

6th Idaho WWAMI Mini Medical School "The Endocrine System"

for the General Public

Enjoy 5 Thursday Evenings in 2008

BOISE: St. Luke's Regional Medical Center "Anderson Center"

7:00 p.m. – 9:00 p.m. Nightly

OBJECTIVES

- Encourage interest in healthcare fields.
- Explain how medical students receive instruction.
- Explain how the endocrine system works.
- Discuss both pharmacological and non-pharmacological treatment options.
- Encourage healthy nutrition and life styles.
- Encourage patients to participate in their own health and disease management.
- Describe what is new in research.



Victor Eroschenko, PhD

JAN 10, 2008

ENDOCRINE SYSTEM PHYSIOLOGY

MODERATOR: John L. Boice, MD, Chief of Medical Service, Boise VA Medical Center, Clinical Associate Professor, Department of Medicine, University of Washington School of Medicine

PHYSIOLOGY OF THE ENDOCRINE SYSTEM, Victor Eroschenko, PhD, Faculty, WWAMI Medical Program University of Idaho/Washington State University

THE ENDOCRINOLOGY OF STRESS AND ITS EFFECTS ON OBESITY AND DIABETES, Al Dufty, PhD, Professor of Biology and Associate Dean of the Graduate College, Faculty, Boise State University



Al Dufty, Jr, PhD



Beth LaLande, MD

JAN 17, 2008

METABOLIC SYNDROME and OBESITY

MODERATOR: Peter Kozisek, MD, Associate Director, Family Medicine Residency of Idaho; Clinical Associate Professor, Department of Family Medicine, University of Washington School of Medicine

METABOLIC SYNDROMES AND POLYCYSTIC OVARY SYNDROME (PCOS), Beth LaLande, MD, Staff Endocrinologist, Idaho Endocrinology

PRACTICAL STRATEGIES FOR PREVENTING AND TREATING OBESITY, Sylvia Moore, PhD, Professor/Director, Wyoming WWAMI Medical Education, University of Wyoming, Assistant Dean, University of Washington School of Medicine



Sylvia Moore, PhD



Dace Trence, MD

JAN 24, 2008

DIABETES: Type 1 and Type 2

MODERATOR: Paula Carvalho, MD, FCCP, Chief, Pulmonary Section, Medical Director, Intensive Care Unit, Boise VA Medical Center; Associate Professor, Department of Medicine, Division of Pulmonary and Critical Care Medicine, University of Washington School of Medicine

DIABETES, Dace Trence, MD, Associate Professor, Department of Medicine, University of Washington School of Medicine and Director, Diabetes Care Center, University of Washington Medical Center

DIABETES, Julie Foote, MD, Endocrinologist, Private Practice, Boise, Idaho; Clinical Instructor, Department of Medicine, University of Washington School of Medicine



Julie Foote, MD



Joe Shaker, MD

JAN 31, 2008

OSTEOPOROSIS

MODERATOR: Larry Dewey, MD, Chief of Psychiatry/Clinical Director, Behavioral Health Sciences, Boise VA Medical Center; Associate Program Director, Idaho/UW Advanced Clinician Psychiatry Track; Clinical Associate Professor, Department of Psychiatry and Behavioral Sciences, University of Washington School of Medicine

OSTEOPOROSIS, Joe Shaker, MD, Staff Endocrinologist, Idaho Endocrinology

ALCOHOL AND BONE HEALTH: RESEARCH FINDINGS FOR POSTMENOPAUSAL WOMEN, Laura J. Tivis, PhD, Research Professor, Institute of Rural Health, Idaho State University-Boise



Laura Tivis, PhD



David Hindson, MD

FEB 7, 2008 THYROID DISORDERS - US HEALTH CARE SYSTEM

MODERATOR: Sunday Henry, MD, Primary Care Sports Medicine Fellowship Assistant Director, Faculty, and Staff Physician, Family Medicine Residency of Idaho, Inc.; Clinical Instructor, Department of Family Medicine, University of Washington School of Medicine

THYROID DISORDERS, David Hindson, MD, Clinical Professor of Medicine, University of Washington School of Medicine. Veterans Affairs Medical Center, Boise

U.S. Health Care System, Patrice Burgess, MD, Medical Director of Physician Relations, Saint Alphonsus Regional Medical Center; Family Physician, Genesis Medical Center; Faculty, Family Medicine Residency of Idaho; Clinical Assistant Professor of Family Medicine, University of Washington; Past President, Idaho Medical Association



Patrice Burgess, MD

PROGRAM MODERATORS



John Boice, MD



Peter Kozisek, MD



Paula Carvalho, MD, FCCP



Larry Dewey, MD



Sunday Henry, MD

In appreciation of our sponsors:



REGISTRATION FORM \$35 for all 5 nights

| | |
|---------|------|
| NAME | DOB* |
| ADDRESS | |
| PHONE | |
| EMAIL | |

Pre-registration is required due to **limited seating**. Registration confirmation sent via **e-mail** prior to program. No Refunds.

