs the institution's physician well-being research program, and has published widely in *Lancet*, *JAMA*, and other major medical journals. He will tackle the larger challenge of changing the profession into one that promotes a "Culture of Wellness."

During the weekend following our third dinner talk, the Idaho Osteopathic Physicians Association will host the **Rediscovering Meaning in Our Work Conference** September 28-29. In addition to Dr. West, the con-

ference will feature Dr. Mick Krasner from the University of Rochester, and Dr. Emiliana Simon-Thomas, the Science Director of Greater Good Science Center at Berkeley. This conference will include small group discussions, workshops and interactive presentations that will allow time for physicians to relax, unwind, and explore movement, music and art at the Boise JUMP Building. Additionally, a portion of the conference will be opened to administrators to help create a dialog with physicians on how to work collaboratively in this space.

As you can see, the Treasure Valley medical community has some strong traction working on these issues and change is beginning to happen as more resources are focused here. I hope you will take advantage of these opportunities to continue learning, growing, and shaping the future of healthcare here.

Purchase your tickets online for \$30 each at
www.adamedicalsociety.org/physician-vitality-series

Some sponsorship opportunities remain open and mid-level sponsors have access to private consultation with Dr. DeChant on July 10th during the day. Please inquire with Steven Reames at 208-336-2930 for more information.

April 2018

GRAND ROUNDS SCHEDULE

ST. LUKE'S BOISE MEDICAL CENTER Anderson Center Wednesdays, 8:00 - 9:00 a.m.	
4	You are the Key to HPV Cancer Prevention Lisa Barker, MD
11	BURKHOLDER LECTURESHIP IN ONCOLOGY Ensuring the Delivery of High Quality Care Throughout the Continuum of Cancer Care Jennifer Temel, MD
18	ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS Management of the Acute Scrotum Michele Ebberts, MD
25	FMRI Resident Talk: The Plant Based Diet and Chronic Disease Emily Knudsen, MD

BOISE VA MEDICAL CENTER AW Horsley Learning Center Thursdays, 8:00 - 9:00 a.m.	
5	Medical Mistakes/Error Disclosure Andrew White, MD
12	Transgender Health Theresa Weiland, DO & Susan Klepacki, LCSW
19	Opioids: TBD Kimberly Kauzlarich, PharmD, BCPS & Jane Manning, MS, PharmD
26	Smoking & Lifestyle Change Jennifer Shalz, MD

SAVE THE DATE Upcoming Grand Rounds	
June 2018	
27	Male Infertility Robert Jackson, MD
September 2018	
5	How to Manage More Common Genetic Hyperlipidemia Johannes Veldhuis, MD
19	ST. LUKE'S CHILDREN'S HOSPITAL GRAND ROUNDS An Update of Craniofacial Surgery and Pediatric Plastic Surgery in Idaho: A 20-Year Review and Current Practices Russell Griffiths, MD