CME Spring Has Sprung
APRIL GRAND ROUNDS IN FULL BLOOM

ACMEC is pleased to present this month’s Grand Rounds schedule.

On April 5th, Dr. Stephen Brassell, urologic oncologist at the St. Luke’s Mountain States Tumor Institute, will present an update on Testicular Cancer. In this talk, Dr. Braswell will discuss the latest research, screening and treatment recommendations.

Dr. Danielle Davies will continue the FMRI Resident Talks with When the Going Gets Tough: A Travel Medicine Review for Primary Care Providers on April 12th. In this talk, Dr. Davies will discuss updated recommendations and best practices in travel medicine no doubt informed by her love of international travel.

On April 19th, Dr. Matthew Cox, Medical Director of the St. Luke’s Children at Risk Evaluation Services (CARES), will be presenting Improving Medical Provider Assessment of Childhood Trauma (IMPACT): Child Abuse in Idaho. In this talk, Dr. Cox will discuss identifying and reporting child abuse, and the role CARES can play in the process.

To close out the month, Dr. William Atkinson, Associate Director for Immunization Education at the Immunization Action Coalition and former Medical Epidemiologist in the National Center for Immunization and Respiratory Diseases at the Centers for Disease Control and Prevention, will be coming back to Boise to present an Adult Immunization Update on April 26th. In this talk, Dr. Atkinson will discuss some of the logic behind the latest immunization guidelines and recommendations. This talk is presented in partnership with the Idaho Department of Health and Welfare Division of Public Health as part of its Shot Smarts Week.

We look forward to seeing you at St. Luke’s for these talks in April!
**Ada County Medical Society News**

### UPCOMING ACTIVITIES

**FOR ACMS MEMBERS ONLY**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Date</th>
<th>Details</th>
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</thead>
<tbody>
<tr>
<td>Tast and Talk About Wine &amp; Art</td>
<td>April 7th</td>
<td>6 p.m.</td>
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ACMS’ first art show will explore the creative work of our members in many mediums. This will be held at Cinter Wines as a fundraiser for the ACMS Foundation, which is focused on our physician wellness initiatives.

### Physicians Career Stages Series: Dynamic Social Security Planning生活中 | Living on Purpose After Retirement

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<tr>
<td>May 23rd</td>
<td>Centennial HS</td>
<td>Improving Medical Provider Assessment of Childhood Trauma (IMPACT): Child Abuse in Idaho Matthew Cox, MD</td>
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<tr>
<td>May 22nd</td>
<td>Meridian HS</td>
<td>Obesity Medicine Tina Bronner, MD</td>
</tr>
<tr>
<td>May 24th</td>
<td>Boise HS</td>
<td>Medical Corner</td>
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</tbody>
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### NEW MEMBERS

- Charalee Basaldua, MD
- Abby Daley, PA-C
- Amy Galloway, NP
- Sarah Hayden, PA-C
- Suzanne Jardine, NP
- Jennifer Lee, MD
- Olivia Mangeac, PA-C
- Robert McDonald, PA-C
- Nicole Moses, MD
- Nathan Richard, PA-C
- Corey Rubinfeld, PA-C
- Julie Scott, PA-C
- Chad Sherwood, PA-C
- Sara Szwoboda, MD

**Questions?** Email director@adamedicalsociety.org or call 208.336.2936.

We are looking for volunteers to provide the Idaho mandatory re- participation physical for 9th and 11th graders. Sign up’s available online on the ACMS website.

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**ACMEC’s CloudCME Portal Update**

In 2016, ACMEC entered into a contract with CloudCME to transition our CME database, including member transcript credit reporting, to their platform. Over the past year, we worked with the CloudCME team to build out the platform to the new personalized ACMEC portal, complete with a new look, which you can access at https://acmec.cloudCME.com.

To reiterate, the CloudCME system allows active ACMEC members to:

- Access your transcript online
- View/download certificates for select activities
- Upload/record external CME credits
- Browse calendar of events
- Connect via mobile app
- Update your contact information
- Reset your password

In the coming months, we will be loading additional content to the portal to allow you to do the following for select activities:

- SMS text your attendance
- View select Grand Rounds session recordings
- View/download activity presentations and materials
- Complete evaluations

**ACCESSING THE ACMEC PORTAL**

While information has been transferred from our old database to the new CloudCME system, members who have not already done so need to log in to the new ACMEC portal to finalize their account set up. To do so, please go to the website below, and log in using the temporary username and password provided in your welcome letter.

Once logged in, you will be directed to update your profile. If you are not automatically directed, click on My CME button in the top right corner of the homepage to access your information.