*DOB: Date-of-birth required for registration purposes.

Boise Site Registrations Due Dec 28, 07
 St. Luke's Meridian Medical Center
 ATTN: WWAMI REGISTRATION
 520 South Eagle Rd, Meridian, ID 83642
Include \$35 payable to St. Luke's
 E-mail: callstlukes@slrmc.org
 208-381-1200 Fax 208-706-5710
Online: http://www.slrmc.org/classes_and_events/boise_and_meridian

Additional Contact:
 UWSOM Idaho WWAMI Office
 Dana Ellis
 208-327-0641 Fax 327-0684
danae@u.washington.edu

A limited number of scholarships are available. To apply, please check & include a statement with your registration. I am applying for a scholarship.

College Credit is available for \$50.00
 To apply, register through St. Luke's Meridian as above, indicate that you are signing up for ISU Credit to waive site registration. Next, you must register as a "former ISU student" and pay the ISU fee at <http://workshops.isu.edu>



The **WWAMI** program is a five state regional medical education program (Washington, Wyoming, Alaska, Montana, and Idaho) of the **University of Washington School of Medicine (UWSOM)**.

The state supported program provides access to 20 Idaho residents to the University of Washington School of Medicine each admission year.

In Idaho, Idaho WWAMI medical students can complete three of their four years of medical school. Their first year is spent learning Basic Sciences at the University of Idaho WWAMI Medical Program in Moscow under the directorship of Andrew Turner, Ph.D. Idaho has several opportunities that continually encourage students to return to Idaho to practice, and in particular as primary care physicians interested in rural careers. Between the students' first and second year, students can elect to spend four weeks with a rural primary care physician in Idaho as part of the Rural/Underserved Opportunities Program (R/UOP) which is designed to enhance student interest in rural primary care medicine. All UWSOM students must complete the following clinical clerkships during their third and fourth years of medical school: Chronic Care, Emergency Medicine, Family Medicine, Internal Medicine, Obstetrics/Gynecology, Neurology, Pediatrics, Psychiatry, Surgery, and a Surgery Sub-Specialty. The remainder of time are clinical electives. All of the third-year and fourth-year clerkships are available in Idaho allowing medical students to move to Idaho for their clinical medical education years; the Idaho Track. Clerkships are in Boise, Caldwell, Coeur d'Alene, Idaho Falls, Pocatello, and Sandpoint. WRITE is a 20-week longitudinal experience that occurs the last half of the student's third-year of training in a rural community with primary care physicians. The three Idaho WRITE sites are Hailey, McCall, and Sandpoint.

After receiving their M.D. degree, UWSOM graduates have the opportunity to apply to the three primary care residencies and the new psychiatry residency in Idaho. The University of Washington Seattle/Boise Primary Care Internal Medicine Residency Program (second-year residents), the University of Washington Preliminary Year Internal Medicine Residency Program (first-year residents), and the Idaho/UW Advanced Clinician Psychiatry Track through the Veterans Affairs Medical Center in Boise. The Family Medicine Residency of Idaho in Boise and the ISU Family Medicine Residency Program in Pocatello. These programs offer a rural experience in their training to further the residents' interest in rural careers.

If you would like more information about the Idaho WWAMI program, please call either the WWAMI (Idaho) Office for Clinical Medical Education at 208-327-0641 or the University of Idaho WWAMI Medical Education Program at 208-885-6696.

Visit: <http://www.uwmedicine.org/Education/WWAMI/RegionalOffices/Idaho.htm> and <http://www.webs.uidaho.edu/wwami/>

IDAHO WWAMI MINI MEDICAL SCHOOL



WWAMI (IDAHO) OFFICE FOR CLINICAL MEDICAL EDUCATION

University of Washington School of Medicine

777 North Raymond Street

Boise, Idaho 83704

UNIVERSITY OF WASHINGTON SCHOOL OF MEDICINE

Join University of Washington School of Medicine physician faculty and other health professionals for the



Idaho WWAMI Mini Medical School

"The Endocrine System"

for the General Public

Enjoy 5 interactive and educational evenings in 2008 at

St. Luke's Regional Medical Center, Anderson Center Ada Conference Room, Boise, Idaho

7:00 p.m. – 9:00 p.m. Nightly