Please review the information under the Profile page to ensure it is up to date. It is particularly important for you to update your email address as this will serve as your username for the ACMEC portal moving forward.

Lastly, once your profile is updated and you click Submit, you may reset your password to one you prefer. To do so, first log out of the system. When taken to the login page, click on Sign In, and then click on Forgot Your Password?. The system will send an email with instructions on how to reset your password to the updated email in your profile. Please be advised that some organizations have tight firewalls that may prevent the message from coming through or divert it to your junk. The message will come from CloudCME <acmec@acmec.org>, so please make sure to add this to your safe-senders list.

**RECORDING EXTERNAL CME CREDITS**

A highlight of our member benefits includes the ability to have ACMEC track external CME credits, and add them to a member’s transcript. This allows members to use the ACMEC Online CME Credit Report as their main repository for CME information, listing both ACMEC-certified activities and out-of-area meetings in one place. While in the past members needed to send ACMEC a copy of their CME certificate for an external meeting or conference, members will now be able to record these external credits themselves, upload their certificate, and have it listed on their transcript instantaneously through the My CME > Transcript section of the ACMEC portal. In the new system, these credits will be listed separately from ACMEC-certified activities to help ensure reviewers know these credits have been self-reported.

**ACCESS TO TRANSCRIPT**

In our old system, once login information is created, it is rarely deleted. Therefore, while credits are no longer tracked once membership has lapsed, past members have still been able to access older credit information. However, while the new system will have credit information for both members and non-members as part of our activity management, only members with current active memberships will be able to access the system/transcript report.

**MOBILE APP**

If you have an Apple iOS device (iPhone, iPad, iPod), or an Android device, you can download the CloudCME app to your device. The app provides rapid access to most of the features available in the portal, including your CME transcript and the calendar.

To use the app, download it to your device and login using your organization code of ACMEC. Once you enter the code, you will enter the same username (email) and password that you use to access the portal. The app will remember your login, so the organization code and login are one-time steps. Once you are logged in, select any button in the app to view that section.

**Troubleshooting**

Should you have any problem logging in, please contact us at acmec@acmec.org. If you are having trouble navigating the ACMEC portal, please check out the Help section for assistance.

We thank you in advance for your patience as we roll out additional features and content, and look forward to your feedback!

### BOISE VA MEDICAL CENTER

#### Upcoming Grand Rounds

- **ST. LUKE’S BOISE MEDICAL CENTER**
  - **Anderson Center**
    - **Testicular Cancer**
      - Stephen Brassei, MD
    - **When the Going Gets Tough: A Travel Medicine Review for Primary Care Providers**
      - Danielle Davies, MD
  - **ST. LUKE’S CHILDREN’S HOSPITAL GRAND ROUNDS**
    - **Improving Medical Provider Assessment of Childhood Trauma (IMPACT): Child Abuse in Idaho**
      - Matthew Cox, MD
    - **Shot Smarts Week: Adult Immunization Update**
      - William Atkinson, MD, MPH

#### Upcoming Grand Rounds Schedule

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<td>April</td>
<td>Testicular Cancer Stephen Brassei, MD</td>
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<td>May</td>
<td>Obesity Medicine Tina Bronner, MD</td>
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<tr>
<td>May</td>
<td>Scleroderma Disease Daniel Furst, MD</td>
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<tr>
<td>June</td>
<td>5:00 - 9:00 a.m.</td>
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**BOISE VA MEDICAL CENTER**

#### Upcoming Grand Rounds

- **AW Horsley Learning Center**
  - **TOPIC: TBD**
    - Chris Vanderwarker, MD, MBA
  - **TOPIC: TBD**
    - Anne Palma, MD
  - **TOPIC: TBD**
    - Mary Beth Scholand, MD and Sanjeev Raman, MD

- **Save the Date**
  - **Upcoming Grand Rounds**

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**ACMEC Portal Access**

https://acmec.cloud

**Misellaneous Medical Corner**

In this section, you’ll find a potpourri of miscellaneous news from the world of CME and medicine.

#### Managing Behavioral Health Issues in Primary Care: Six Five-Minute Tools

A look at strategies that can help family physicians support patients with depression, anxiety, and other behavioral health issues:


#### 13 Surefire Ways to Tap into Your Creativity

Suggestions to help unleash your creativity:


#### 3 Ways to Better Understand Your Emotions

Three ways to get a more accurate and precise sense of your emotions:

[https://nrb.org/2016/11/3-ways-to-better-understand-your-emotions](https://nrb.org/2016/11/3-ways-to-better-understand-your-emotions)

**MEDSpeak**

Can shut down effective communication with patients

Recommendations for communicating clearly with patients:


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